

CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE

Dear Members and Friends of Desert Hills Lutheran,

The days are hot but mornings and evenings are beautiful. We will wait in anticipation of the monsoon season, always a favorite of mine. I'll toss rain gear into the trunks of my motorcycle.

Let me highlight some things for July.

- *The Social Concerns Committee will be collecting school supplies in our Annual Back to School Drive. Yes, teachers report back to school on July 29th.*
- *Rev. Wally Mohr is repeating his class on Basic Religious Beliefs. He is beginning on July 9th and classes will meet on Tuesday, and Thursdays for three weeks in the fellowship hall from 1:00 to 2:30 p.m.*
- *Gordon Swanson our masterful Organist is holding a thank you concert on July 14th at 3 pm. Look for his article about the concert in this issue. This concert is a gift from Gordon to all of you.*
- *Global Mission committee hosts our Annual Christmas in July for two week-ends, July 13 & 14, and 20 & 21.*

Looking ahead to August: new member classes begin on August 1, The Global Leadership Summit is on August 8 & 9 and for the first time we are presenting two Monsoon Concerts on August 21 at 3 pm and 7 pm. Get your tickets soon at www.dhlc.org or at the front desk. This is a terrific summer concert.

Finally, July holds the most important birthday of the year. No, not mine. Happy Birthday Julie!

See you at worship, Pastor Martin

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7th Annual Monsoon Concert

August 21, 2019 — 2 shows

3pm & 7 pm

Tickets \$25

Available online now at (dhlc.org) or at the front desk after July 6th



Desert Hills Lutheran Church Council

<i>John Martin</i>	<i>Judy Gunson</i>	<i>Tom Royer</i>	<i>Barbara Southard</i>	<i>Martin Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

*2nd row left to right
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

Notes from Council Meeting June 25, 2019 The Council met on Tuesday, June 25th and received reports from Pastor Martin, Tom Royer, Treasurer and Melissa Buscho, Administrator. Council approved sending money held by DHLC for youth camps to The Sportsmen’s Fund to provide scholarships for kids to attend summer camps. The Sportsmen Fund has been funding youth camp scholarships since 1947. A security update was provided, and council approved moving forward with the requested expenses to expand the security initiative. Jane reported that the transition team is making good progress with two plans. One for Pastor Martin’s eventual retirement, which is some time in the future, and the other plan is an emergency plan if one of our pastors should be in an accident or health issues arise. The next council meeting is scheduled for August 20th at 4pm.



EVERYONE HAS INFLUENCE

Sign up at dhlc.org. Use code **gls19team** and if you want to attend at another location use code **Site2Site**
Cost is \$119 for both days and lunch.



Core Value # 1 Christ-Centered

Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:30 & 11 am
Nursery care available for infants to age 5 at the following services:
Saturday at 3pm & 5pm;
Sunday at 9:30 am & 11am.
Sunday School at 9:30 am grades 1-6
October thru April

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Service
2nd & 4th Weekend of each month
Saturday at 4:15 pm & Sunday at 10:30
am in the Chapel

Office Hours

Monday-Friday — 8:30 am to 4 pm

Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is published
monthly. **Email articles for the August
issue by July 15th to
quailnotes@dhlc.org.**

Organ Moods Concert

The concert will be Sunday, July 14,
at 3 pm. Gordon Swanson will be
performing a free organ concert so
please come and enjoy the music.
Joining Gordon will be fellow DHLC
organists Marilyn Jaeger and Joan
Bystol. As the title states, the pro-
gram will showcase the different
styles and colorations of music that
can be played on the organ with an emphasis on contemporary, upbeat, rhythmic
music. Come and enjoy organ music selected for a relaxing summer afternoon.



We are saving the “serious classical music” for the February Organ Concert.

Basic Religious Beliefs Course at DHLC in July

Tuesdays and Thursdays 1 pm - 2:30 pm
July 9 | 11 | 16 | 18 | 23 | 25



Rev. Wally Mohr will teach a basic course in Christian Theology
that he has taught several times at DHLC in the past.

Here are some questions that will be raised:

- Where does your God reside?
- How do your emotional needs determine the church/religion you choose?
- What makes the Bible “Holy”?
- Was Jesus really human or did he merely “act” human?
- Is the Bible flexible or inflexible to history?
- Is there a difference between the religion of Jesus and the religion about Jesus?
- How and why did doctrine and creeds develop?
- Is there a difference between belief and faith?

No advance sign-up is necessary. A brochure listing the topics (by date) is available on the literature table by the south entrance. Come to many of the sessions as you wish. The class is open to members and friends.



MAKING A DIFFERENCE IN OUR COMMUNITY

A "Back to School Drive" will be held the month of July by the Social Concerns Ministry. The purpose of the drive is to provide the teachers with school supplies to give to children from low income families as needed. Please bring your donations during the month of July.

Below is a list of the needed supplies:

- | | |
|-----------------------------------|------------------------------------|
| Backpacks | Fiskars scissors |
| Pencil pouches for 3 ring binders | Post It notes |
| 3 x 5 index cards | 12 inch rulers |
| Glue sticks | Glue bottles |
| Pencils | Pink Pearl erasers |
| Box of 24 crayons | Colored pencils |
| Dry erase markers | Washable markers (thick or thin) |
| Sharpies | Colored pens (red, blue, black) |
| Highlighters | Wide ruled spiral notebooks |
| 3 ring binders | 2 pocket folders |
| Graph composition notebooks | Clipboards |
| Kleenex tissues | Clorox wipes |
| Hand sanitizers | College ruled loose leaf paper |
| Wide ruled composition notebooks | Medium plastic school supply boxes |



Cash is also appreciated; place a check payable to DHLC with Continental School Teachers' Fund on the memo line.

Assistant Administrator Position Filled

We are happy to announce that Mary McNichols has accepted the position of assistant administrator for DHLC. Mary has over 25 years of experience in education; serving most recently as the principal at Continental Elementary School District. She brings a diverse set of skills in administration, leadership and team building. Mary is excited to share her passion for helping others and is looking forward to being a part of an organization which gives so much to our Green Valley community and beyond.

I am truly grateful for the flowers, the memorial gifts and the many cards. It is a blessing to belong to such a caring, generous congregation. Thank you all very much. Lil Pope



Tables for Eight Update

We have collected all the registration information from everyone who registered for the fall 2019 session of Tables for Eight. The turnout was excellent. We are currently organizing all the groups and expect to be ready to send out information concerning your new groups by late July. Stay tuned.

Red Cross Blood Drive

Date: Tuesday, July 30, 2019

Time: 9 am - 2 pm

For more information or to schedule an appointment please call Anna Tometzak, RN, Parish Nurse (520) 648-1633 Ext 37 or visit redcrossblood.org and enter sponsor code: **Deserthills**

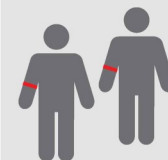


URGENT need for donors

About **80,000** fewer donations than expected since May.



We're half way through the summer, but you can still help.



2 extra donors per drive will ensure blood products are available for patients this summer.

Summer movies are back again and open to everyone at DHLC. This summer, the Singles Fellowship will sponsor three Friday afternoon movies during June, July, and August. Bring your spouse, bring a friend or come alone to get out of the heat, enjoy some refreshments and be entertained with three outstanding movies. All movies start at 12:30 in Fellowship Hall. \$2.00 donation with "proceeds going to Lutheran charities."



July 12 - ALPHA. An epic coming of age adventure set in the last ice age. A young boy becomes unlikely allies with a lone wolf enduring countless dangers and overwhelming odds to survive the harsh wilderness and find their way home before the deadly winter arrives. This is a story of how the wolf became domesticated and became man's best friend. A movie for all dog lovers and for anyone who marvels at the devotion of our pets with

their owners. "Nothing in the world can compare with the love and loyalty of a dog for his owner."

August 16 - BREAKTHROUGH is based on the inspirational true story of one mother's unfaltering love in the face of impossible odds. Witness the power of faith, prayer, and the Holy Spirit!



BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

As summer begins to sizzle, the Sewing Bee group gathers in the DHLC library to sew, cut, sort, pin, tie, chat, laugh and stay cool. You are invited to join us every Wednesday from 9 to noon. We break at 10:15 for refreshments and conversation. It's a fun and fulfilling way to spend a summer morning.



Sadly, we lost a very special member of our group in May. Doug Pope was 93 years old and the only male member of the group. Several years ago, he dropped by one day to donate some of his wonderful tote bags to sell at Boutique. When he saw what we do, he decided that he would like to make quilt tops (he said he did it for his wife, Lil – it kept him busy). Every few weeks he would stop in, pick up a bunch of squares, take them home and put them together. He'd be back with an armload of lovely quilts and pick up more squares. He liked the 4" squares the best because they took longer to put together. We estimate he made about 50 quilt tops a year. He was an amazing and generous man and is missed very much by the Sewing Bee ladies.

Several students from Flowing Wells High School fashion classes made six beautiful quilt tops which we offered to complete. The first year students of Kimberly Lloyd (Mary Braswell's daughter) were participating in a community service project and the quilts were donated to Youth On Their Own by the class.



Another reminder that our Fall Boutique will be on Saturday, November 9th. The success of this event depends on the many creative and generous people who share their time and talent to donate so many wonderful items. We are always looking for new contributors. If you are interested, please contact Marcia Cleary: 507-420-2881, mgcleary@hotmail.com, or Jeanette Heath: 480-338-9650, jjheath100@outlook.com.

Seventeen lap robes were donated to next spring's Honor Flight participants.

Submitted by Mary Johnson, 520-207-8408, tomaryj@gmail.com



Women of the ELCA: What is it? If you attend DHLC, you are a part of this vibrant women in ACTION group! Our purpose is as follows: *“As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action and promote healing and wholeness in the church, the society and the world.”* **Information on what we do in our church, our community and our world can be found in the latest edition of the Women’s Ministries booklet available at all of our events and in various locations around the church. Come and See.**

What is better than a one-time special occasion card for a special person in your life? A 10 month subscription to the prize winning **Gather magazine** for only \$9.95 (that’s a half price special)!! Call 884 409-0576 directly for this special, limited offer.



Women’s Luncheon - Canceled for the months of July and August.

Women’s Ministries Board Meeting - None during the summer.

Bible Study - On your Own - Study the Book of Esther from the Gather Magazine Bible Study from Rt. Rev. Moravian Bishop Kay Ward.

Save the Dates:

September 9, 2019 - Women’s Luncheon - Fellowship Hall “Personal Experience of 9/11-Ground Zero”

November 8-9 – Grand Canyon Synod WELCA Retreat – Love of Christ, Mesa – “Beauty from Ashes”

November 9 - 17th Annual Fall Boutique - Fellowship Hall

January 18, 2020 - Gather Bible Study Event – Christ the Servant, Henderson, NV – “Vocations and Callings”

February 23-24, 2020 - Thankoffering weekend

March 7, 2020 - Sunrise/Santa Cruz Annual Spring Gathering - Sierra Vista, AZ



Rt. Rev. Moravian Bishop Kay Ward

Women came from eight different churches (Sierra Evangelical/Sierra Vista; Streams in the Desert, Santa Cruz,



Beautiful Savior and New Spirit/Tucson; Living Water/Scottsdale; Spirit of Grace/

Surprise; Foothills United Methodist/Rescue, CA) on Friday, June 7 to hear from

Gather author, Rt. Rev. Bishop Kay Ward tell the story of Esther. Audience members

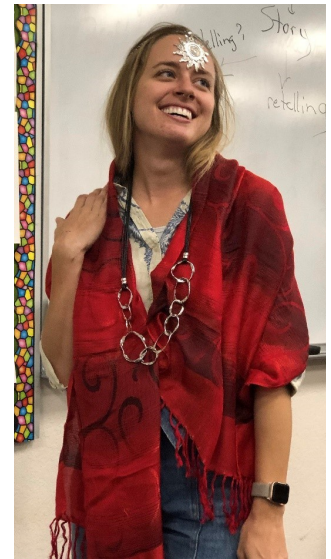
joined in a Mini Theatrical Production of “For Such a Time as This” bringing many laughs

and some indelible memories for the future. Kay entertained once again on Saturday

morning with “Don’t Just Live – Thrive!”, a play on “Thrivent” which supplied an Action Team

to purchase some of Kay’s books and a plethora of food and water for both events.

Much learning (“Who are the Moravians?”), insight and good times were had.



Abiding in God's Eternal Care

Jane Brownlee
May 31, 2019

Dolores Freckmann
June 7, 2019

Don Palmer
June 13, 2019



NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

“For you were bought with a price. So glorify God in your body.”

1 Corinthians 6:20

Meal Planning and Prepping Tips

Meal planning is a vital part of eating a healthy diet. The key to cooking consistently healthy food on a smart budget is planning and preparation. Meal planning simply is a way to ensure that you've got pantry, fridge, and freezer staples on hand to whip up healthy, well-balanced meals.

- Prepare a detailed grocery list that has specific recipes in mind. Section off your list to include fruits, vegetables, grains, dairy, protein, other, and treats.
- Schedule a weekly trip to the grocery store or explore curb-side pick up. Online ordering with delivery will save time.
- Shop your pantry first. Base your weekly recipes on what you've already got on hand.
- Come home with more than a bag of good intentions! Chop those vegetables up and store in containers ready for use. Plan to use them on nights when your schedule is pressed for time.
- Establish theme nights to help with planning and variety. Have a healthy pizza night, a slow-cooker day, or a soup/salad and sandwich night.
- Pick up broccoli slaw for salads. Broccoli slaw is pre-cut, tastes great, and keeps well.
- Make a simple vegetable soup. Freeze soup in zip-top bags lying flat on a cookie sheet. They will stack easily, and the soup is healthier than canned soup.
- Cook shelf-stable spaghetti squash and serve with pasta sauce for a quick Italian dish.
- Precook staple ingredients for a veggie bowl; include a grain, such as quinoa, couscous, or brown rice. Precook a vegetable, such as roasted broccoli or Brussel sprouts. Or dig into the frozen veggies you keep stocked in your freezer.
- Supplement precooked grains and veggies with an easy protein, such as boiled egg or cheese. Voila! You have a healthy meal!
- Invite a friend over to fellowship in the kitchen with you while you both tackle your meal preps.

Meal planning and prepping will save you time and money . Enjoy some of the recipes in these resources.

<https://www.loveandlemons.com/healthy-meal-prep-ideas/>

<https://www.delish.com/cooking/g25620421/meal-prep-recipes-ideas/>

<https://www.saltysidedish.com/bacon-wrapped-asparagus/>

<https://healthyrecipesblogs.com/roasted-brussels-sprouts/>

... Anna Tometczak, RN, Parish Nurse



Widows' Fellowship

David Brooks, in his book *The Second Mountain*, wrote marriage "sometimes is felt most powerfully after it has gone." A similar quote from an unknown author says "When someone you love becomes a memory, the memory becomes a treasure." Those quotes spark our Widows' Fellowship conversation. We share such memories and ways that we treasure them as we continue our journey through life.

If you are a widow, come join with us. Widows' Fellowship meets the 1st and 3rd Sunday at 2 pm in the DHLC library. If you have questions, call Debi Shippy 520 405-7005. Come, join us.

What do Stephen Ministers Do? They are lay Christians selected, trained, and supervised by their Congregation's Stephen Leaders to provide effective, one-to-one Christian care to others.

If you would like to Have a Stephen Minister, please contact: Nancy Borstad
rborstad@yahoo.com 719 510-8005 or Dick Hill dickehill44@gmail.com 520 499-2491

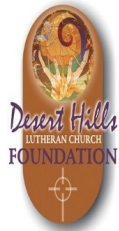
If you would like to BE a Stephen Minister, please contact: Carolyn Hill
carolynhill@bellsouth.net 520 499-2491



**Remember Fair Trade Sales are only one weekend in July.
Stock up on July 13 & 14.**

CORNER

FOUNDATION



FACING CHALLENGES

During the last few years our Desert Hills Lutheran Foundation has been blessed with strong support by members of our congregation through current gifts of cash as well as some estate gifts that have come our way. These gifts in addition to some very fine returns on our investments managed by the ELCA Foundation have created a basis for us to increase our ability to accomplish our mission. However, history shows that investment markets fluctuate between a “bear” market and a “bull” market. Therefore it is not a sure thing to have such positive returns on investment. This can present challenges for organizations such as Desert Hills Lutheran Foundation. So we must continue to seek the strong support of members of our congregation.

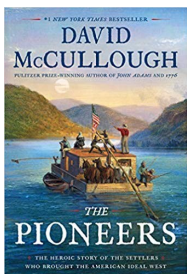
Current gifts of cash, appreciated stock and IRA distributions are some of the most effective ways to make a difference to assure the health and wellbeing of our foundation. Please consult your financial advisor. Can you help?

MUSIC MINISTRY *We Inspire*

This summer, the choirs have come up with a new “subtitle” for our special music. To us, we feel we support each worship service by presenting a “2nd Sermon” with words and music. Our goal is to lift the spirits and touch the hearts of worshippers. We love being in our Sunday worship services and having the opportunity to present a second sermon with music.

Please save Sunday, July 14 @3:00 pm for an organ recital. This is Gordon’s gift to the congregations. There will not be a free-will offering. Just come and enjoy.

MEN’S MINISTRY AT DHLC



BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel’s Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: *Riding Behind the Padre* by Richard Collins. Next book “*The Pioneers*” by David McCullough, starts July 17.

HANDY MAN SERVICES is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszal, 520 903-7188.



MEN’S FELLOWSHIP BREAKFAST Meets the 4th

Thursday of the month. July 25 the speaker will be Richard Hill. His topic is hospice care.

MEN'S PHOTOGRAPHY | MEN'S BIBLE STUDY | MEN'S COFFEE FELLOWSHIP | MEN'S HEALTH GROUP

All are on break until the fall.



**First weekend is
July 13 & 14.
Second weekend is
July 20 & 21.
Come by the tree in Fellowship Hall
and purchase an ornament to place
on the tree to support those less
fortunate. Help us “Make a Difference”**

Council Update

Recently, you were informed of the creation of a transition planning team. That team is tasked with developing a plan for the eventual call of a new pastor if and when Pastor Martin may decide to retire.

I want to reiterate that Pastor Martin has not indicated any desire to retire now or in the near future. In fact, he has shared with us that the earliest he may even consider retirement is when he turns 70 years of age. That is four years in the future. But the reality is that he will retire at some time, then or later.

DHLC continues to be a growing and dynamic church. This did not happen by accident. Previous councils along with Pastor Martin and staff had the foresight to look to the future and plan accordingly. The transition planning team is a continuation of the forward-looking planning that must take place to keep us growing, dynamic and a leader in the Green Valley community.

The team has been formed and it is a great one. Jane Brunckhorst, current council member, is the team leader and is joined on the team by Pastor Ken Nyhusmoen, Luke Coker, Bruce Rader, Nancy Borstad, Betty Fahey, and Paul Klueber. Each team member knows our church history, culture, and mission. They will do a fantastic job!

Their goal is to have a transition plan prepared in time to present at the annual meeting in January 2020. Once the plan is completed, it will be “on the shelf” until we need it. It will be updated as needed as time goes by.

I want to make it very clear that nothing they are doing is secret. They, as well as your council members, can answer any questions you may have. I urge you to reach out to us if you do have questions or would like more information. As I noted in my previous update, we will continue to enjoy Pastor Martin’s ministry and encourage him to just keep on planning for retirement but not implementing his plan for quite a while.

John Martin Council President