



# Thanksgiving Dinner

Give thanks with friends and family at Desert Hills Lutheran Church  
**NOVEMBER 22, Two seatings - 1pm or 2pm \$15 per person**

*Spinach salad with roasted butternut squash, blueberries and maple vinaigrette,  
Roasted turkey & gravy, cranberry relish, candied yams with pecans, green bean casserole,  
Apple Sausage stuffing, Mashed potatoes, rolls, pumpkin walnut crunch cake, carrot cake,  
Apple pie bread pudding.*



*Greetings Friends and Members of Desert Hills Lutheran,*

*November is a continuation of fall. As they say here in Green Valley, the leaves don't turn color, just the license plates. So glad to see so many of you back.*

*During the month of November we have our big push for Stewardship lunches and dinners. I so hope you will begin the habit of coming every year to hear about the blessings we have been given and the hopes for the new year. The meals are on Nov. 3, 8, 15, and 17. The meal is sumptuous and free with a video/live presentation of growing as disciples in giving. The movie this year is "A Christmas Carol." Come and be part of the fun. I'm hoping we top 600 in attendance for the four meals this year.*

*Don't miss our Women's Boutique on Saturday, Nov. 10. It is always a highlight of November.*

*November 11, we begin a new style of music at our 11 am worship service. It will be contemporary Christian music; the rest of the service will remain the same with Holy Communion on the first and third weekends.*

*(Continued on page 3)*

- Council Meeting Summary .... Page 2**
- Abiding in God's Eternal Care Page 2**
- Campus Update ..... Page 2**
- Amber Norgaard Concert ..... Page 3**
- Front Desk ..... Page 3**
- YOTO Thank You ..... Page 3**
- KG VY Fair ..... Page 3**
- Music Ministry ..... Page 4**
- Parish Nurse Notes ..... Page 4**
- Foundation Corner ..... Page 4**
- Widows' Fellowship ..... Page 5**
- Scandinavian Group ..... Page 5**
- Buzzings from the Bee ..... Page 5**
- Tables for Eight ..... Page 6**
- Singles Fellowship ..... Page 6**
- German Club ..... Page 6**
- Death with Dignity ..... Page 6**
- Blood Drive ..... Page 6**
- Women's Ministry ..... Page 7**
- Men's Ministry ..... Page 7**
- Stewardship ..... Page 8**

# Christmas Concert 2018

WISE MEN STILL

# Seek Him



Thursday, December 6

3:30 and 6:30 pm

MATTHEW 2:11

## Desert Hills Lutheran Church Council



*Judy                  Luke                  Tom                  Barbara                  Martin*  
*President   Vice President   Treasurer   Secretary   Pastor*  
*2nd row left to right*  
*Rob Bonnema, Betty Colongione, bb Haywood,*  
*John Martin, Janice Mounce*

### SUMMARY OF DHLC COUNCIL OCTOBER 23 MEETING

Luke Coker filled in for Judy Gunson who was away on church business. The Pastor stated that plans for the Stewardship Campaign are ahead of schedule. He would like 600 people to attend the stewardship meals. A new style of worship will be implemented at the 11 am service on November 11. Council engaged in a discussion on DHLC adopting a community project. The Treasurer said our income giving is up 9% over last year. Most of the Capital Improvement projects have been completed and we are \$2,500 below budget. Council approved the "Give a Kid a Book" proposal and new staffing was discussed. Production of our Saturday band's CD is on schedule. Next meeting is November 27th.



### Abiding in God's Eternal Care

**Oma Ganzhorn**

*September 28, 2018*

**Roger Gates**

*October 19, 2018*



*A member of the Evangelical Lutheran Church in America*

2150 S. Camino del Sol  
Green Valley, AZ 85622-8352  
520-648-1633 | [www.dhlc.org](http://www.dhlc.org)

#### **Worship Times**

Saturday — 3 & 5 pm

Sunday — 8, 9:30 & 11 am

Nursery is available for infants through 5 years at the 3 & 5 services Saturday and Sunday at the 9:30 and 11 am.

Sunday School at 9:30 am grades 1-6

#### **Holy Communion is celebrated**

the 1st & 3rd weekend of each month at all services.

#### **Holy Communion & Healing Service**

2nd & 4th Weekend of each month  
Saturday at 4:15 pm & Sunday at 10:30 am in the Chapel

#### **Sunday School Classes**

9:30 am Grades 1-6/ October thru May

#### **Office Hours**

Monday-Friday — 8:30am to 4pm

#### **Pastoral Staff**

Rev. Dr. Martin Overson, *Senior Pastor*  
Rev. Ken Nyhusmoen, *Associate Pastor*

**Quail Notes** newsletter is published monthly.

Email articles for the December issue by November 15<sup>th</sup> to [quailnotes@dhlc.org](mailto:quailnotes@dhlc.org).

### **DESERT HILLS LUTHERAN CHURCH – CAMPUS UPDATE**

Your contributions are important and help us maintain the DHLC campus. Thank you for your continued support! From time to time, we like to let you know about all the updates done at DHLC. Our facilities manager (Joe Mazur), his team and some volunteers have worked hard this summer to accomplish the following:

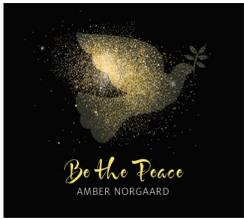
- \* Replaced parking lot lights with new, energy efficient LEDs
- \* Added parking lot lighting to the back, poorly lit areas
- \* Completed another section of roof maintenance
- \* Replaced two heating/cooling systems with new energy efficient units
- \* Completed building new closet for the Prayer Shawl Ministry
- \* Completed the chapel renovation
- \* Added storage units to the music academy room
- \* Repaired the folding wall in the Fellowship Hall
- \* Carpets cleaned throughout the entire church
- \* New carpet tiles installed in Fellowship Hall
- \* Purchased new reading chairs and ottoman for the library
- \* Carpeted the choir loft
- \* Added new plants and updated entry and exit landscaping
- \* Built new storage system for Banner Arts team
- \* Cleared conference rooms of excess items
- \* Refinished south facing exterior doors (administration entrance)
- \* Updated the columbarium area with new plants and painted the bench
- \* Cleaned up storage areas and labeled contents

If you have storage needs, please contact Joe Mazur to identify the best location. This will help ensure appropriate labeling and necessary recording of what's housed on our DHLC campus.

## AMBER NORGAARD & FRIENDS HOLIDAY CONCERT & CD RELEASE CELEBRATION!

November 28, 7 pm, Desert Hills Lutheran

Tickets available online



For many years, Amber's mom has been asking for a holiday album. Finally, in 2018, Amber decided that life is short, and 'tis the season to make that album. And because holidays are about gathering with the ones you love, she asked her friends to be part of this new creation. From a heartland rock rendition of "Rudolph" to "I'll Be Home for Christmas" sung in English and Spanish, to her own original title track "Be the Peace" and more, this show (and new CD) will uplift your holiday spirits.



She'll be joined by the musicians that contributed their musical genius to the new album - Ralph Gilmore (drums), Jay Trapp (bass), Danny Krieger (electric guitar), Sabra Faulk (vocals, guitar), Alex Flores (sax), Seth Murzyn (viola), and Joe Ferguson (vocals, mandolin, guitar).

### FRONT DESK

Our September E-Quail included information about staff, and we want to update you about some changes made over the summer. Take some time to get to know us and our new roles and you'll see how well we fit together. Our Front Desk Reception/Administrative Staff help us communicate to each other as well as to you.



#### Jodie Burch

- Works Monday through Wednesday
- Greets people, answers each call
- Transfers IF card information to the database of requests being made or changes to contact information
- Enters information for the Council Dashboard
- Takes Name Badge orders for those who have "misplaced" a badge.
- La Posada mailers
- Birthday card mailings
- Processes flower orders
- Updates Database and runs reports

#### Susie Walkey

- Works Thursday and Friday
- Greets people, answers each call
- New Member Class contact (from the start of class to the time for the dinner); writes the biographical sketches of each new member
- Makes sure events and programs are in the GV News
- Posts the schedules on each room and/or office
- Edits printing to be done
- Updates Prayer list in bulletin and narthex
- Processes flower orders
- Updates Database

"Thank you to all you generous donors who contributed to the Youth On Their Own Drive.

Your kindness is very much appreciated as you truly Made a Difference!"



## 18th Annual KGVY Sr./Boomer Info Fair

Tuesday, November 6th • 9AM to 1PM

Desert Hills Lutheran Church  
2150 S. Camino del Sol • Green Valley



- FREE ADMISSION & FREE PARKING •
- Over 50 Exhibitors with information & samples, demonstrations & health screenings
- FREE BREAKFAST & LUNCH •



FREE HEALTH SCREENINGS!

Cholesterol • Vascular Blood Flow • Carotid Artery Check  
Skin Cancer Screenings • Hearing Test • Blood Pressure Check  
Balance Testing • Flu Shots/Insurance or Cash



COMMUNITY FOOD BANK  
OF SOUTHERN ARIZONA  
GREEN VALLEY RESOURCE CENTER

Please bring a non-perishable food donation to help our Community Food Bank with their Holiday Food needs.

(Pastor Overson's note continued from cover)

A very deep thank you to Mary Lou Catania, our piano virtuoso at 11 am. It has been such a treat to work with her these years and she is a superb musician. She will continue to accompany many of our choirs. Our hope for this music change is to try and reach one more and it is a music style very popular but not represented here at Desert Hills.

New member classes continue. The welcome dinner is on the 29th and new members will be welcomed officially December 1 and 2.

We will have a Thanksgiving Worship on Thanksgiving at 10 am. John Martin will be bringing the message and Amber Norgaard will be singing as well as our own Thanksgiving Choir. Later a terrific Thanksgiving Dinner will be given in two seatings. You may sign up for either 1 pm or 2 pm.

See you at worship! Pastor Martin

# MUSIC MINISTRY

## We Inspire

On November 11, we will introduce the new contemporary music at the 11 am service. During the 8 and 9:30 am services, you will notice two new directors: Kay Albrecht conducting the Men's Chorus on an occasional Sunday and Barb Blachly conducting Chancel Choir. We welcome these two directors to our music ministry.



### NOTES

*Incorporating spiritual values into health education*

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

Let's review cold and flu symptoms, treatment, and prevention. They are different viruses and should be treated differently. Cold and flu affect the respiratory system and can lead to runny, stuffy nose; congestion; cough; fever that lasts for 3-4 days; headache; fatigue; general aches; pain and sore throat. These symptoms are less common when you have a cold. Common cold symptoms generally last up to 2 weeks, flu symptoms usually last 1-2 weeks.

As a rule of thumb, cold and flu can be treated with rest, fluids (staying hydrated flushes all the toxins out of your body), and over-the-counter (OTC) medicines (antihistamines, decongestants, and nonsteroidal anti-inflammatory medicines) that can relieve congestion, aches, and other symptoms. If you are not sure what OTC medications you should or should not take with your medication regimen, ask the pharmacist or call your primary physician. Be careful to avoid "drug overlap" when taking medicines that list 2 or more active ingredients on the label. (i.e., Acetaminophen). Read medicine labels carefully (the warnings, contraindications, side effects, and dosages).

*"Done properly, hand washing is a simple way to avoid getting sick."* CDC and Mayo Clinic.

The best prevention is avoidance and good hygiene. Stay away from anyone who looks sick, don't share utensils or any other personal item, and when you're sick with a cold, stay home. Keep your hands away from your nose, eyes, and mouth, cough into your elbow rather than coughing on to your hands, and always wash your hands afterward. Most doctors still recommend that the best way to prevent the flu is by getting the flu shot. Consult your physician on whether the flu/pneumonia shots are right for you and your medical condition.

If your symptoms worsen or you are at risk for serious complications related to chronic lung or heart disease, diabetes, kidney problems, or any autoimmune disease, seek medical attention.

Resources: CDC and Mayo Clinic

## FOUNDATION CORNER



### WHY DO PEOPLE GIVE?

We believe that most people give charitable gifts because they want to make a difference. Your gifts to the Desert Hills Lutheran Foundation support well defined mission objectives. Our grant budget includes scholarships for seminary students, projects here at Desert Hills as well as other Christian missions in our area and community service organizations in and around Green Valley. All of these objectives make a difference in the life of our church and community. Also, we extend the mission outreach of our congregation.

Some people wonder how recent changes in tax laws will affect the willingness of people to give. Research indicates that 54% of donors give because they believe in the mission they support. Only 18% give in order to obtain a tax benefit.

However, there still remains some tax-wise methods of making charitable gifts. Here is an idea you can consider: You can use your IRA Minimum Required Distribution to make a charitable distribution to the Desert Hills Lutheran Foundation. This method satisfies the required distribution and does not count as taxable income.

Cash gifts and bequests are always welcome and are available methods open to everyone. Whatever method you deem best, your gift will MAKE A DIFFERENCE.

## WIDOWS' FELLOWSHIP BLUE CHRISTMAS

Yes, Christmas is coming! For some people those very words bring a sense of joy and great anticipation! For others, a deep feeling of disappointment or sorrow sets in. Sometimes "blue feelings" are brought about by the overall busy-ness of the season, or spending more money than we can afford, or taking on more responsibility than we can handle, or being miles away from family (even though we have better weather!), or illness that has invaded ourselves or loved ones, or the death of someone dear to us.



Our Blue Christmas Service is one way to acknowledge our heartache and be reminded of the comfort and peace made available to us that first Christmas morning. This service is open to all and allows us time to pause, reflect, and again be touched by God.

DHLC Widows' Fellowship hosts this simple service of music and readings, of candle-lighting and fellowship, and homemade cookies. Blue Christmas Service will be offered Sunday, December 2nd, 2 pm in the DHLC chapel. Please come and join us as we enter into this holy season!

**We continue to meet in November the 1st and 3rd Sundays at 2 pm**



The Scandinavian Fellowship Group's November meeting is scheduled for Tuesday, November 13th starting at 5 pm. Always great food with a reminder to first time attendees to bring your own plate and eating utensils and food to share in the potluck serving line. Program features John Haugo's PowerPoint presentation describing Norwegian farming and church structure, primarily during the 1800's. Based upon John's visits and genealogical research, the ancestral farms and churches of each of his immigrant grandparents and great-grandparents will be described and shown. Scandinavians and spouses, please join us.

## BUZZINGS FROM THE BEE AND BOUTIQUE BANTER



**We are "16, going on 17" Years!**

**Fall Boutique: Quilts, Arts and Crafts, Bake Sale, Café, Used Books, and More  
November 10th, 8 am-1 pm**

**Don't miss it! Come early! You will love our bargain prices!**

Now all we need is YOU. Please bring your new, handmade donations to the Fellowship Hall on Friday morning, Nov. 9, between 9 am and noon. You may also drop off items Wednesday mornings at Sewing Bee. We will do the tagging and pricing. Don't forget to donate plants and fresh floral arrangements! The more donations, the more we can successfully support our nearby charities (Genesis House, Youth on Their Own, Rise Scholastic Achievements, and 51 Homes for Veterans) with 100% of the proceeds.



Volunteer help is needed. Come to shop on Saturday when the doors open at 8 am sharp and close at 1 pm. As in the past, we will have no presales in order to give everyone a fair opportunity.

Contact Boutique co-chairs Marcia Cleary: 507-420-2881, mgcleary@hotmail.com or Jeanette Heath: 480-338-9650, jjheath100@outlook.com

Our feature item this year will be "Bags by Bonnie Nelson." Your favorites are back with Carol's Born-Again-Beads, Doug's shopping totes, Larry's latest woodcraft, purses, baby gifts, knitwear, aprons, hostess gifts, home décor, a bonanza of table runners, holiday trimmings and of course, hand-crafted quilts of all sizes. Coffee and cinnamon rolls, lunch, and fantastic Lutheran Ladies' home-baked goods are always a sellout. Pick up a few gently read books for winter reading at bargain prices. Also look for RADA kitchen ware, made in the USA.

Many thanks to the Sewing Bee, the Women's Ministry Group and all who donate items and labors to this charity event. We can all help to make a difference.

Sewing Bee continues to meet all year on Wednesdays, 9 am to noon in the Fellowship Hall.



**Quilts of All Sizes, Handmade Crafts,  
Baked Goods & Used Book Sale**

## TABLES FOR EIGHT UPDATE FOR NOVEMBER

The majority of the snowbirds should be back by now. With the holidays fast approaching, now is the time to start planning your groups' get-togethers for these months! Try to schedule group meals early in both November and December to minimize conflicts with Thanksgiving and Christmas activities.

For November, rather than dinner you might think about a Sunday brunch, either at home or in a restaurant. For December, you might consider a progressive dinner where each course of the meal is served at a different home. In that way, you get to share your Christmas decorations with everybody in your group, all in one evening.

Let us know of other creative ideas your groups come up with so we may share them with the other groups. And have a wonderful Thanksgiving dinner! Your Tables for Eight Coordinators, Joan & Tom Fava



**Who? DHLC Singles Fellowship. What? Visit to Arizona-Sonoran Desert Museum.**  
**When? Friday, November 16. Where? 2021 N. Kinney Rd., Tucson, AZ.**

**Why?** To enjoy one another's company and to learn about native flora and fauna in this desert we share with them.  
**How?** Meet at church at 8:30 am to carpool or — on the yellow sign-up sheet on the bulletin board in the Fellowship Hall, under "Fun and Fellowship" — indicate you will be driving separately. **How much?** Senior rate: \$19.95, Retired Military: \$17.95, Arizona Resident: \$16.95. **What else?** Admission includes a 10 am Raptor Free Flight show and a 12:15 pm Fur, Feather, and Fangs film @ the Warden Oasis Theater and there are docent demonstrations throughout the day. Bring your own water bottle to refill with chilled filtered water and wear comfortable closed-toe shoes. Lunch options include Ironwood Terrace, Ocotillo Cafe, or Phoebe's Coffee Bar — all opening at 11:00.

**Looking Ahead:** Singles Fellowship Christmas Party is December 15, noon at Grill on the Green. More details in E Quail.



The German Club will meet Monday, November 26th at 5 pm in the Fellowship Hall at DHLC. Pastor Ron Rude and several students from the UofA will present a program about their spring break trip to Germany.

This will be a potluck dinner, so please bring a dish to share for 8 to 10 and your own place setting. Everyone is welcome!

Pastor Ron Rude



## UPDATE: DEATH WITH DIGNITY PRESENTERS November 14, 10:30 am

Have you had a conversation on what choices you want to make at the end of your life? That is the question to be addressed at this seminar.

- ✧ Regina Ford, Moderator
- ✧ Rosy Cunningham, Volunteer Coordinator Hospice Care
- ✧ Dawn Gross, MD. Ph.D., Palliative Medicine
- ✧ Phoebe Harris, Elder Law Lawyer
- ✧ Kathryn Kennel, Medical Ethics
- ✧ Barbara Rapp, Religious Positions on End of Life Choices
- ✧ Paul Williams, Patient Point of View



Materials will be available in the foyer from MorCare, Green Valley Fire Department and Hospice. Everyone should have choices at the end of their life.

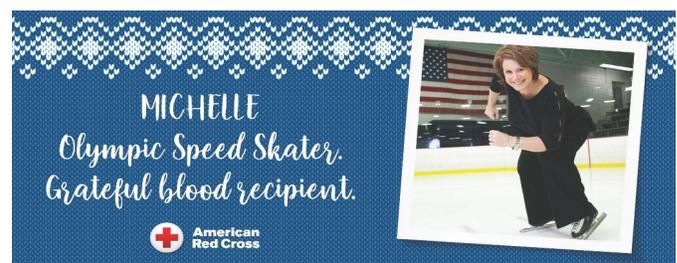
## Blood Drive Tuesday, December 4, 2018 9 am to 2 pm

For more information or to schedule an appointment please call Anna Tometczak, RN, Parish Nurse  
(520) 648-1633 Ext 37

Or call the American Red Cross at  
1-800-RED CROSS (1-800-733-2767)

Or visit [redcross.org](http://redcross.org) and enter sponsor code  
Deserthills

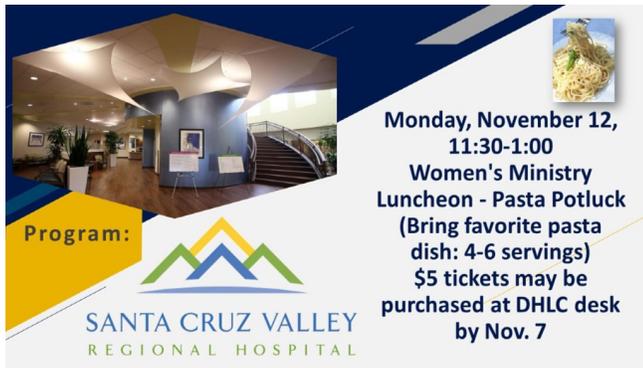
Walk-ins are welcome. But appointments take priority.





**Bible Study**— Monday, November 5, from 9 to 10:30 am in the church library. Rev. Barb Rapp will be basing it on the Gather Magazine Bible Study “Turn, turn, turn: A time for faithful repentance” by Meghan Johnston Aelabouni (featured speaker at Grand Canyon Synod WELCA convention in Phoenix, Nov. 9 – 11, 2018). Session two in November: “Turning to Others.” Come and join us.

Kelly Adams, CEO, will be speaking on...



**Monday, November 12, 11:30-1:00**  
**Women's Ministry Luncheon - Pasta Potluck**  
 (Bring favorite pasta dish: 4-6 servings)  
 \$5 tickets may be purchased at DHLC desk by Nov. 7

**Hope you're saving those Box Tops Only** – no labels, coupons or barcodes - for the Navajo Evangelical Lutheran Mission School, Rock Point, AZ. Women's Ministries

bulletin board has the collection box for them in the Fellowship Hall. Questions – contact Mira Johnson-Ensign 520-400-3092.

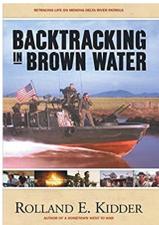
**November 9-11, 2018:** Grand Canyon Synod WELCA convention/Gathering will be held at the Crowne Plaza Airport Hotel in Phoenix, AZ – Keynote Speaker will be Pastor Meghan Aelabouni. The newly elected Bishop of the Grand Canyon Synod, Rev. Deborah Hutterer, will be addressing the Gathering on Sunday, November 11. You may not be able to attend the Grand Canyon Synod WELCA but you can participate in the collection of some In Kind Gifts. There are three opportunities for you to shop: Men and women adult pajamas (M, L, XL) to benefit the Southern Arizona Aging and Disability clients through Lutheran Social Services; infant and toddler diapers for the Alleluia Diaper Bank in Phoenix; and personal hygiene products for the Refugee and Resettlement program. A box is waiting in the Donation Closet to receive your gifts. The Deadline for these donations is November 8.

**Gather Magazine at a Reduced Price**

Until December 31, 2018 Gather magazine is offering a special \$12.95 (regularly \$19.95) rate for a one year (10 issues) subscription. Act now!! If you are already receiving the Gather magazine you can also extend your subscription for one year at this special price. We use the Gather Bible studies on the first Monday of every month.

**MEN'S MINISTRY AT DHLC**

**BOOKMEN** The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group.



Currently reading: “Backtracking in Brown Water” by Rolland Kidder.

**MEN'S BIBLE STUDY** meets every Thursday at 1 pm. All men are welcome



**MEN'S PHOTOGRAPHY** will meet on Monday, November 5 at 1:30 pm. The Men's Photography Group strives to meet the first Monday of the month at 1:30 pm at the church. Each month we select a Bible-based theme, bringing photographs that fit the theme to share with the group. If you have an interest in photography, you are welcome to attend, enjoy the show and participate in the conversation.



**THE MEN'S COFFEE FELLOWSHIP** will resume the first Monday in November at 7 am. This group will meet Monday mornings at 7 am through April 2019.



**MEN'S FELLOWSHIP BREAKFAST NOVEMBER 15** – Richard Bushong, B17 Commander.

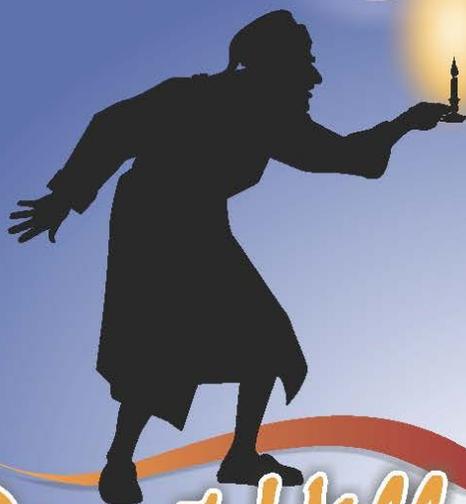
**HANDY MAN SERVICES** is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszel 520 903-7188.



**MEN'S HEALTH GROUP:** Our speaker on November 19 will be Chuck Wunder, Chief of the Green Valley Fire District. Men's Health will meet through the winter on the third Monday of each month at 8:30 am.

# 2019 Unified Fund & Debt Retirement Fund Stewardship Drive

## A CHRISTMAS CAROL



*Desert Hills*

LUTHERAN CHURCH

## Join Us for the Stewardship Meal

*Saturday, November 3, 6:15 pm or  
Thursday, November 8, 12:00 noon or  
Thursday, November 15, 6:00 pm or  
Saturday, November 17, 6:15 pm*

***Be sure to sign up.  
Reservations required***

*Desert Hills*  
LUTHERAN CHURCH

2150 S. Camino del Sol  
Green Valley, AZ 85622-8352  
[www.dhlc.org](http://www.dhlc.org)

Postmaster: Time Sensitive Material  
Please Deliver Promptly

Non Profit Org.

US Postage Paid

Permit # 16

Green Valley, AZ

Please notify the church office of any  
address changes or if you no longer wish to  
receive Quail Notes in the mail