



A Season of  
Reflection,  
Renewal, and  
Preparation

## CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE

Dear Friends and Members of Desert Hills Lutheran,

*It looks like SPRING will be coming to the desert! Our last snowfall was a bit of a surprise to most folks, but we loved it....didn't we???*

*With Spring around the corner we find ourselves looking forward to our Lenten Season. We are so grateful for Pastor Dennis Nelson, a member of our congregation, who will be leading our Journey to the Cross this year. Years ago, growing up in North Dakota, as young people, we were always encouraged to "Give Up" something for Lent. This year...I invite you to ADD our Lenten Services to your schedule. Pastor Dennis has put together a wonderful series to assist us in preparing for the great celebration of Easter...*

*Lenten Theme...2019..."All Things New"*

*Wednesday, March 6: ASH WEDNESDAY Noon and 7 pm ...All Things New...A New Honesty*

*Wednesday, March 13: All Things New...A Renewed Mind*

*Wednesday, March 20: All Things New...A Living Faith*

*Wednesday, March 27: All Things New...A New Heart*

*Wednesday, April 3: All Things New...A New Boldness of Grace*

*Wednesday, April 10: All Things New...A New Song*

*Maundy Thursday, April 17: All Things New...A New Commandment*

*Beginning Wednesday, March 13..... Soup Supper at 6:00,*

*Sing A Long at 6:45 and Worship Service at 7 pm*

*It has been such a wonderful time this winter sharing our worship experiences with our many friends who travel to Arizona for these months. We thank you for making Desert Hills Lutheran your home away from home. Our Worship Services are varied...Country Western Services at 3 and 5 on Saturdays and our Traditional Worship at 8 am, our Blended Worship at 9:30 am, and our NEW PRAYER AND PRAISE WORSHIP at 11 am on Sundays. We are excited to see the many new faces and the vibrancy of the Praise Worship at 11! The musicians are fabulous...try it, you might like it!*

*Our love and prayers have been with Pastor Martin as he recovers from a winter 'seige' of illness. We look forward to his returning in FULL FORCE! Thanks to all for the support you have shown to our staff and myself these weeks!*

*Pastor Ken Nyhusmoen*

Summary of Council Meeting .Page 2  
Music Ministry .....Page 2  
Thank You from Assoc.Down .Page 2  
Social Concerns .....Page 3  
Widows' Fellowship .....Page 3  
Give a Kid a Book Thank you..Page 3  
Singles Fellowship .....Page 3  
Abiding in God's Eternal Care Page 4

Stephen Ministry ..... Page 4  
Parish Nurse Notes ..... Page 4  
Health and Wellness ..... Page 4  
Women's Ministry ..... Page 5  
Lutheran World Relief..... Page 5  
Foundation Corner..... Page 6  
Tables for Eight ..... Page 6  
Prayer Shawl Ministry..... Page 6

Fair Trade Sales.....Page 6  
Men's Ministry.....Page 6  
Buzzings from the Bee .....Page 7  
North Dakota Social Group ....Page 7  
Scandinavian Fellowship.....Page 7  
Request for Potluck Groups ...Page 7  
German Heritage Group .....Page 7  
Spring Music Concert.....Page 8



## Desert Hills Lutheran Church Council

<i>John Martin President</i>	<i>Judy Gunson Vice President</i>	<i>Tom Royer Treasurer</i>	<i>Barbara Southard Secretary</i>	<i>Martin Overson Pastor</i>
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*2nd row left to right  
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

### Notes from Council Meeting February 19, 2019

John Martin called the meeting to order, shared a devotional message and then led us in prayer. Judy Gunson shared a God story. The minutes of the January 15 Council meeting, the minutes of the Congregational meeting of January 27, and the Special Council meeting of January 27 were unanimously approved. John reviewed with us the proposed Council goals for 2019. Tom Royer stated that the operating income for January was down, but that the Finance Committee is not concerned and will monitor. It was unanimously voted to allocate net income from the DHLC Christmas and Spring concerts back to the music department. A thank you note will be sent to the Health and Wellness Committee for hosting the birthday party on February 14 for 90 year-olds and above. Council will review the security committee's draft plan. The next meeting will be March 19.



## MUSIC MINISTRY

### We Inspire

We will have our annual spring concert on Sunday, March 10, at 3 pm. There will only be one concert with a free-will offering. This time of year, with the snowbirds joining us, all of our groups are at their fullest. We hope you will join us for a festive afternoon.

### Lutefisk Dinner Proceeds Made a Difference

Proceeds were given to Assoc. Down for materials needed. They wrote this very nice Thank You. "We wrote the list of kitchen tools, molds, etc. to be bought with the generous funds you helped raised for the Culinary class. I called the store (Gran FERIA, one of the oldest in Nogales), since they always make a wonderful discount for us. In an almost divine moment (I felt it, really, goosebumps and all) Lilliana offered the whole set as a gift, so that your funds can be used entirely for therapies." The pictures below are the kids and moms selling the cupcakes in a local Maquila (they baked the cupcakes themselves.) The equipment they bought that enabled them to bake the cupcakes and inside the store that donated the baking equipment

Desert Hills Lutheran Church  
2150 S. Camino del Sol  
Green Valley, AZ 85622-8352  
520-648-1633 | [www.dhlc.org](http://www.dhlc.org)

#### Worship Times

Saturday — 3 & 5 pm  
Sunday — 8, 9:30 & 11 am  
Nursery is available for infants through 5 years at the 3 & 5 services Saturday and Sunday at the 9:30 and 11 am.  
Sunday School at 9:30 am grades 1-6  
October thru April

**Holy Communion is celebrated**  
the 1st & 3rd weekend of each month  
at all services.

**Holy Communion & Healing Service**  
2nd & 4th Weekend of each month  
Saturday at 4:15 pm & Sunday at 10:30 am in the Chapel

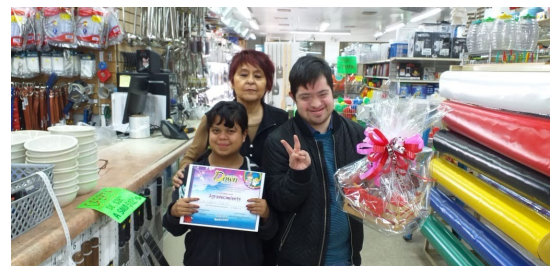
#### Office Hours

Monday-Friday — 8:30 am to 4 pm

#### Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*  
Rev. Ken Nyhusmoen, *Associate Pastor*

**Quail Notes** newsletter is published monthly. Email articles for the April issue by March 15<sup>th</sup> to [quailnotes@dhlc.org](mailto:quailnotes@dhlc.org).



**The Social Concerns Ministry** will be holding a drive to gather donations for the Navajo Lutheran Mission elementary school the last three weekends in March. The school is supported by financial gifts and donations of materials and supplies. The financial gifts will support student scholarships and assist with student transportation, sports and other activities. Checks for financial support should be made out to DHLC and indicate Navajo Lutheran Mission on the memo line. Supply needs that have been identified by the school are:



**Sports Needs List:** basketballs, volleyballs, First Aid Kits for sports, coach whistles, baseballs and softballs

**School Supply List:** letter and legal sized folders, pencil sharpeners, binders, copy paper (white & colored), hole punchers, and USB flash drives – 16gb



**Widows' Fellowship** "And so began the rest of my life. It was—and still is—a life I never would have chosen, a life I was completely unprepared for." That's a quote from *Option B: Facing Adversity, Building Resilience, and Finding Joy* by Sheryl Sandberg and Adam Grant. That's the quote that we've been discussing at the Widows' Fellowship and that's the book that we'll be looking at for the next several meetings as our starter for discussion. Another great quote from the book is "I was taught to follow the Golden Rule: treat others as you want to be treated. But when someone is suffering, instead of following the Golden Rule, we need to follow the Platinum Rule: treat others as they want to be treated."

That's what we do at Widows' Fellowship—discuss what's impacting our lives. We welcome all widows—whether recently widowed or it's been years, whether you can come to meetings every time or only occasionally, whether you are a DHLC member or visitor or not, a Green Valley resident or a visitor—come and join us! We meet the first and third Sundays of every month from 2-3 pm in the Church library.

Welcome to the most exclusive fellowship that no one ever wants to be eligible to join Debi Shippy, Facilitator

**Give a Kid a Book** Thank all of you who contributed to a very successful Love of Reading Week at Continental School. You were so generous that we exceeded our goal and were able to donate additional books chosen by the school.



**The Singles Fellowship** March activity will be a trip to historic 4th Avenue in Tucson on March 15th. We will meet at church at 10:30 am to carpool to the Mercado center to pick up the streetcar. The streetcar ticket is \$4.50, which can be purchased at the machine before boarding (unlimited trips in a 24hr. period once used). You must have exact change or use a Visa or Master Card. You can also pre-purchase the streetcar card at Fry's. We will ride the streetcar to 4th Avenue; have a choice of two restaurants for lunch, Athens or Caruso's; and spend some time browsing the shops on 4th Avenue. Chocolate lovers will want to stop at the Chocolate Iguana before meeting for ice cream at Isabella's. After our ice cream, we will continue on our streetcar experience around Tucson before heading back to the Mercado center to pick up our cars. When signing up, put an A after your name if you want to eat at Athens (Greek), or put a C, if you want to eat at Caruso's (Italian).



**LOOKING AHEAD:** Friday, April 12, a trip to the Border Patrol will be the Singles Fellowship Activity.

# Abiding in God's Eternal Care

Fred Boyne

February 25, 2019



Christ caring for people through people

# STEPHEN MINISTRY



## NOTES

*Incorporating spiritual values into health education*

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

### **HANDLING MEDICAL EMERGENCIES HERE AT DESERT HILLS LUTHERAN CHURCH**

If a medical emergency, such as a fall, a seizure, verbal noises, fainting, difficulty in breathing, slurred speech, clutching of the throat to indicate choking, etc., occurs during the service or at some other church activity, ushers or a person in charge of the activity should be alerted to the incident in order to take proper action and to minimize the potential disturbance such an emergency may cause. Once the emergency is identified, call 911 immediately from a land line or a cell phone "if" the area code is 520. Incident Report Forms (found at the front desk) should be completed & turned in for each situation.

### **MEDICAL PERSONNEL**

Members of the church who are professionally trained and who identify themselves to the ushers or persons in charge of activities may be asked to assist in an emergency.

### **AUTOMATED EXTERNAL DEFIBRILLATOR**

The (AED) is hanging on the east wall of Fellowship Hall, bring the AED (Automated External Defibrillator) to wherever the individual suffering the emergency has been placed. Ushers will enlist the help of others to assist the patient to a wheelchair (if patient is unable to walk) and transport him/her to an area where he/she may lie down. If the person cannot be removed via the wheelchair, he/she should be lowered to the floor in the aisle of the church or the room where the activity is taking place, proceed as noted above in calling for EMS help. CPR should be initiated and/or use of the AED if a cardiac arrest is suspected because the individual will not awaken or respond when spoken to and shaken on the shoulders.

### **FIRST AID AND MEDICAL SUPPLIES**

First aid supplies (including band aids, gauze, tape, triple antibiotic ointment, gloves, alcohol wipes, and ace bandages) are found on the wall in the ushers' closet off the narthex, in the nursery, the kitchen, and the passage area running between the south wall of the Fellowship Hall and the pastor's offices. Quick cold packs are also available in the ushers' closet and in the first aid kit in the kitchen. A zipper-sealed plastic bag with ice covered with a thin towel may also be used as a cold compress. The purpose of the cold pack is to control bleeding or to decrease swelling from a fall when a possible fracture or sprain is suspected.

### **CLEAN-UP OF SPILLS**

A body fluid clean-up kit is stored in the ushers' closet off the narthex for use in cleaning up emesis (vomit, etc.). For appropriate disposal, this residue should be deposited into the large plastic bag found in the kit.

### **HEALTH AND WELLNESS EVENTS:**

- **Dr. Bret Hartzell OD** will give a presentation on eye diseases that can cause low vision, such as macular degeneration, glaucoma, and diabetic retinopathy, March 26, Room 102, 11am-12:30 pm.
- **American Red Cross Blood Drive:** Tuesday, March 12, 2019 – 9am-2pm in the Fellowship Hall. To schedule an appointment visit the Red Cross website ([redcrossblood.org](http://redcrossblood.org)) and enter sponsor code: Deserthills or call the Parish Nurse, Anna Tometczak, RN (520)648-1633 Ext 37.
- **Dr Steve Grub** will be doing a presentation on Faith, Food and Farming. Thursday, April 11th 12:30-2:30 pm in the Fellowship Hall.



**PLEASE SIGN UP FOR THE ABOVE AT THE FRONT DESK IN ADVANCE.**



**Bible Study**—Monday, March 4th, 9:30 to 10:30 am in the DHLCC Church Library. Facilitator is Alice Sullivan and the study will be based on the Gospel of John: Meetings with Jesus by Julie A. Kanarr, author of the January Gather magazine Bible study. Session 3 is “Friends for Life in Christ.” Come Join us. Bible study will commence promptly at 9:30, you’re welcome to come around 9 or thereafter for coffee or tea.

**Women’s Ministry Board Meeting**—Monday, March 4th at 11 am, Room 102. Check front desk or schedule to make sure room has not changed

**Women’s Ministry Luncheon**—Monday, March 11th from 11:30 am to 1 pm in the Fellowship Hall. Lunch will be surprised by Salads (Last names of attendees A-K will bring salads). The program will be “Green Valley Gardeners and their many projects,” with speaker Judy Christensen. You must purchase your tickets by Wednesday, March. 6th. No tickets will be sold after that date. Tickets may be purchased at Bible Study, the previous luncheon, at the front desk, Monday - Friday and on Sunday mornings (need exact change only on Sundays).

**The 2019 Thankoffering was a great success !**

**March 2, 2019**—will be the **Sunrise/Santa Cruz Conference Spring Gathering** at DHLCC 9:30 am to 4:00 pm.



Rev. Dr. Mark Allan Powell, Trinity Lutheran Seminary Professor/Author/ Music Critic/ will speak on “Multiple Meanings: Learning from Other Interpretations.”

3 pm Desert Hills Lutheran Country Gospel Worship Service will conclude the conference.

**Outreach Project:** Community Food Bank (Green Valley and Amado) Non-perishable food, personal care, home cleaning items, or a check payable to: Community Food Bank (designate Green Valley or Amado) Register at the front desk or online at <http://grandcanyonwomen.org/events/>

Registration is \$15.00. If paying by check, make checks payable to: Women of the ELCA GCS

**Help:** Women volunteers are needed to become a coordinator for our WELCA team and women’s mini-retreat chair for 2020. Contact M.J. Schroeder 920-284-7666 for more information.

**WELCA Booklet 2019** is available. Pick one up at the church. Women use this to know what WELCA events are happening at DHLCC.



### “TIE ONE ON”

The Lutheran World Relief truck is arriving in Phoenix on May 4, 2019. Churches in the Grand Canyon Synod are being challenged to fill the truck for its return to Minneapolis where the boxes will then be shipped to the needy and underprivileged (saving us lots of money in shipping).

The women at DHLCC are invited to attend a “Tie One On” gathering in the Fellowship Hall on Friday, March 22 from 11 am – 4 pm to tie fleece blankets. We are applying for a Thrivent Action Team of \$250.00 to help buy fleece. We also encourage everyone to SAVE JoAnn’s coupons and look for sales.

Restricted fabrics include: U.S. Flag, Patriotic, Military, Camouflage. You are also invited to bring light snacks to share. Beverages will be provided. The finished products will be taken to Phoenix on May 4th, to meet the truck.

Contact Kayleen LeMaster, [kayleens\\_85645@yahoo.com](mailto:kayleens_85645@yahoo.com), 520 399-0653 for more information. She would also be happy to collect any JoAnn coupons you may have. ALL women (men may join us too) are invited to attend this merry band on a mission.



**Bring a friend and enjoy the fun!**

## CORNER

FOUNDATION



Each year individuals who have IRA savings are required to take an annual distribution. Your fund manager assists you with making this withdrawal from your IRA. When you take this distribution into your bank account you are required to declare it as income for tax purposes. A smart alternative is to ask your fund manager to direct part or all of your distribution to a qualified charity. By doing this you accomplish a charitable gift and avoid paying income tax on that amount. We invite you to consider asking your fund manager to direct part or all of your required distribution to Desert Hills Lutheran Church Foundation, 2150 S. Camino del Sol, Green Valley, Arizona 85622.

## IRA GIFTS

**TABLES FOR EIGHT** Sign-ups for the next session of Tables for Eight, beginning in September and running through May 2020, is well underway. Registration can be completed either by completing a registration card located by the front desk or on-line by clicking the link on the DHLC.org home page. Don't miss out on this wonderful opportunity to join in the Fun, Food, and Fellowship with other members of our congregation.



You will be notified of your small group during the summer by email or, if necessary, by USPS mail and your first get-together should be scheduled for September.

Remember that Tables for Eight is open to all members and regular guests, both full-time and snowbirds.

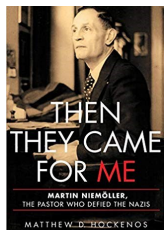


**PRAYER SHAWL MINISTRY will meet on Tuesday, March 19 at 1 pm in the library. Hope to see you!**

**WHERE DO YOUR PROFITS GO?** The Short Answer: For every \$1.00 Equal Exchange receives through our product sales, typically 97 to 98 cents goes back out through: coffee, cocoa, sugar, tea, etc. purchases from over 75 farmer co-ops around the world debt payments for our buildings and equipment payroll shipping (over \$1,000,000 every year) taxes & the basic expenses born by every importer, manufacturer, or wholesaler. Of the remaining 2 to 3 cents: 10% is donated to non-profits or mission driven co-ops working to advance the Fair Trade and co-op movements. 35% is divided equally amongst the worker-owners, regardless of rank or seniority. The remaining 55% gets reinvested in the company to enable us to keep growing the enterprise and connect yet more farmers with more consumers.



### MEN'S MINISTRY AT DHLC



**BOOKMEN** The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: "Then They Came for Me: the Pastor Who Defied the Nazis"

by Matthew D. Hockenos



**MEN'S BIBLE STUDY** meets every Thursday at 1 pm. All men are welcome

**MEN'S PHOTOGRAPHY** will meet on Monday, March 4 at 1:30 pm. The Men's Photography Group typically meets the first Monday of the month at 1:30 pm at the church. Each month we select a Bible-based theme, bringing photographs that fit the theme to share with the group. If you have an interest in photography, you are welcome to attend.



**THE MEN'S COFFEE FELLOWSHIP** is now meeting Monday mornings at **8 am (time change)** through April, except for the 3rd Monday, which will be 7:30 am before Men's Health at 8:30am. All men are welcome

### MEN'S FELLOWSHIP BREAKFAST

Meets the 4th Thursday of the month. Our March meeting is on the 28th, our speaker will be Kelly Adams, Santa Cruz Valley Regional Hospital .



**HANDY MAN SERVICES** is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Marv Berke 520-425-7229

**MEN'S HEALTH GROUP:** Men's Health will meet through the winter. March speaker is still to be determined.



## BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

Thank you for supporting our Women's ThankOffering weekend and giving us an opportunity to display and sell some of our work. The quilts were displayed over the pews in the sanctuary. All proceeds again go to our nearby charities. If you missed out, a limited number of quilts may be purchased throughout the year from the Sewing Bee with additional quilts offered at the November Boutique.

If you find yourself staying inside during the chilly March winds, consider starting on Boutique donations for November 9th. Stop in on Wednesday mornings in the Fellowship Hall from 9-noon (coffee at 10) to see how you can participate and meet the wonderful group of quilters. Each week we see a kaleidoscope of projects destined for our charities.

Contact: Diane Johnson, 520 399-2810



**THANKOFFERING QUILTS**



### **NORTH DAKOTA Social Group**

ND Group will have their final gathering on Monday, March 18th in Fellowship Hall at DHLC at 1 pm. Our featured speaker will be Lauren Hillquist. He will share his slides and adventures with us from when he traveled Alaska and captured the great beauty Alaska has to offer. He is a professional photographer and his beautiful pictures are in many homes throughout the area. Come and enjoy the presentation and last meeting of the season, before many of us return to North Dakota.

**THE SCANDINAVIAN FELLOWSHIP GROUP'S** March meeting is scheduled for Tuesday, March 12th starting at 5 pm. Always great food with a reminder to first time attendees to bring your own plate, eating utensils, and food to share in the potluck serving line. Presentation and election of officers for May, 2019-April, 2020 will take place. Following the elections a DVD presentation by Pat Leege on her photo trip to Oslo and Stavanger, Norway will be shown.



**POT LUCK GROUPS** there have been several concerns. If you do not bring your own place setting please use the paper plates for your place settings.

Be courteous and either throw the paper away or pack up your dishes before you leave, especially if the presentation is in a different room.

A second concern is the amount of spilled food on our new carpet. If someone is not able to go through the serving line, please offer to fill a plate and bring it to them or walk with them and hold their plate and then carry it back to the table. Thank you for helping to make a difference.

**THE GERMAN HERITAGE GROUP** will meet on Monday, March 25th. The potluck dinner will begin at 5 pm so, bring a dish for 8-10 plus your own plates and silverware. The speaker will begin at 6 pm and will be Miriam Hansen who will speak about "Our German Story—a tale of Migration, Emigration, and Immigration"

**All are welcome!**

German Heritage Group



# Desert Hills Lutheran Church Spring Concert

## Music in the Desert



*Sunday*  
*March 10, 2019*

*3:00 pm*  
*free will offering*

*Desert Hills*  
LUTHERAN CHURCH

2150 S. Camino del Sol  
Green Valley, AZ 85622-8352  
[www.dhlc.org](http://www.dhlc.org)

Postmaster: Time Sensitive Material  
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Non Profit Org.

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Permit # 16

Green Valley, AZ

Please notify the church office of any  
address changes.