



Desert Hills
LUTHERAN CHURCH

CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE



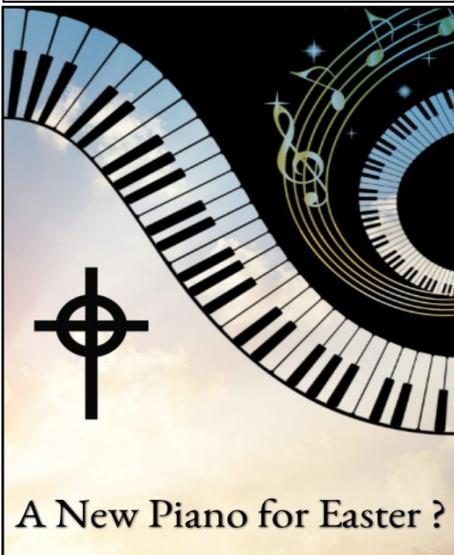
Dear Friends and Members of Desert Hills Lutheran,

Our Lenten journey continues to the cross. Lenten services on Wednesdays continue as well as the 5:00 pm Bible 101 I'm teaching. At the end of the month we enter Holy Week, remembering Jesus' last week. The whole drama unfolds with Maundy Thursday, then three services on Good Friday. Saturday, we begin our Easter celebrations. Easter comes on April Fool's Day this year. I might say some things about that coincidence. Holy Communion will be celebrated at 11:15 only. For all the times see the back cover. It will be a full and joyful weekend to celebrate our greatest holiday, the resurrection of our Lord Jesus.

Also, in the month of March will be our Blessing of the Bikes. This Saturday tradition welcomes two and three wheeled cycles to our property for a blessing of riders, some music, some food, and some showing off our wonderful machines. The date is Saturday, March 3 from about 10:00 am to noon. This year we will have some prizes for different categories of showing off our bikes.

Finally, I sure am hoping that the U of A basketball team represents themselves well in the NCAA March Madness Tournament and may all your teams do well also, (unless of course they are playing the U of A.) Ok, I went for a cheap laugh. Let the best teams win. Pastor Martin

Summary of Council Meeting..... Page 2
 Music Ministry Concert..... Page 2
 Abiding in God's Eternal Care Page 3
 Stephen Ministry Page 3
 Social Concerns Page 3
 Global Missions Page 3
 Blessing of the Bikes & Bikers Page 4
 Foundation Corner Page 4
 Call for Artists..... Page 4
 Buzzings from the Bee Page 4
 Women's Ministry Page 5
 Scandinavian Club Page 6
 North Dakota Social Group Page 6
 German Club Page 6
 Widow's Fellowship..... Page 6
 Men's Ministry Page 6
 Footloose Singles..... Page 7
 Education Committee Page 7
 Blood Drive..... Page 7
 Parish Nurse Notes Page 7
 Holy Week Schedule Page 8



A New Piano for Easter ?

The Yamaha C6X is definitely the state of the art piano. If Desert Hills would like to continue offering first class concerts in their sanctuary, especially featuring piano players, this piano is an important upgrade. The current Baldwin does not hold pitch well - and this matters when it's being played with the country gospel band; and I know it also matters in other services when played alongside the organ or any other instrumental accompaniment.

Amber Norgaard, Saturday Gospel band pianist and vocalist

Our piano would sound fine to anyone untrained because all the keys and pedals work. However, because we are growing and attracting new people in our community, the distinguishing factor to those with a discerning ear is that our piano does not measure up to the quality of service that we offer on Saturdays and Sundays. The Yamaha offers a much better sound and displays itself as a show-piece for our desire to be the "best of the choices" for people to come and see!

Mary Lou Catania, accompanist and pianist for 11:15 service (continued pg 3)

Desert Hills Lutheran Church Council



<i>Judy</i>	<i>Luke</i>	<i>Tom</i>	<i>Barbara</i>	<i>Martin</i>
<i>Gunson</i>	<i>Coker</i>	<i>Royer</i>	<i>Southard</i>	<i>Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

*2nd row left to right
Rob Bonnema, Betty Colongione, bb Haywood,
John Martin, Janice Mounce,*

SUMMARY OF DHLC COUNCIL MEETING – FEBRUARY 20, 2018

The Council approved a spending increase for sound and video system upgrades to the 2018 Budget. Approval was given to the Social Concerns Committee for an “Undie Saturdays and Sundays” drive. Liaison Committee assignments were made. The next meeting will be Tuesday, March 20, 5:30 pm.



MUSIC MINISTRY

We Inspire

March is very busy month for the Music Ministry. We begin with our annual DHLC Spring Concert on Sunday, March 11 at 3:00pm. We will have all four choirs participating and the Joy Ringers bell choir. There is only ONE performance. Admission is free, but there is a free will offering. In addition, we will have four members from the Green Valley Band joining us on a couple of songs. John Snavelly, the Director of the Green Valley Band, will be one of the players in the combo, along with Mary Lou Catania, David Rudloff and Frank Gresham. We are trying to do some community outreach by inviting members from another Green Valley music organization.

Two weeks after the concert will be Palm Sunday which will lead our entrance into Holy Week. Needless to say, this is a very busy time for the DHLC Ministry.



*A member of the Evangelical Lutheran
Church in America*

2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:45 & 11:15 am

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Prayer
Service 11 am in the Chapel
on the 2nd & 4th Sunday of each month

Sunday School Classes
9:30 am K-6th Grade / September–May

Office Hours

Monday-Friday — 8:30am to 4pm

Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is
published monthly.

Email articles for the April issue by
March 15th to quailnotes@dhlc.org.

The Music Ministry
of Desert Hills Lutheran Church
Presents its annual
SPRING CONCERT
Sunday, March 11, 2018
3:00 pm
Free Will Offering

Abiding in God's Eternal Care

Adeline (Addie) Christianson
January 24, 2018

Irma Johnsen
January 24, 2018

Bill Biedermann
February 7, 2018

Don Grossmeyer
February 14, 2018

A HAND UP CAN HELP

If you're feeling sad, hopeless, angry, abandoned, stressed out, or at wit's end -- and are stuck there -- believing that better days will come can seem easier said than done.

But God's gift to us is hope, and that can make all the difference in the world.

Even then, though, we might need help recognizing and accepting that gift from God. That's where the offer of a hand up comes in.

Desert Hills Lutheran's "hand up" comes in the form of Stephen Ministers, 40 trained individuals who serve one-on-one as caring Christian companions guiding the way. To learn more about this path to better days, contact Stephen Leader Faye Mohr at 520-525-2682 or fayemohr@cox.net.



**STEPHEN
MINISTRY**



You can make a difference!! The Social Concerns Ministry has identified a need for the residents of the Girls Home & Boys Homes and Asilo Nursing Home in Nogales, Sonora, as well as the children in St. Andrew's Clinic, Genesis House, and the GV Food Bank. Social Concerns will be asking for your help the weekend of March 10-11. Donations of undergarments will be gathered for distribution to the identified populations. The drive will be called "Undie Saturday & Sunday" and donations of undergarment of every type for girls and boys from infants to adult sized youth as well as diapers and disposable undergarments for the nursing home will be gathered. Receptacles will be located in the hall identified for the drive.

It is your opportunity to make YOUR difference.

A NEW GRIEF SUPPORT GROUP AT DHLC WILL BEGIN, MONDAY, MARCH 19. TO SIGN UP CONTACT THE FRONT DESK.

LEARN ABOUT YAGM (YOUNG ADULTS IN GLOBAL MISSION)

MARCH 14 AT 10:30 AM IN THE CHAPEL.

Nate Zimdars, a YAGM who served in Senegal last year, will be here telling about his experiences. Nate, a dairy farm boy from Wisconsin and U of Wisconsin grad, served helping develop a yogurt and cheese industry in a remote part of Senegal. Nate will give us a first-hand account of the effectiveness of the YAGM program. He was one of almost 100 young adults volunteering world wide for the church. All are welcome!



Since music is such an integral part of the worship experiences at Desert Hills, I feel it is very important that the musicians have a quality instrument to support and enhance their talents. The Baldwin piano that is currently being used in the sanctuary has seen better days, and definitely needs to be replaced. The inability of the piano to maintain pitch limits using the piano with the organ and impacts the choir during its presentations of anthems.

I was impressed with the deal on the Yamaha C6X that Hachenberg and Sons extended to Desert Hills and would like to encourage the church to purchase the new Yamaha C6X as soon as possible. Kay Albrecht, New Member, 2017

BLESSING OF THE BIKES AND BIKERS (Trikes Too!)

All are invited for food, fun, music and blessings! Saturday, March 3, 2018

10:30am: Bikes and Trikes on Display, Music will be provided,
Best of Show Prizes for:

Custom | Classic (25 years or older) | Stock (less than 25 years old) | Trike

11:00am: Lunch (\$5 suggested donation) Shade & Seating Provided

11:45am: Blessing of Bikes & Bikers

3:00pm: Country Gospel Worship Service (optional)

Bikers, bike lovers, music lovers, friends ... all are welcome!



CORNER

FOUNDATION



LOOKED AT YOUR WILL LATELY ?

When you have an attorney write your Will you have taken a basic step in making an estate plan. Your Will provides for the orderly distribution of assets after you are gone to be with God. Your Will establishes a legacy for the things you care most about. Your family and other dearly held values can be strengthened by being named as recipients of bequests in your Will. Increasingly, church members are naming their congregation and/or the church at large as recipients of a bequest. This comes as a dearly held belief in the mission of the church to spread the Gospel of Jesus Christ as a means of making this world a better place to live.

A will needs to be reviewed from time to time to make sure it is up to date. As time passes, any number of issues may change. Changes may occur in the lives of your beneficiaries such as an address or phone number. A change may occur in your priorities. Maybe you have been inspired and convinced that a certain mission needs your help.

At Desert Hills Lutheran Church Foundation we strongly encourage all of our church members to have a Will and from time to time review it to make sure it reflects your current values. Of course, the Foundation would like to be named as a beneficiary, but we also advocate naming Desert Hills Lutheran Church. Either way, you will strengthen our mission in this community and in this world.



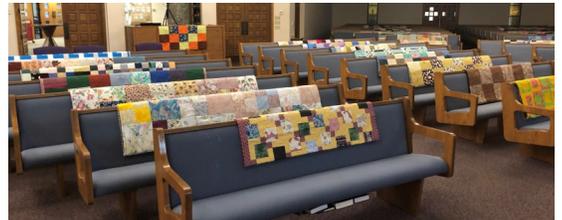
ARTISTS FOR THE NARTHEX

Would you like to show at DHLC in the narthex? Please contact Beth Ray at bethrayart@gmail.com. We hope to expand to fiber arts, collage and paper as well as photography, and abstract and traditional painting. Share wall space with a friend. All work must be wire hung to work with our hanging system.

BUZZINGS FROM THE BEE AND BOUTIQUE BANTER



Women's ThankOffering weekend gave us an opportunity to display and sell some of our work with quilts over the pews in the sanctuary. If you missed out, a limited number of quilts may be purchased throughout the year from Sewing Bee with additional quilts offered at the fall Boutique.



In February you blessed us with generous donations of material goods, financial help, and prayers for our endeavors. We give thanks for your support in keeping our proceeds 100% for charity.

We have resumed a bandage-rolling project for Global Missions. Discarded white sheets are cut into long strips, rolled, and sent to third world counties for use as coverings over sanitary wound dressings.

If you find yourself staying inside during the March winds, consider starting on Boutique donations for November 10. Stop in on Wednesday mornings in the fellowship hall from 9-noon (coffee at 10) to see how you can participate and meet the wonderful group of quilters. Each week we see a kaleidoscope of projects destined for our charities.

Contact: Diane Johnson, 399-2810



*“As a community of women created in the image of God,
Called to discipleship in Jesus Christ, and
Empowered by the Holy Spirit,
We commit ourselves to grow in faith,
Affirm our gifts,
Support one another in our callings,
Engage in ministry and action and
Promote healing and wholeness in the church,
The society and the world.”*

*“When Jesus sent people out in ministry; he sent them out
in twos. He did not expect them to minister alone.”*

(Mark 6:7) – **What we do:**

First Mondays – Bible Study – 9:00 am to 10:30 am –
Fellowship Hall – March 5, 2018- Barb Rapp will lead us
about “Preparing the Way of the Lord”. Bring your bible
and join us. Treats will be provided by our Hostess Carol
Klapmeier .

Hostesses provide treats at 9 a.m. and are needed for the
First Monday Bible Studies for the months of March, April,
May, October, November, December. Please Call Suki, 702
-493-7436, if you are able to provide this nourishment.

Board/Team Meetings will be held after Bible Study on
the First Monday. See Front Desk For Room.

Second Mondays—Luncheons – 11:30 am to 1 pm –
Fellowship Hall March 12th— Speaker will be Laura
Romero, Director of “St. Andrews Clinic”. Lunch will be
provided by Lynne – Baked Potato/Sweet Potato Binge
All tickets for the Women’s Luncheon must be purchased
either at the previous luncheon, at Bible Study, or at the
front desk, including Sundays until noon, by Wednesday,
March 7th before the luncheon on March 12th.

The Sewing Bee meets every Wednesday – 9am to noon-
Fellowship Hall. Check out their Buzzings from the Bee and
Boutique Banter in this issue for more information.

*“Let each of you look not only to our own interests, but
also to the interests of others.” (Philippians 2:4)--DHLC
WELCA women care by... “**promoting healing and caring**”*

Prayer Shawl Ministry will be on March 20th from 1:00
pm to 2 pm in the DHLC Library. If you like to knit, crochet,
or weave, this is the place to be. We collect finished
shawls and begin work on new ones. Shawls are
distributed with the help of Stephen Ministers and our
visitation pastors, to people in need of comfort. For
information, contact Karla Neumann kneumann4@cox.net

Save your Box Tops and Labels for the Navajo Evangelical
Lutheran Mission School, Rock Point, AZ. The collection
box is attached to the Women’s Ministries bulletin board
in the Fellowship Hall.

*“Therefore, brothers, be all the more diligent to make
your calling and election sure, for if you practice these
qualities you will never fall” . (2 Peter 1:10) --**affirm our
gifts, support one another in our callings:***

“Mad Hatters Tea Party”

Saturday, March 3, 2018- Our very own Bonnie
Willemsen, Author, Columnist, Humorist will be speaking
at the Sunrise/Sant Cruz Annual Spring Gathering “Mad
Hatters Tea Party” at Mt. Zion Lutheran Church, 4520 W.
Ajo Way, Tucson, AZ. The Gathering is from 8:30 am to
2:30 pm and only costs \$10.00. Prizes will be given for best
attire: wear what the Queen would expect? Hat? Gloves? –
Your Christian sisters will decide the 1st prize winner.
Continental breakfast and lunch are included. Hopefully
you brought your gifts for the Gift Basket at the February
luncheon.

Save the Date: Saturday, April 14, 2018, 9 am to 2 pm-
Lutheran World Relief Ingathering Event- We save money
by collecting all of our quilts and kits and drive them to
Shepherd in the Valley to meet the Lutheran World Relief
truck. Log onto lwr.org and click on “get involved” for
specific instructions.

*“No distrust made him [Abraham] waver concerning the
promise of God, but he grew strong in his faith as he gave
glory to God, fully convinced that God was able to do what
he had promised.” (Romans 4:20-21) —*

To figure out how to “grow in Faith and Engage in Ministry:

Gather Magazine is only \$19.95/year. See
www.gathermagazine.org Canyon Echoes from the
Women of the ELCA Grand Canyon Synod. See
www.grandcanyonwomen.org

BOLD Connections – a free monthly e-newsletter of
Women of the ELCA. Sign-up at www.womenoftheelca.org

Pick up our Women of the ELCA
2018 Women’s Ministry pamphlet at DHLC
which will be your “Bible” for all of the
women’s events for 2018.





SCANDINAVIAN CLUB'S monthly meeting is scheduled for Tuesday, March 13 starting at 5 pm. Always great food with a reminder to first time attendees to bring your own plate and eating utensils and food to share in the potluck serving line. Business meeting will include election of officers to serve next year. Program features Rev. Charles Berdahl's introduction and context of "LETTERS FROM AMERICA; The life and times of O. E Rolvaag." It is a ½ hour film biography of the author of Giants in the Earth, married to Don Brown and Charles's cousin, Jennie Berdahl. Dr. Gerald Thorson, St. Olaf writes: "LETTERS FROM AMERICA" catches the force of Rolvaag's depiction of American immigration through a unique blend of film, text and music. Note: Charles Berdahl attended Luther Seminary with Pastor Lind.

THE NORTH DAKOTA SOCIAL GROUP will meet. Monday, March 19 at 1:30. Murray Sagsveen will give an update on Lutheran Social Services following the lunch. Thank you once again to Wally Mohr for the very interesting National Park presentation at our January meeting. It was enjoyed by all. See you all in March.



THE GERMAN CLUB will host a pot luck dinner on Monday March 26th beginning at 5 pm at DHLCL. Our program will be a "Patriotic Tribute to Harlan Rosvold and his brother Marvin." Please bring a dish for six to eight plus eating utensils. All are welcome.

WIDOW'S FELLOWSHIP Did you know that 45% of women aged 65 and over are widowed? Or that one third of women who become widowed are younger than age 60? Or that the "average" widow is widowed for 14 years? I certainly wasn't aware of those statistics, and I clearly never expected that I'd become a widow; most of us don't plan for that... Widows' Fellowship is a gathering of women who offer mutual support, a listening ear, ideas on what's been helpful for them, and resources available. We don't have all the answers, but we've lived the questions. If you are a widow, or know of a widow who might find this gathering helpful, please come (or encourage the widow to come). This is a widows only group, and we meet the 1st and 3rd Sunday afternoon monthly from 2-3 PM in DHLCL library.

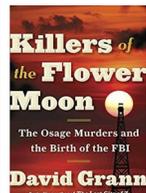


MEN'S MINISTRY AT DHLCL



MEN'S PHOTOGRAPHY GROUP will meet Monday, March 5th at 1:30 pm.

BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group.



The new book: Killers of the Flower Moon: The Osage Murders and the Birth of the FBI will start on March 14th as we still have 2 more weeks on the present book.

MEN'S BIBLE STUDY
Thursdays at 1 pm.



MEN'S HEALTH Monday, March 19 at 8:30 a.m. Sherri Porterfield, RN, of Arizona Oncology will discuss skin cancer.



MEN'S MONDAY COFFEE FELLOWSHIP is back in full swing, Mondays 7:30 @ the church. Come join us.

MEN'S FELLOWSHIP BREAKFAST March 22, 2018, 8:30 am. The speaker will be Tom Bradley, Commercial Freighter Captain.



Handy Man Services is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services please, contact Marv Berke at 520 425-7229.





Food.Culture.History
TASTE OF TUCSON
 Culinary & Cultural Tours
Downtown



Footloose Singles



Friday, March 23 the Footloose singles will take the Taste of Tucson Downtown Culinary and Cultural Tour. The tour combines architectural commentary and history of the downtown and local culture, a ride on the streetcar, 5 pre-selected restaurant tastings and culinary insights into a unique 4-hour experience. Wear walking shoes. Limited to 13. Pre-pay \$65 at the office by March 14. Make checks out to Barb Blank. Meet at church at 11:50 to carpool, or if you would prefer to carpool from Quail Creek, please call Diane Clark 625-5786 to make those arrangements. Call Barb Blank at 218-349-8253 for tour information.

Desert Hills is honored to offer three presentations at the church by Matthew L. Skinner, Professor of New Testament March 17 & 18. Dr. Skinner is a graduate of Brown and Princeton Universities. He has been at Luther Seminary in St. Paul since 2002. His recent books focus on the New Testament, especially the Book of Acts, where he explores how we best read Acts so it informs our understanding of God, Faith and the Purpose of the Church. Come to any or all; sessions are free and open to the public. Invite your friends to hear this outstanding professor. Saturday, **March 17 10:00 am** Life Turned Upside Down: How the Church Should Express New Ways of Living; Saturday, **March 17 1:00 pm** Assumptions Turned Upside Down: How the Good News is Always Disruptive News; Sunday, **March 18 10:00 am** Relationships Turned Upside Down: There is No Such Thing as a Lone Christian
Sponsored by DHLC Education Committee



Please give blood.

American Red Cross

Blood Drive Tuesday, March 6th
 Fellowship Hall 9am to 2pm
 For more information, or to schedule an appointment, please call Anna Tometczak, RN—Parish Nurse at 520 648-1633 ext. 37 or American Red

Cross at 1-800-733-2767 or visit redcrossblood.org and enter sponsor code: Desert.
 Walk-ins are welcome, but appointments take priority, so make yours today.



NOTES

Incorporating spiritual values into health education

True or false? You should get tested regularly for colorectal cancer starting at age 50. Answer: Starting at age 50, get tested regularly for colorectal cancer.

For Better Gut Health

- Eat slower. Chew your food well before swallowing. It may help you swallow less air and better sense when you're full.
- Enjoy smaller meals. Eat in moderation to avoid overfilling your stomach and encourage digestion. A packed s
- Stomach may also cause reflux, or your food to come back up.
- Set a bedtime for your gut. Try to limit how much you eat after dark. Your GI tract is most active in the morning and daytime.
- Manage stress. Learn healthy ways to reduce stress like relaxation breathing, mindfulness, and exercise. Stress makes it harder to digest your food well.
- Create a routine. Try to eat around the same times each day. Your GI system may do best on a schedule.
- Consider probiotics. Talk with your doctor about taking probiotics (supplemental healthful bacteria). They may ease constipation and IBS symptoms.

Contact your doctor right away if you have:

- sudden sharp stomach pain that doesn't go away
- black or bloody stools
- vomit that is bloody or looks like coffee grounds

Resources: How the digestive-system-works National Cancer Institute - Colorectal Get Screened National Cancer Institute - Gut Check - Cancer

May you be restored to health and all your wounds healed... Anna Tometczak, RN – Parish Nurse



Lenten Worship Services

March 7 Bob Dalm	March 14 Vicki Gunness	March 21 John Martin
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Wednesdays: Soup Supper 6pm - Fellowship Hall, Hymn Sing 6:45pm Sanctuary - Worship 7pm Sanctuary

Celebrate EASTER!

MAUNDY THURSDAY 7 pm	GOOD FRIDAY Noon 3 pm Gospel Trio 7 pm	EASTER SATURDAY Country Gospel 1, 3, and 5 pm Dinner 6 pm	EASTER SUNDAY Sunrise 6:30 am 8, 9:45, & 11:15 am Holy Communion 11:15
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