

CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE



Dear Members and Friends of Desert Hills Lutheran,

September has always seemed like just a continuation of summer here in Arizona. Up north things begin to cool down, but not here. It remains hot and only a few of our northern friends have arrived back in Green Valley. We had two big events in August here at Desert Hills - the Global Leadership Summit and then the Monsoon Concert - but September is relatively quiet. We will be welcoming another excellent group of new members at the end of the month. I'll be finishing up my seven-week sermon series on our Core Values. Julie and I will be leaving for a few days to visit the grand kids and to hold the new Grand-daughter Lynnea for the first time.

The ELCA declared at the ELCA Church wide Assembly in early August that the ELCA declares itself a sanctuary church body. A report will be presented in 2022 to what this declaration means. I was not aware this declaration does not bind either synods or congregations. There is not call for civil disobedience or illegal actions. If Desert Hills were to become a sanctuary congregation, it would come only after a great deal of conversation, prayer, and a congregational vote.

Finally, Julie and I have decided to downsize, so we are selling our house to find a smaller one in Green Valley. We just feel it is the right time to downsize from our large empty nest house. There is no plan to be going anywhere except Green Valley. In the meantime, we continue to pursue our mission of celebrating grace, making disciples, and making a difference.

See you at worship. Blessings, Pastor Martin

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DHLC's Country Gospel Band CD Is Here!



We are excited to announce that the CD created by our talented Saturday night worship band is finished and on-site. The price is \$20.00 per CD. They will be sold Saturdays before and after worship in the West Hallway and Sunday through Friday at the front desk.

You are in for a treat! This CD is a wonderful representation of the music we are privileged to have each week as a part of our Saturday worship.



Desert Hills Lutheran Church Council

<i>John Martin</i>	<i>Judy Gunson</i>	<i>Tom Royer</i>	<i>Barbara Southard</i>	<i>Martin Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

*2nd row left to right
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

The Council minutes from August 20, 2019

John Martin called the meeting to order, and Pastor then led us in prayer. We discussed Chapter 6 of the book "Canoeing the Mountains," the devotional book we are reading. The minutes of the May and June Council meetings were approved as written. The pastor is encouraged by the positive discussions of the Long Range Planning Committee, the Past Presidents' Committee and the Transition Planning Team. Tom Royer commented that our financial health "continues to glow". Melissa reported that the Collings CPA firm stated our church had a "perfect audit". She also mentioned that over 800 people bought tickets for the two Monsoon Concerts. President John Martin reported that the annual Global Leadership Summit was a huge success and the presenters were very good. Council unanimously approved a contract for our new CPA firm.



**Excellent
Mistakes
Happen**

Core Value #3: Excellent Mistakes Happen

Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:30 & 11 am
Nursery care available for infants to age 5 at the following services:
Saturday at 3pm & 5pm;
Sunday at 9:30 am & 11am.
Sunday School at 9:30 am grades 1-6
October thru April

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Service
2nd & 4th Weekend of each month
Saturday at 4:15 pm & Sunday at 10:30
am in the Chapel

Office Hours

Monday-Friday — 8:30 am to 4 pm

Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is published
monthly. **Email articles for the August
issue by July 15th to
quailnotes@dhlc.org.**



Widows' Fellowship

At a recent Widows' Fellowship gathering, our discussion topic was what we've learned since becoming a widow. Here are some of the responses.

I've learned:

- * the importance of friends.
- * that feelings of joy exist in the midst of grief.
- * that it's difficult to cook for 1.
- * that this is life; it's a rollercoaster.
- * that there is no easy answers.
- * that I can do it, that I'm me!

These learnings are not limited to widowhood; I believe these learnings are vital to us all.

All widows are invited to our Widows' Fellowship gatherings -- DHLC library, 2 pm, first and third Sundays.

If any questions, please contact me -- Debi Shippy 405-7005.



GLS 2019 influenced our thinking, providing new thoughts, insights, and understanding. Our church and community will be better because of the information presented. Over 150 church members, local business leaders, police and firefighters attended. The resource center was a busy place between sessions with attendees purchasing the book of the last speaker who sparked their interest.



Monsoon Concert Highlights



MUSIC MINISTRY

We Inspire

People have been asking the date of the Christmas Concert for their calendars. It will be Thursday, December 5 at 3:30 pm and 6:30 pm. Come and see!

Special Music for September

September 1

8 am Summer Chancel

9:30 am Celebration Singers

September 8

8 am Vocal Duet

Richard Borstad, Don Brown

9:30 am Celebration Singers

September 15

8 am Summer Chancel

9:30 am Celebration Singers

September 22

8 am DHLC Men's Chorus

9:30 am Celebration Singers

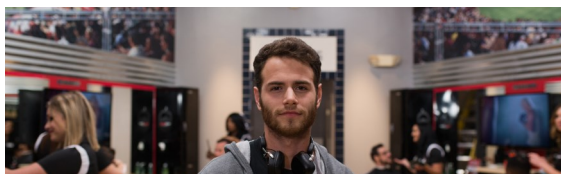
September 29

8 am Deborah Gurocak – Flutist

9:30 am Celebration Singers



Please remember all of our missionaries in prayer! Kristen Engstrom in Senegal, Crawford/Martinez family in Australia, Mkabela family in Madagascar, Langdji family in Cameroon, and the Meghan Brown Saavedra Brown and family in Mexico.



Saving lives never looked so good

Come to donate blood or platelets during the month of September and receive a **FREE**

Blood Drive

Desert Hills Lutheran Church Fellowship Hall

Tuesday, September 24, 2019

9:00 a.m. to 2:00 p.m.

For more information or to schedule an appointment, please call Anna Tometczak, RN, Parish Nurse (520)648-1633 Ext. 37 or call the American Red Cross at 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter sponsor code: Deserthills

Stephen Ministry
• Christ Caring for People, Through People



Are you feeling the call again? Have you been trained and commissioned as a Stephen Minister at Desert Hills or at another church? If you have been away from the program for a while, but would be interested in serving again, we would love to talk to you. Winter and full-time residents are always welcome. All who serve as Stephen Ministers become part of a team that helps people win life's toughest battles. To learn more about serving again, please contact one of the advisory board members: Beth Davis rmdavis@aol.com #625-975- 9847, Carolyn Hill carolynehill@bellsouth.net #520-499-2491, Cyndi Lane cyndilane1@yahoo.com #520-977-9353.

DON'T FORGET FAIR TRADE PRODUCTS WILL BE SOLD SEPTEMBER 14 AND 15

All Tables for Eight groups have been notified of the members in their groups for the 2019 – 2020 session. Group captains should begin planning for their group's first get-together, in September if possible. We hope you enjoy meeting your new groups.



BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

Summer seems to be racing into fall and the Sewing Bee is trying to get as much done as we can in time for the Fall Boutique in November. In the past few weeks our summer group has made twenty-five new quilts. We meet every Wednesday from 9:00 to noon. At 10:00 we take a break to enjoy refreshments, have devotions, discussion, announcements and show and tell. Then we go back to work until noon. We invite you to join us any Wednesday morning during those hours to see what we do. We have jobs for everyone so don't feel intimidated. I was invited by a friend when we first came to DHLC. I wasn't sure there would be anything I could do but was assured that I would be fine. That was thirteen years ago and I'm still here. It's a great place to make friends, maybe learn something new and to have fun and laugh a lot. Most importantly, it's very rewarding and good to know that someone in need is going to have something that will give them warmth and comfort when the cold weather arrives.

The Fall Boutique will be the major topic of my Quail Notes articles for the next few months. I hope you have already put the date on your calendar but just to be sure, here it is again -Saturday, November 9th. The Boutique is a very important part of our Sewing Bee mission. All proceeds from the Boutique go to charities. Some of the charities we support don't need quilts and most need cash. The four charities we chose this year will share equally in the proceeds. Many of you have contributed to making this happen. We thank you for your help in the past and we hope that you will remember us this year. Your generosity is what makes our boutiques so successful.

If you are interested in providing us with new, hand-crafted items to add to the Boutique or have questions, please contact Marcia Cleary: 507 420-2881, mgcleary@hotmail.com or Jeanette Heath: 480 330-9650, jheath100@outlook.com.

Any other questions please contact Mary Johnson: tomaryj@gmail.com



Thank you for all the cards, support, love and prayers on the unexpected death of my son Mike.
Love this church & it's people. Roberta Atkins



Breaking News

Once again, THANKS to Kermie and Judy for stepping up to carry on the life of Women's Ministries for the next few years! Exciting luncheons and events are being planned and there is still room for 'volunteers' to help on a short term basis.

Contact Suki at 702 493-7436 or sukikisling@gmail.com to find out where you can help.

New 2019-2020 Women's Ministries booklets will be released on September 3. Be sure to pick up a copy and mark your calendar for some exciting events. Plan ahead!

September 2: No Bible study and no team meeting as the Church will be closed for Labor Day.

September 9: Women's Luncheon - 11:30 to 1 p.m. in the Fellowship Hall. Speaker will be Ray Robinson who will share "Personal Experience of 9/11 - Ground Zero". Ray was an Army National Guard volunteer who went to NYC after the attack and helped clean up and protect the border. This luncheon will be catered by Chef Joe Mazur. Tickets are available at the front desk. Ticket sales close on September 4.

October 7: Bible study Fellowship Hall – 9:00 am-10:30 We will be discussing the September and October issues of the Gather bible study on "Stewarding the Angst of Anger and the Ache of Grief" written by Rev. Dr. Anna Madsen. This is an open discussion and all women are invited to attend. Coffee and conversation begin at 9 with biblical discussion beginning at 9:30. Bring your bible, Gather magazine and a journal for writing.

TEAM Meeting – 11:00 All women are invited to attend this TEAM building meeting immediately following Bible Study on October 7. Discussion will include leadership, future programs, charity donations and church wide updates. Plan to attend and discover the difference that women at Desert Hills are making in the church, the Synod and around the world.

Grand Canyon Synod WELCA Retreat ~ "Beauty from Ashes"

WELCA Grand Canyon Synod Fall Retreat will be held at Love of Christ in Mesa on November 8 - 9, 2019.

Registration is now available at <https://grandcanyonsynodwomen.regfox.com/2020-gather-bible-study-event>. Go online to read all the wonderful experiences you will have with the theme "Beauty from Ashes" (Isaiah 61). Canon Debbie Staples will be the Keynote Speaker. Workshops, crafts, music and memories will be a part of your experience. We will be supporting the Phoenix Dream Center (non-profit that supports lives of at-risk youth and adults experiencing human trafficking) with in-kind gifts of Walmart Gift Cards, journals/pens, and cleaning supplies. All information can be found online, at grandcanyonwomen.org/events/

Triennial 2020 Gathering registration opens on September 30.

Early-bird registration, through January 6, 2020, is \$325; after that registration is \$375. Register at welcatg.org after September 30 or email women.elca@elca.org for a registration form. The Gathering, Just Love, is scheduled for July 16-19, 2020 in Phoenix – right in our own backyard!

Have you received your Daily Grace? This is an on-the-go companion for your journey, offering a faith reflection every day. Encounter God's extravagant, boundless and often surprising grace by signing up at <https://www.womenoftheelca.org/blog/category/daily-grace> or download the app on your phone.

Sewing Bee meets on Wednesdays from 9 a.m. to noon in the Fellowship Hall. No sewing skills necessary. Coffee and conversation at 10 am.

Knitters will resume meeting on the third Tuesday of the month in October. Next gathering, in the DHLC library, will be on October 15, 1:00 pm Keep those hats and prayer shawls coming!



Abiding in God's Eternal Care

Jim Morrison
August 16, 2019.



NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

*"O LORD, You have searched me and known me. You know when I sit down and when I rise up;
You understand my thought from afar." - Psalm 139:1-2*

August Health and Safety Medical Minute Tips

September is dedicated to raising awareness in many health areas such as Atrial Fibrillation, Healthy Aging, Prostate Cancer, Ovarian Cancer, Pain, National Emergency Preparedness, and a sensitive subject, **Suicide Prevention**, which is this month's topic.

Suicide is the ninth leading reported cause of death in the United States. Statistics show that almost all people who kill themselves intentionally have a diagnosable mental disorder. The primary at-risk populations include elderly persons with a ratio of three men to one woman. As many as two-thirds of those who are successful suicides saw their physician within a month of their death and 20 percent of older patients visited their primary care physicians on the same day as their suicides.

The most common cause in all suicides is untreated depression. Signs of depression can show in many different ways, which often makes suicide even more difficult to predict. Suicidal individuals may not give warnings of their intent and many of us are not trained to recognize the warning signs of depression. Physicians, health professionals, teachers, police and fire departments are becoming more proactive in recognizing the signs/symptoms of depression and in receiving suicide prevention training. We as friends and family members need to be vigilant of the signs/symptoms of depression, and do everything we can to help them.

Risk factors include the recent loss of a loved one, diseases, medications, physical problems, pain, social isolation, loneliness, and major changes in social roles (retirement). Many people hide their depression because they do not want to seem weak, crazy, or possibly suffer from dementia.

Warning signs include expressions of hopelessness, admission of suicidal thoughts (those who admit to an organized plan of action are at greater risk), previous attempts of suicide or a family history of suicide, marked changes in behavior, attitudes or appearance, giving away prized possessions/putting affairs in order, lack of future plans, self-destructive behavior (abuse of drugs or alcohol, self-mutilation), withdrawal from friends and family, and signs of stress and depression.

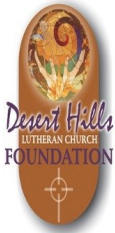
Here are some things you can do as a friend or family member. Ask the person if he or she has thoughts of suicide; actively listen and take what he or she has to say seriously, encourage the individual to identify things that might make a difference, and persuade the individual to see a professional (if necessary stay with that person and arrange help). If you would like to learn more about how to intervene and prevent the risk of suicide, contact the Parish Nurse about ASIST training. If you are in need of help, please reach out and talk to a family member, your physician, a friend, your Pastor, a Stephen Minister, or Parish Nurse. Take action to help yourself!

Resources: Crisis Resources; American Association of Suicidology; Suicide Prevention, Awareness, and Support

*"For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present,
nor things to come, nor powers, nor height, nor depth, nor any other created thing,
will be able to separate us from the love of God, which is in Christ Jesus our Lord." - Romans 8:38-39*

CORNER

FOUNDATION



SYSTEMIC STRUCTURAL ISSUES THAT COMPROMISE PLANNED GIVING

A recently noted article by Jennifer Xia and Patrick Schmitt, co-founders of Freewill.com, cites four systemic structural issues that currently compromise the growth of planned giving.

1. Staffing structures within most organizations ignore small donors, even though they are far more numerous.
2. The absence of data stifles investment strategy and improvement for non-profits. We have to balance our hearts and heads when speaking to planned giving. Yes, we want generous givers to give from their hearts and have their support recognized, but few notify organizations of their planning and potential gifts.
3. Baby Boomers avoid estate planning. The most common word used to describe the process were “scary,” “complicated,” and “expensive.” Common refrains were “I don’t know where to start” and “I just don’t want to think about it.”

4. Their study showed that estate planners avoid philanthropy. Few clients were prompted to consider legacy gifts in their beneficiary status or combine trust efforts with their investing strategy. Advisors either did not have the background to address these options or did not see value in the conversations because they did not make money from those transactions and work.

We recognize these topics can be “scary” or “complicated”! We appreciate all gifts, no matter their amount, to the Foundation, Church, and the organizations we serve. If you have already recognized DHLC or the DHLC Foundation in your legacy planning, please consider letting us know. We also have resources for your navigation of these strategies through our Regional Gift Planner, Lisa Higginbotham, of ELCA Foundation. You are welcome to call or email her anytime with questions regarding your gift planning. Lisa.higginbotham@elca.org, 805-910-5048.

· Stanford Social Innovation Review, Philanthropy’s Missing Millions, Oct. 16, 2017, Jennifer Xia and Patrick Schmitt

A NEW GRIEF SUPPORT GROUP BEGINS TUESDAY SEPTEMBER 3RD AT DHLC

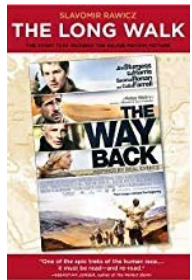
TUESDAY & THURSDAY AFTERNOONS (4 WEEKS)
1:00 P.M. - 2:30 P.M.
TO REGISTER CALL THE CHURCH OFFICE



HANDY MAN SERVICES is requesting helpers. The demand for help is up and the supply of helpers is limited, especially during the summer. If you have handyman skills and would like to help out, please contact Ruben Heeszal 520 903-7188.

MEN’S MINISTRY AT DHLC

BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel’s Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Bookmen are currently reading:
The Long Walk by: Salvomir Rawicz
The next book will be Halsey’s Typhoon by Bob Drury & Tom Clavin.



HANDY MAN SERVICES is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszal, 520 903-7188.



MEN’S FELLOWSHIP BREAKFAST

This group meets the 4th Thursday of the month. September 26, the speaker will be Christopher Terzan, of Dunamis Prison Ministries



MEN'S PHOTOGRAPHY Each month the group selects a Bible-based theme, bringing photographs that fit the theme to share with the group. Often the group will discuss photography related topics. Those having an interest in photography are welcome to attend, enjoy the show and participate in the conversation. Meet 1st Monday of the month at 1:30 pm (Sept.-May) Men’s Photo Group meets next at 1:30 pm on Monday, September 9th. The first Monday is Labor Day.

MEN’S BIBLE STUDY | MEN'S COFFEE FELLOWSHIP | MEN'S HEALTH GROUP
All are on break until the fall.



Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622

Celebrate Grace, Make Disciples, Make a Difference

The arrival of the church directories is just around the corner. If all goes according to the timeline, the directories will arrive at Desert Hills Lutheran Church during the first part of September. The directories for those photographed and active, associate and winter members will be tentatively available in Mary McNichols' office, located across from the reception area.

The tentative schedule is as follows:

Saturday, September 21 from 4:00 pm – 6:15 pm

Sunday, September 22 from 9:00 am – 12:15 pm

Saturday, September 28 from 4:00 pm – 6:15 pm

Sunday, September 29 from 9:00 am – 12:15 pm

Mondays (Starting September 23) from 1:00 pm – 4:00 pm

Tuesdays – Fridays (Starting September 24) from 8:30 – 4:00 pm

Everyone's picture looks fabulous and you will find that the wait was worth your while. If your picture and information was not included in this addition, you will have an opportunity to sign up to have a sitting later in the year. We thank you for your patience and understanding in this long and tedious process.



Desert Hills
LUTHERAN CHURCH

2150 S. Camino del Sol
Green Valley, AZ 85622-8352
www.dhlc.org

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Please notify the church office of any
address changes.