

**CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE**

Dear Members and Friends of Desert Hills Lutheran,

*I love the month of May. Not only is my birthday in May but two of my children and my father-in-law and Rev. Dr. Wally Mohr all celebrate May birthdays. May is also the month when things wind down a bit around here. Year-round people get ready for the dry heat, enjoy more parking places, and kick back. Some will leave for cooler spaces but for those of us around all year, we enjoy the early mornings, evenings and air conditioning.*

*We begin a new round of new member classes. We will meet Thursdays at either 9:30 am or 6:30 pm. We do six classes and a dinner together, spending most of the time on our mission and core values, but also taking time to become acquainted. If you have been thinking of joining, come and see why Desert Hills is such a wonderful congregation.*

*To all our teachers, thank you for your work with children. By the end of May you will be done and you all deserve time off. Speaking of school, I congratulate Grant Overson for his graduation from Northern Arizona University this May. Well done! Grant was seven when we arrived at Desert Hills. Time sure moves quickly.*

*I'll see you at worship.*

*Blessings Pastor Martin*

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Dear Friends and Members of Desert Hills Lutheran,

*The church council has many tasks and responsibilities. Among these are managing the budget and working with the pastors and staff to provide the ministries and programs you, the congregation, want. We must also plan for the future. Planning for the future is never an exact science, so your council relies upon the wisdom and experience of members serving on various committees and teams.*

*One of our current planning challenges is preparing for the eventual retirement of our senior pastor. Now, before everyone gasps for air and panics, Pastor Martin has not, repeat not, indicated that he is quite ready to retire. However, he has reached an age where he can start thinking about "what's next for me."*

*Ours is a dynamic congregation that has grown and prospered under Pastor Martin's leadership. Our strength is in our mission and core values. Given that, when it is time to find a new senior pastor, we must select one that understands and "buys into" the church, its history, its culture, and ministry. This will not be easy nor quick.*

*Your council has decided to be proactive and begin that process now. I call it a "now" and "then" approach. The 'now' step is establishing a transition team to create a blueprint and roadmap for the actual selection process. Hopefully, the plan will be ready in early 2020. Once the plan is in place, it will be available to the pastor search team whenever it is needed. Continues on page 2.*



## Desert Hills Lutheran Church Council

|                        |                        |                      |                             |                           |
|------------------------|------------------------|----------------------|-----------------------------|---------------------------|
| <i>John<br/>Martin</i> | <i>Judy<br/>Gunson</i> | <i>Tom<br/>Royer</i> | <i>Barbara<br/>Southard</i> | <i>Martin<br/>Overson</i> |
| <i>President</i>       | <i>Vice President</i>  | <i>Treasurer</i>     | <i>Secretary</i>            | <i>Pastor</i>             |

*2nd row left to right  
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

### Notes from Council Meeting May 2019

John Martin called the meeting to order, and Pastor led us in prayer. We discussed the book “Canoeing the Mountains,” the devotional book we are reading. Rob shared a God story. The minutes of the March Council meeting were unanimously approved. Pastor mentioned that Bishop Hutterer will visit our church again in January 2020. Tom mentioned that our church is doing fine financially. Our full church audit will be done in May with the auditors being onsite May 21-23. President John stated that the Council retreat and staff retreats were very well received. John thanked Jane Brunckhorst for filling in for Melissa. Council unanimously approved the Transition Team Charter.

**Continued from the cover** . *The “then” step will be to convene a search team to conduct the actual pastoral search when that time arrives. In the meantime, we will continue to enjoy the ministry of Pastor Martin. And, perhaps we can encourage him to just keep thinking about retirement and not taking any actions soon.*

*John Martin Council President*



 **THE GLOBAL LEADERSHIP SUMMIT**  
Thursday-Friday, August 8-9, 2019

Register for the  
**2019 Summit**

August 8-9, 2019 | [GlobalLeadership.org/Summit](http://GlobalLeadership.org/Summit)

**YOUR INFLUENCE MATTERS. LEARN HOW TO MAXIMIZE IT.**

Desert Hills Lutheran Church  
2150 S. Camino del Sol  
Green Valley, AZ 85622-8352  
520-648-1633 | [www.dhlc.org](http://www.dhlc.org)

#### Worship Times

Saturday — 3 & 5 pm  
Sunday — 8, 9:30 & 11 am  
Nursery care available for infants to age 5 at the following services:  
Saturday at 3pm & 5pm;  
Sunday at 9:30 am & 11am.  
Sunday School at 9:30 am grades 1-6  
October thru April

**Holy Communion is celebrated**  
the 1st & 3rd weekend of each month  
at all services.

**Holy Communion & Healing Service**  
2nd & 4th Weekend of each month  
Saturday at 4:15 pm & Sunday at 10:30  
am in the Chapel

#### Office Hours

Monday-Friday — 8:30 am to 4 pm

#### Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*  
Rev. Ken Nyhusmoen, *Associate Pastor*

**Quail Notes** newsletter is published monthly. **Email articles for the June issue by May 15<sup>th</sup> to [quailnotes@dhlc.org](mailto:quailnotes@dhlc.org).**



Register now for the 2019 Global Leadership Summit, August 8 and 9, 2019. The speaker lineup this year is amazing...Patrick Lencioni, Bear Grylls and Danielle Strickland, to name just a few. Earlybird registration for DHLC Members is only \$89 for the two day conference. See the front desk for help in registering or go to [dhlc.org](http://dhlc.org) and click on Everyone Has Influence to register online. Registration code for members is GLS19TEAM

The DHLC Spring New Member Class begin on Thursday, May 2, and continues through June 13. Classes meet at both 9:30 am and 6:30 pm in the library. If you are interested in attending, please contact the Front Desk.

## MUSIC MINISTRY *We Inspire*

The month of May finds us saying farewell to the last of our winter residents. The Winter Chancel Choir, Voices of Miriam and Men’s Chorus will be taking the summer off. We wish you safe travel and good health. We look forward to seeing you again in the fall.

At the 8 am service this summer, Summer Chancel will sing on communion Sundays. Soloists will provide music on the Sundays when there is no choir. At the 9:30 am service, the Celebration Singers will continue to sing every Sunday. Choral music continues the entire summer.



## BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

Sewing Bee meetings continue all summer every Wednesday morning between 9 and noon in the fellowship hall, coffee and conversation at 10:15. We have lots more space now and with the arrival of summer, the air conditioning beckons.

It is time for a "changing of the guard" as Diane Johnson and Mary Braswell relinquish their leadership positions after nearly 12 years at the helm. Both agreed to continue to serve as active members of the group. A new team is being assembled to learn the many responsibilities. Sewing Bee Contact after May 1 is Kayleen LeMaster, 520-399-0653.



Diane Johnson leads her Thrivent Action Team in sorting quilts for charities.

Wherever you spend your summers, we ask you to remember our upcoming Fall Boutique Sale on Nov. 9. Your completed crafts projects are what make the sale a success each year, and our nearby charities count on continuing cash support for their operations. We are encouraging our talented woodworkers to contribute some of their crafts, and we welcome donations of newly made household items and jewelry from the congregation and friends. Contact Boutique co-chairs Marcia Cleary: 507-420-2881, mgcleary@hotmail.com or Jeanette Heath: 480-338-9650, jjheath100@outlook.com.

Quilts and blankets were presented to the Navajo Lutheran Mission School and Fisher House Veteran's Care in April. We have a need for new bed sheets to back our charity pieced-tops. Donations may be dropped off in our closet at any time. Watch this spot as the name of your new reporter is revealed.



RED CROSS  
BLOOD DRIVE

### HEALTH AND WELLNESS EVENT:

**Blood Drive - Tuesday, May 14 – 9am – 2pm**

For more information or to schedule an appointment please call Anna Tometzak, RN, Parish Nurse (520) 648-1633 Ext 37 or visit [redcrossblood.org](http://redcrossblood.org) and enter sponsor code: Deserthills



**PRAYER SHAWL MINISTRY** will meet Tuesday, May 21 at 1 pm. This will be our last meeting until October, so bring in your finished projects and pick up supplies for your summer projects. Prayer Shawl Ministry knit baby caps and a quilt which will be going to the Neo Natal Unit at Sierra Vista Hospital. Another 41 caps were knit or crocheted and sent off to the Navajo Mission at

Rock Point where the weather is still cold and windy. Hope to see you at our last meeting. If not, safe travels.

**Thank you for all the difference you made this past winter.**



**Widows' Fellowship** It is hard to believe that this month is the 2 year anniversary of our Widows' Fellowship! Some of our group have been attending the entire 2 years; some are newer in their joining, and some have "graduated." We are open to all widows. Most of us are DHLC members/best friends yet we are also blessed to have women attend who are members of other Churches or not a member of any Church. We are open to all widows; whatever your history, we have this in common. We are widows and we gather together to share our journey, our challenges, our hardships, our tears, as well as sharing our strengths, our learnings, our victories, and our laughter! Plus coffee and cookies! If you are a widow, or know a widow, please come and see! We meet the first and third Sunday monthly in the DHLC library from 2-3 pm. If there are any questions, feel free to call me (Debi Shippy) at 405-7005.

**The Singles Fellowship** Tumacacori Mesquite Sawmill.

Join us for a Singles event on May 3. We'll be visiting the "Mesquite Sawmill" in Tumacacori-Carmen and will meet at the church by 10 am to carpool. The one-hour tour involves standing and walking, so wear comfortable shoes. As it says on their website: "The Sawmill commercially mills mesquite from Sonoran logs to produce fine mesquite interiors and the remnants are used to create smaller craft items including cutting boards and crosses." Afterwards, we'll have lunch at the "Italian Peasant" in Tubac.



**CORNER**  
**FOUNDATION**

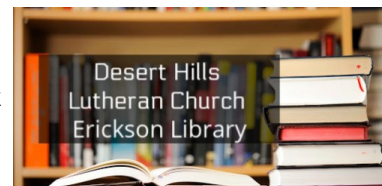


Help Desert Hills Lutheran Church Foundation While Helping Yourself  
A Charitable Gift Annuity (CGA) is a simple arrangement between a donor and the Desert Hills Lutheran Church Foundation that, in exchange for a gift, a donor will receive tax advantages and fixed income for the rest of their life. One or two -life annuities are available and can provide a comforting stream of income. Additionally, the donor has the satisfaction of knowing that he or she has supported the work of the Desert Hills Lutheran Church Foundation. Rates vary, depending upon the age of the donor(s).

The Desert Hills Lutheran Church Foundation uses rates recommended by the American Council on Gift Annuities. For example, see this chart for rates at various ages:

|                     |              |    |           |           |           |      |
|---------------------|--------------|----|-----------|-----------|-----------|------|
| AGE AT TIME OF GIFT | ANNUITY RATE | 70 | 5.6%   75 | 6.2%   80 | 7.3%   85 | 8.3% |
|---------------------|--------------|----|-----------|-----------|-----------|------|

Are you packing up to head back up north? Did you check books out of the DHLC library? Don't forget to return them before you leave. And if you have books you don't want anymore, the library is always grateful for donations. Got a suggestion for a book you would recommend for our library? Send a note to [frontdesk@dhlc](mailto:frontdesk@dhlc) and let us know the title and author.



**DONATION CLOSET DISTRIBUTION**

**Asilo de Ancianos** – nursing home in Nogales, Mexico serving 30 + men and women. Pillows, twin bed sheets, blankets, towels and adult diapers (Friends in Deed) and durable medical equipment as needed.

Contact person is Yvette Braun-Calixtro, treasurer, and all donations are delivered to her office. Nogales Chiropractic Center, 1821 N Mastick Way, Nogales, AZ PH: 520 281-1300

**Kino Border Initiative and Comedor**—assists undocumented immigrants returned to Mexico with meals and clothing as they transition back to home region or country. Men's and women's small sized jeans, tee shirts, sweatshirts and jackets, white cotton socks, athletic shoes and small hygiene products. Men's waist larger than 36', Women's to size 10, Tops to large, Shoes to size 10. Picked up on Sunday.

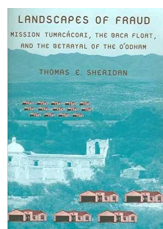
**Gospel Rescue Mission**—Men's shelter, 3123 W 28th St. Men's and Women's clothing blankets, sheets for the shelter. Some remaining food from church events.

**San Juan Bosco Shelter, Nogales Sonora**—Clothing and personal products for migrants seeking asylum.



In an effort to enhance the security of our church and our members during the evenings, we will begin to lock all doors to outside entry 15 minutes after the last event of the evening starts. This means no one will be able to enter the church after the doors are locked. If you know you are going to come late to an event, arrange with the event/rehearsal leader for someone to meet you at a door to enter. Leaders, you need to make sure you share this with those involved in your group.

**MEN'S MINISTRY AT DHLC**



**BOOKMEN** The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: "Landscapes of Fraud: Mission Tumacacori, the Baca Float, and the Betrayal of O'odham" by Thomas E. Sheridan

**MEN'S PHOTOGRAPHY** will meet next at 1:30 pm on May 6th at the church. We will take our summer break in June, July and August. .. If you have an interest in photography, you are welcome to attend.

**MEN'S BIBLE STUDY** is on break until fall.

**THE MEN'S COFFEE FELLOWSHIP** is on break until fall.

**MEN'S HEALTH GROUP** is on break until fall.

**MEN'S FELLOWSHIP BREAKFAST**

Meets the 4th Thursday of the month. Our May meeting is on the 23rd. Our speaker will be Kevin Mc Nichols, AZ DPS .



**HANDY MAN SERVICES** is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Marv Berke 520-425-7229





**First Monday, May 6** – “Generation to Generation” Bible Study, Fellowship Hall. Lead by Suki this discussion will cover the Gather article on Two Way Blessings and what we can learn from examples in Scripture: Miriam, Midwives, Mothers and Moses. Come early for coffee and chit chat. Lesson begins promptly at 9:30 am.

**IMMEDIATELY FOLLOWING** Bible Study on May 6 will be a meeting on the future of Women’s Ministries at DHLC and a brief TEAM meeting. Suki will lead a Boot Camp explaining the role of women in the church and how YOU can play an important role in our growth. ALL women are invited to attend.

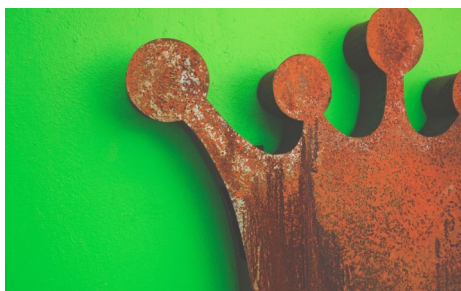
**Second Monday, May 13** – High Tea in the Fellowship Hall, 11:30 am – 1:30 pm. Chef Joe Mazur is preparing some



exciting food. . . a variety of teas. . . and tables fit for a Queen. Bring your favorite tea cup, find that perfect hat and be ready to share memories

of tea parties from the past. The Traveling Sisters will entertain us with stories from their cross country adventures. Tickets can be secured at the front desk or Bible Study on May 6. Absolute last day to have your ticket is **Wednesday, May 8.**

**First Monday, June 3** – In preparation for the Gather summer bible study on the Book of Esther, women’s bible study will enjoy “One Night with



the King” featuring Peter O’Toole and Omar Sharif. Movie begins promptly at 9 am, ending at 11. Come early for coffee. . . and maybe a treat or two.

**SPECIAL EVENTS – Friday, June 7** – Fellowship Hall 12:30 – 4 pm “For Such a Time as This”, a study of the book of Esther presented, IN PERSON, by author Rt. Rev. Moravian Bishop Kay Ward. Bishop Kay will share how much fun she had writing this story and give us insight into this very bold woman of the bible.



**Saturday, June 8** – Fellowship Hall - 8:30 am–Noon “Don’t Just Live – Thrive!” We are honored to be among the first to hear this mini retreat that Bishop Kay has developed. We will discuss how ‘life is good’, ‘change is good’ and ‘thriving is good’ – how do we get over the bumps and bruises of life? Perfect topic for this time in our lives.

We are going on FAITH and not charging for these events!!! However, we will graciously accept a FREE WILL OFFERING to help defray expenses for bringing Bishop Kay to Arizona. Invite your friends and neighbors to join us for this time with Bishop Kay – you will learn and LAUGH. RESERVATIONS: Call Suki (702 493-7436) or email (sukikisling@gmail.com) **BEFORE Friday, May 31** to secure your place.

**Summer Luncheons CANCELLED** – Due to restructuring of Women’s Ministries the June, July and August luncheons have been cancelled. Please join us on Monday, September 9 for a program on “Personal Experience of 9/11 – Ground Zero”. Watch the E-Quail and Quail Notes for more information.

**Blessings GALORE and many THANKS:**

About 30 women showed up to ‘Tie One On’ and completed 21 blankets to be shipped overseas through Lutheran World Relief!!! Five smaller blankets were distributed to St. Andrews Clinic in Nogales.

**Sewing Bee** added 10 handmade quilts to the Lutheran World Relief Gathering to be held in Phoenix on Saturday, May 4.

**Women’s Ministries presented** Patty Charley, from the Navajo Evangelical Lutheran Mission at Rock Point with checks for \$500.00 (designated for teachers to purchase classroom books) and \$500.00 (designated to Love’s Park Playground in honor of Lea Begay). Another \$535.00 was donated by women attending the April luncheon to be used for school supplies and playground needs. The Mission van was loaded with In kind gifts of sports equipment and teacher’s supplies for the return trip to Rock Point



# Abiding in God's Eternal Care

Paul Roseland

March 21, 2019

Dave Burbank

April 10, 2019

Malcolm McNeil

April 17, 2019

Don Anderson

April 21, 2019



## NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org



### "Love your neighbor as yourself" – Matthew 22:39

Making Mental Health Awareness is a year round project focusing on various events and celebrations designed to raise awareness about this issue. Regardless of age, gender, economic status or ethnicity, approximately one in five adults in the United States, 43.8 million, or 18.5%, experiences a mental illness in a given year and approximately one in five youth aged 13–18 (21.4%) experiences a severe mental health disorder at some point during their lifetime. Mental health often takes a backseat in our pursuit of holistic health.

Holistic health refers to caring for the whole person: body + mind + spirit. We cannot forget the "mind and spirit" elements of this wellness triad. If we truly value a holistic approach to our health, we cannot forget that mental health is a crucial piece to the wellness puzzle. Now that Mental Health Awareness Month is here, the best place to start is to boost your own mental wellbeing. Then, see where you can get involved that leaves a positive impact on the people around you.

It is important for us to understand the various forms of mental illnesses and recognize the symptoms and gain understanding of how mental illness affects different groups of people. The word "mental illness" can be confusing since it is used to describe a continuum of emotional issues from mild depression to serious brain disorders that affects one's ability to function. Because mental illness involves a biochemical change in the brain chemistry, certain medical conditions can contribute to mental illness. For example, persons who have medical conditions like thyroid conditions, heart attacks, strokes, cancer, and Parkinson's disease, and many other physical illnesses can develop symptoms. Since these disorders can be related to a medical condition, most symptoms respond well when treated as part of the illness. Loneliness, isolation and physical limitations can also contribute to depression. Medical intervention is often very effective.

Rosalynn Carter stated, "People with mental problems are our neighbors. They are members of our congregations, members of our families; they are everywhere in this country. If we ignore their cries for help, we will be continuing to participate in the anguish from which those cries of help come. A problem of magnitude will not go away. Because it will not go away, and because of our spiritual commitments, we are compelled to take action."

People with mental illnesses are unique individuals created by a loving God and have their own skills, gifts, talents and abilities. We must also examine our own attitudes toward mental illness, such as depression, schizophrenia, addictions, dementia, post-traumatic stress syndrome, etc, so that we can respond with compassion and care.

Praying that God brings you Peace and Healing... Anna Tometczak, RN, Parish Nurse

Resources: Mental Health America - Staying Mentally Healthy

NAMI Faithnet [www.nami.org/namifairhnet](http://www.nami.org/namifairhnet)

Mental Health Ministries\* [www.mentalhealthministries.net](http://www.mentalhealthministries.net)

National Alliance on Mental Illness (NAMI)

Mental Illness Awareness Week [www.nami.org/miaw](http://www.nami.org/miaw)

Pathways to Promise\* [www.pathways2promise.org](http://www.pathways2promise.org)

**Our Journey Through Grief Support Group** – Twice weekly for four weeks - 1pm-2:30pm in the Library

Tuesdays and Thursdays, June 4th through June 27th – 1pm-2:30 in the Library

Please register at the front desk in advance.

# Missionary UPDATE

## Crawford Martinez Family in Australia

Since the last time we met. . .

When ever we gather for retreat we always start by hearing from one another and asking, "how have you been since the last time we met." Here is a little update about us and a glimpse of how things have been going since the last time we sent out a newsletter.



### Cloud of Witnesses

During orientation we ask our volunteers to participate in an activity we call Cloud of Witnesses which is based on Hebrews 12:1-3. We ask them to write down

the names of all the people who they consider to be their cloud of witnesses. These are the heroes of their faith, the people who have encouraged them, supported them financially, are praying for them. These names could be family members, friends, school mates, or colleagues. We ask them to write down pastor's names and churches that have sent them, university faith-based groups, and anyone who has encouraged their faith. The volunteers fill up a piece of butcher paper with these names that are important to them.

Then mid-way through the year we pull out the Cloud of Witnesses list and ask them to add names to it. We encourage them to include anyone they have met here in Australia who is cheering them on in their faith. We ask them to think about people back in the US who have been particularly helpful in ways they may not have expected in the beginning.

Above is a picture of our group adding to the cloud of witnesses last week. When we are finished with the activity we pray over these names, thanking God for their presence in our lives - a most helpful gift.

If you are reading this newsletter then you are part of our cloud of witnesses. You are the ones who encourage us in our call, support our ministry, and help shape our faith. As we express our gratitude to you we ask you to consider who is in your cloud of witnesses? What names would you write down on the butcher paper?

## Kristin Engstrom in Senegal

(from an email to Curt Jackson and the committee)

I am in the middle of visiting all the YAGM in their site placements and then we have our 2nd retreat this next week, in addition to many church events and meetings.

Rev. Andrea Walker was actually in Senegal for the annual Lutheran Church of Senegal festival day and celebration, just the week after she was at Desert Hills. She shared with me some of her conversations and said that she appreciated being with you.

As far as terrorist minorities in Eastern Senegal, I haven't actually heard any new news about this or a change in the situation - not even from the US Embassy. But this is something we are always on the watch for. Perhaps the situation on the ground hasn't changed for us here, but more that a journalist decided to write a story on it and so it seems like a new situation.

Please greet everyone at Desert Hills for me.

I've attached two pictures for you. The first is from two Sundays ago, when I preached in one of the smaller congregations which is currently being led by one of the seminary students, Blaise Ndiaye, who is doing his pastoral internship there. The second is from the Synod Assembly last week - the women are relaxing together near the end of the assembly as we wait for lunch.

Grace and peace,

Pastor Kristin Engstrom

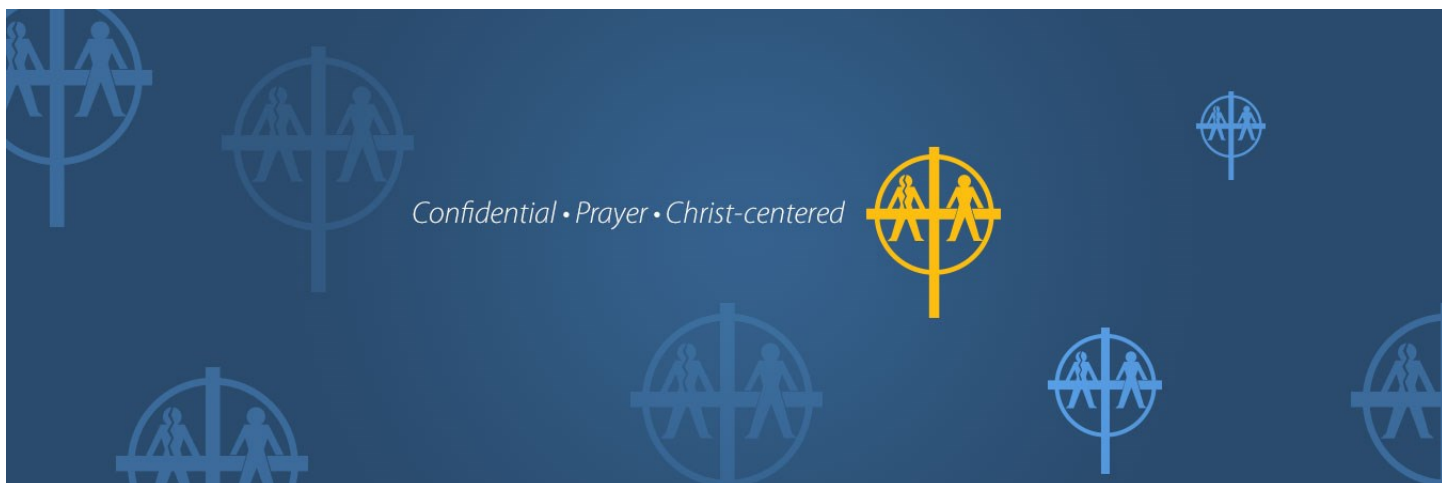


## Stephen Ministry @ Desert Hills Lutheran Church

Stephen Ministry is a program which trains the laity for spiritual support of other lay persons who are struggling with personal or spiritual situations. Stephen Ministers complete 40-50 hours of primary training as well as continuing education to prepare the Stephen Ministers to be a spiritual presence to their assigned Care Receivers. Their primary role is to be attentive listeners and to provide prayer support to their Care Receivers.

Stephen Ministers are assigned to a particular Care Receiver based on experience and personality. This one-to-one relationship pairs men with men and women with women. They meet with their Care Receiver by appointment for as long as needed. In times of crisis, they are available for support through telephone or other mutually agreed upon communication. There is a VERY important principle of TOTAL confidentiality.

Everyone faces periods of crisis, transition, or difficulty. During these times a Stephen Minister can provide a unique caring relationship for as long as it is needed. If you would like to have a Stephen Minister, please contact: Nancy Borstad [rborstad@yahoo.com](mailto:rborstad@yahoo.com) or Dick Hill [dickehill44@aol.com](mailto:dickehill44@aol.com) #719-510-8005 or If you would like to be a Stephen Minister, please contact: Carolyn Hill [carolynehill@bellsouth.net](mailto:carolynehill@bellsouth.net) 520-499-2491



*Desert Hills*  
LUTHERAN CHURCH

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address changes.