

2020

HAPPY NEW YEAR

Desert Hills
LUTHERAN CHURCH

Quail Notes

January 2020

CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE



Dear Members and Friends of Desert Hills Lutheran,

Happy New Year!!! Every year is so exciting because we never know how it is going to turn out. We know there will be moments of great distress and tragedy, but we also know there will be moments of great joy and happiness. As Christians we know that no matter what, God will walk with us through whatever comes our way.

On Sunday, January 26 at 12:45 pm we will hold our annual meeting. There will be a complimentary light lunch at 12 noon before the meeting .

This past year the Congregation Council appointed a Transition Team to begin looking at preparations for a transition in case of an emergency or when I decide to retire. The Congregation Council directed the team to establish a two-step approach for a transition. First – Establish a plan that will be the blueprint for the selection process. Second – Provide the materials and information necessary for a Call Committee. The team worked hard for seven months and is now ready to present the information to the congregation. They have created an excellent Church Profile. I will be using this profile for my new member classes.

Also, your council and other leaders will be meeting with our consultant, Kevin Ford, to discuss our path for the future. We have had some amazingly blessed years. Now is the time to discern as much as possible God’s will for our future. We have a new group of people beginning the new member class on January 2nd either class at the 9:30 am or 6:30 pm time in our Library. If you want to learn more about Desert Hills Lutheran Church, please call our Front Desk to sign up for the classes.

Happy 2020!

Blessings, Pastor Martin

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January 17, 2020 Tickets — \$20



There will be NO ticket sales in the Fellowship Hall. All tickets will be sold at the Front Desk 8:30-4 M-F. 2:30-5 Saturday and 8:30-11:30 Sunday. Ticket orders may be taken over the phone with a credit card only. These orders will not be mailed, but placed in an envelope with your name and phone number. The tickets will be available the evening of the dinner at a will call table in the narthex near the table where seating numbers will be given in exchange for the ticket.



Desert Hills Lutheran Church Council

<i>John Martin President</i>	<i>Judy Gunson Vice President</i>	<i>Tom Royer Treasurer</i>	<i>Barbara Southard Secretary</i>	<i>Martin Overson Pastor</i>
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2nd row left to right
Rob Bonnema, Jane Brunckhorst, Mark Catlin

The Council Minutes from November 17, 2019

John Martin called the meeting to order, and Pastor Martin started the meeting with prayer. Pastor led us in discussion of Chapter 9 of "Canoeing the Mountain." Pastor mentioned upcoming events: Amber's concert, the Lutefisk dinner, and the Martin Luther King church service. Tom Royer stated that our church financials continue to look good and he commended the staff for keeping expenses down. Melissa mentioned that our benevolence giving is ahead of 2018 giving by 9-1/2%. Thank you notes will be written to Mike and Linda Touzeau for their leadership of the Sermon Discussion Groups, John Martin for preaching the Thanksgiving sermon, and Joe Mazur and his helpers for all their hard work on the Stewardship dinners. Council unanimously approved the addition of the Sahuarita Food Bank to the food drive at church in January. The members of the Campus Upgrade Team were unanimously approved. Discussion ensued on the annual budget and Melissa was commended on her hard work and a projected balanced budget.



The exhibit in the halls of the church through January is the photography of Lauren Hillquist. He has been a photographer since early childhood (remember Brownie?), spent many years with film photography and in 2002, changed to digital photography. He has never had a lesson. As he says, "God not only gave me what talent I have, He also let me know I had it!" His favorite photography is nature of all kinds - Nature is God. Any of his pictures are for sale in all sizes on various papers which he prints himself, or on canvas or metal that is done by a professional firm. If you have any questions or photo desires, you can call him at 520 609-3858.

Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:30 & 11 am
Nursery care available for infants to age 5 at the following services:
Saturday at 3pm & 5pm;
Sunday at 9:30 am & 11am.

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Service
2nd & 4th Weekend of each month
Saturday at 4:15 pm & Sunday at 10:30
am in the Chapel

Office Hours

Monday-Friday — 8:30 am to 4 pm

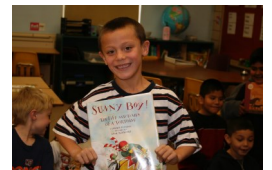
Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is published monthly. **Email articles for the February issue by January 15th to quailnotes@dhlc.org.**

MAKE A DIFFERENCE...PUT A SMILE ON A CHILD'S FACE WITH A BOOK

The table for donations will be in the west entrance on the weekends of January 11th & 12th and 18th & 19th. The books will be for children at Continental School and Home for Children in Nogales.



There will be a special service on Monday, January 20, 2020 in honor of Martin Luther King Day. Pastor Joan Monk-Mason will deliver the message "Do the Right Thing." The service will be in the sanctuary at 10 am.

Lutheran Social Services of the Southwest is delighted to invite you to join us in...

Celebrating 50 Years of

Showing kindness, doing justice and serving those in need.

Special celebrations of our Jubilee Year will be held in Tucson and Phoenix.

Attendees will be treated to worship, music, fellowship, community and light refreshments. Details are as follows:

Here in Tucson:

Saturday, January 11, 2020, 10 am
Our Savior's Lutheran Church
1200 N. Campbell Avenue
Tucson, AZ 85719

Please RSVP:

Email: 50th@lss-sw.org
Phone: 480-396-3795,





Scandinavian Fellowship

Tuesday, January 14th at 5pm

This month the Nordic dancers from Tucson will be our entertainment. Please come and enjoy the full Scandinavian experience from lively music to the colorful traditional costumes of Scandinavia. Our entertainers will be joining us for dinner; please bring extra potluck to serve them also. Don't forget your place settings. Come and enjoy the evening.

Basic Religious Beliefs Course at DHLC in January

Rev. Wally Mohr will teach a basic course in Christian Theology that he has taught several times at DHLC in the past. The course will present a brief view of various perspectives of religion and Christianity. This is not a "Lutheran" class but will present different perspectives on God, salvation, the writing and interpretation of Scripture, five various theological views on the atonement, early Christian heresies, various proofs for the existence of God, and understanding the reasons for different religions and denominations.

Wally will encourage the participants to examine their own religious views and the logical system of their religious views. For example, "Does my view of salvation and the process of salvation logically reflect my understanding of the nature of God?" And, "Can I differentiate between the simple teachings of Jesus and the church's complicated system of doctrine and dogma?"

The course will also discuss different views of God (Theism, Deism, Pantheism, Animism) and how our culture and our personal needs are often reflected in our religious or denominational choices (using Abraham Maslow's theory of the hierarchy of needs, as one tool.)

One class will examine the life and teachings of Jesus and raise questions about the differences between the religion of Jesus and the religion about Jesus. The closing session will examine how various Christian theological and denominational groups differ on some primary doctrinal issues.

The purpose of the class will not be to "argue" a particular view, but to understand various belief systems and then to examine our own theological perspectives and the consistency of our beliefs. There will be time in each session for questions and discussion.

The class will meet twice weekly in the Fellowship Hall on Tuesday and Thursday afternoons from 1: p.m. – 2:30 p.m. for three weeks, beginning January 28 and going through February 13. Feel free to make as many classes as you can. Printed copies of the Power Point presentations will be available if a session is missed.

A brochure with a brief description of what will be covered is available on the table by the front desk (south entrance.)



Attention DHLC Singles- our January activity will be on February 1, 2020 Celebrate the Year of the Rat with us on February 1, 2020

Join us for a rare opportunity to purchase tickets in advance for the colorful and explosive Chinese New Year Festival in Tucson, sponsored by the Confucius Institute at the University of Arizona.

Enjoy Chinese vocal and instrumental music, fashion show, martial arts exhibitions, dance, and more at the annual gala at the UofA Centennial Hall.

Meet at the Church at 12:30 pm, on Saturday, February 1, to carpool to Tucson for the 2 pm Show. Then join us for an early dinner at the Dragon View Restaurant.

For a limited number of participants, the Singles Fellowship has negotiated the low price of \$15. A sign-up sheet is in Fellowship Hall under Fun and Fellowship and payment will be taken at the front desk with a check only written to Diane Clark.

Hurry! We have only 20 seats reserved for us at this price. First to pay will get the best seats!

Just as the Rat is the first of all zodiac animals, having won the race to arrive at the Jade Emperor's party, be quick to reserve your seat for this extravaganza!



Looking ahead: February Activity will be Fort Lowell Days on February 8.

Abiding in God's Eternal Care

Kathy Speidel
November 30, 2019

Mary Lou Lembcke
December 10, 2019

Don Duensing
December 20, 2019

Carol Wedin
December 25, 2019

Don Brynildson
December 26, 2019



BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

New Schedule

As 2019 slips away and 2020 takes its place, good wishes to all for a healthy, happy and peaceful new year.



Sewing Bee has a new schedule to accommodate the larger number of members we have when our friends from colder places arrive. We will have a morning and afternoon session each week for the months of January through March. As always, we invite anyone who is interested in seeing what the Sewing Bee is all about to come join us in the library on a Wednesday morning from 9:00-11:30 or afternoon from 12:30-3:00.

There will be a meeting/refreshments and discussion for members and guests from 11:30-12:30. No sewing skills are required to be a member. There are a lot of other things that you can do. We come together to enjoy the fellowship, fun, and especially, the sense of fulfillment that comes with knowing we are doing something that will be a blessing to someone in need. In April we will be going back to our regular hours, 9:00 to 12:00 with a meeting at 10:15.

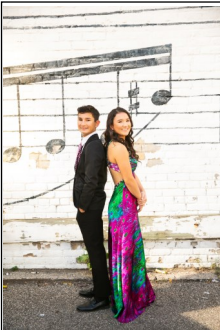
Helpers loading the car with a large amount of clothing and blankets that were collected for a small, ELCA church (Grace Lutheran in Phoenix) where they care for the homeless weekly.



Making a
difference

The Sewing Bee has donated **6 quilts** to Fisher House this past month. We contributed **34 girls dresses** and **4 pairs of shorts** to be sent to Kenya.

Social Concerns January Special Food Bank Collection: The items are to be distributed to the Green Valley, Amado and Sahuarita food banks. The items to be gathered are non-food items that are often requested but cannot be purchased with commodities or Federal Funds. They are bar and liquid soap, shampoo and toilet paper. There will be boxes in the hallway for you to place your donations. **Thank you for making a difference in our community.**



MUSIC MINISTRY *We Inspire*

Welcome 2020. Our Music Ministry is looking forward to performing music for you this new year. Not only are all five of Sunday morning groups practicing for the spring worship services and special events, but we will also have a special concert the beginning of January.

January 9, Thursday at 6:30 pm in the sanctuary, the Taggart family youngsters will be here to present a piano concert. These young people are such a joy to see and hear. Their enthusiasm for playing the piano is infectious. They have played in Europe and with symphony orchestras. Don't miss the chance to hear them.

Special Music for January

January 5th	January 12th	January 19th	January 26th
Winter Chancel Choir Celebration Singers	Voices of Miriam Celebration Singers	Winter Chancel Choir Celebration Singers	Winter Chancel Choir Men's chorus

Upcoming Health & Wellness Events:

- **Faith, Food and Farming** — Speaker Dr Steve Grubb in the Fellowship Hall, Thursday, January 23rd 11am-12:30pm. Please register in advance at the Receptionist desk.
- **Grief Support Group** – “Our Journey Through Grief”, Tuesdays & Thursdays, February 4 through February 27, 1pm-2:30pm in the Library. Please register in advance at the Receptionist desk.
- **Alzheimer's Association Conference** in the Fellowship Hall, Thursday, February 6 – 8am-12pm. Register at the front desk or pick up a brochure.
- **90 + Birthday Celebration** in the Fellowship Hall, Thursday, February 13th 11am-2pm. By Invitation only.
- **Regenerative Agriculture** for Healthier Environment, Healthier Food, and Healthier People — Speaker Dr Steve Grubb in the Fellowship Hall, February 27 11am-12:30pm
- **Red Cross Blood Drive** in the Fellowship Hall, Tuesday, March 10th 8:30am-1:30pm. To schedule your appointment or for more information, contact Parish Nurse, Anna Tometzak, RN at 648-1633 ext 37 or log on to red-crossblood.org and enter sponsor code: Deserthills.
- **CaptionCall**, Thursday in Room 102, March 19th 11am-12:30pm. If you are hearing impaired or know someone who is come hear about a phone designed to help people with hearing loss. They will be able to use the phone to stay connected with loved ones and conduct important business of life with complete confidence.



January 5th and 19th Widows' Fellowship will meet in the DHLC library at 2 PM. We come together twice a month to talk about what's going on in our lives, especially the changes that accompany widowhood. It's a time to share laughter and tears, joys and concerns, questions and even a few answers. Every widow's journey is unique to her and yet there are similarities. January is a time when we look backward to see where we've come from and a time to look forward to see where we're headed. Ours is an informal group -- if you've considered attending but not yet done so, please come and see if this is a group that you may find helpful. Widows' Fellowship is open to members and non-members alike. Our only request is that it be limited to widows only. If there are any questions, please contact me -- Debi Shippy at 405-7005.

Prayer Shawl Ministry will meet on Tuesday, January 21 at 1 pm in the library. Start the new year and decade by joining us for an hour of knitting or crocheting and conversation. All skill levels are welcome and encouraged to come. Look forward to seeing you there.



MEN'S MINISTRY AT DHLC

BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: "Path Between the Seas: The Building of the Panama Canal" by David McCullough.

HANDY MAN SERVICES is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszel, 520 903-7188.



MEN'S FELLOWSHIP BREAKFAST

This group meets the 4th Thursday of the month. At our January 23 meeting the speaker will be Kelly Adams, Santa Cruz Valley Regional Hospital



MEN'S HEALTH GROUP

Meets Monday, January 20th at 8 am.

MEN'S COFFEE

This group meets weekly on Monday at 8 am, except for the third Monday which is at 7:30 due to Men's Health Group meeting. Come join us for coffee and conversation



MEN'S PHOTOGRAPHY Each month the group selects a Bible-based theme, bringing photographs that fit the theme to share with the group. Often the group will discuss photography related topics. Those having an interest in photography are welcome to attend, enjoy the show and participate in the conversation. At our December meeting, we decided on “Dogs” for our theme for the January meeting. Our meeting date has changed. It will be Monday, January 13th at 1:30 pm in the Patio Room. Please bring up to 10 photos for viewing and comments, or, just attend and join in the conversation.

MEN'S BIBLE STUDY THURSDAYS @ 1 PM.

Continuing in the Gospel of John. All men are welcome.



NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

Spiritual Practices for the New Year

Faith and Health are intrinsically connected. Cultivating our faith life is an important part of wellness. We are each created in the image of God with special gifts to share with others. Here are a few ways to gain new perspective of yourself, others and God in the New Year.

- 1) Pray at different times during the day. We pray differently at different times depending on what we are experiencing.
- 2) Laughter and rejoicing should be part of our faith life. Thanking God for giving us humor and finding laughter in something funny that happened lightens our mood.
- 3) Love yourself is the first step in "Love your neighbor as yourself." Remembering that God loves you and spending time writing about what it means to love yourself increases positive self-image, self-respect and that you are a healthy worthy human being.
- 4) We often neglect meditation or listening as part of our faith life. Take time to sit quietly, breathe, reflect and listen to your inner voice.
- 5) Remember that creation belongs to God and go for a prayerful walk. The air you breathe and the ground you walk on is the beauty of nature belonging to God.
- 6) Feel the brilliance in the way your body is created. Stretch out your arms, touch your toes, stretch your neck and pray a movement prayer.
- 7) At the end of the day, incorporate a list into prayer, of everything that you have encountered and are thankful for, including the challenges that helped you grow.

Resources: Church Health Reader

May the Lord bless you with renewed strength, healing and health of body, mind and spirit...
Tometczak, RN – Parish Nurse

CORNER

PRAY WITH HANDS UNFOLDED

When we see a need, let us first pray. And then, let us pray with hands unfolded.

FOUNDATION



Church leader John Wesley once said, "Prayer is where the action is."

When Christians see a need in the world, we pray. With hands folded in prayer we lift up to God people in distant lands as well as the needs we see in our local communities. And with hands unfolded, we dedicate ourselves to serving neighbors in need: providing meals for the hungry, tutoring the young, befriending the lonely. We give witness to our faith through our acts of service and the love we extend to "the least of these" (Matthew 25:40).

During a colder than normal winter, members of Holy Trinity Church in Reidsville, North Carolina, prayed with hands unfolded to address the needs in their neighborhood. As part of a Thrivent Action Team, church members put their prayer into action by assembling comfort soup mixes into quart bags and distributing the meals to families through their local Red Cross affiliate.

Do you know of a specific need in your community? Learn more about Thrivent Action Teams at Thrivent.com/actionteam.

Provided by:

MATTHEW M GIGSTAD, FIC, RICP® Financial Consultant matthew.gigstad@thrivent.com Office 520-529-1589

The Foundation will also be hosting Lisa Higginbotham from the ELCA Foundation on February 7th, at 12 noon. A lunch will be served. Please RSVP to the front desk or by calling 520 648-1633. We hope you will be able to attend. Lisa's topic will be "Fulfilling Your Generosity with Legacy Planning."



What do Stephen Ministers Do? Stephen Ministers are members of the Desert Hills Lutheran Church who have gone through 50 hours of training to provide confidential, one-to-one Christian care to people who are facing a crisis or simply going through a difficult time. A Stephen Minister meets with his or her care receiver once a week for around an hour to listen, care, pray, and provide emotional and spiritual encouragement. Men are matched with male Stephen Ministers, and women are matched with female Stephen Ministers. To find out more about how someone you know could be matched with a Stephen Minister, talk with one of

our Stephen Ministry Leaders: Nancy Borstad rborstad@yahoo.com #520 648-3320 or Dick Hill dickehill44@aol.com #719 510-8005.

Stephen Ministries' next Continuing Education program will be January 10, 2020 from 11:30 – 1:00 pm, in the Fellowship Hall. A sack lunch will be provided. Stephen Minister Dick Hill will be our presenter on "Ministry to the Dying and Their Family and Friends" (based on Training Manual Module 19).



PRAY For our missionaries in Africa, Australia, Mexico, and our YAGM in Argentina that the Lord blesses their work.

To all Tables for Eight participants:

Please reserve Thursday evening, January 16. We will enjoy a potluck dinner in Fellowship Hall from 5:30 to 7:30 for all participants. Each group will have its own table and you can count this as your group dinner for January or you may also schedule your own group get-together for another day.



Women's Mini-Retreat: We are considering if a retreat can again be planned for February 2021. A chair or co-chair is needed for this to happen. Is God calling you to help plan this event? For more information on the women's mini-retreat, contact Julie A. Winrich: writerjaw@gmail.com or 707-391-8323.

Monday, January 6: Bible Study in the Fellowship Hall will be from 9 to 10:30 am. Bring your Bible and the January Gather Magazine. Discussion will be on "Vocation and Calling" written by Rev. Dr. Kit Kleinhans, Dean of Trinity Seminary. This subject celebrates 50 years of ordination for women pastors in the Lutheran Church in the US. Coffee and conversation begin at 9 am with biblical discussion beginning at 9:30.

Monday, January 6: Women's Team Meeting will be held at 11 a.m. All women are invited to attend this team building meeting to discuss leadership, future programs, charity donations and church wide updates. Plan to attend and discover the difference that women at Desert Hills are making in the church, the Synod and around the world.

Monday, January 13: Join us for the Women's Luncheon from 11:30 to 1 pm in the Fellowship Hall to celebrate Mom's Home Cooked Favorites with those attending

bringing the following: Last names A-F bring a Side Dish; G-P bring a Casserole; and Q-Z bring a Dessert.



The speaker will be **Rev. Rebecca Boardman from the University of Arizona Lutheran Campus Ministry.** Wear your U of A shirts, hats, etc. to show your support. Also, if you have extra U of A hats, contact Kay Robinson as she could use them for the table decorations. Put a label with your name in them to get them back. Last day to purchase tickets is Wednesday, January 8th. Tickets are sold at the Bible Study on Jan. 6 and also at the front desk.

Thankoffering will be the weekend of February 22 and 23, 2020. Save the Dates. Donations continue to support the Revs. Herbert and Corinne Chilstrom Scholarship Fund for Women Seminarians and the WELCA Grants for Women and Children in Crisis.

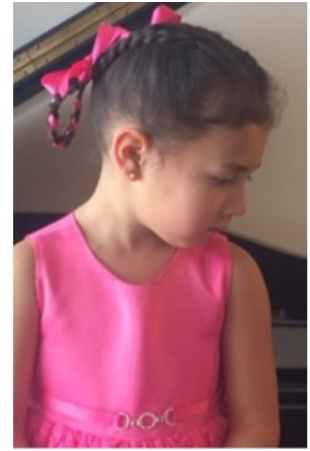
Registration is now open for the 2020 Triennial in Phoenix, AZ on July 16-18, 2020. Bishop Deborah will be there along with nearly 3,000 other Lutheran women. The speakers will be stimulating and the music vibrant. "Just Love" is the inspirational theme. Register at welcatg.org.



WOMEN OF THE ELCA GATHERING
JULY 16-19, 2020 | PHOENIX

Gather Bible Study event is on Saturday, Jan. 18, 2020 in Henderson, NV. Registration is available at <https://grandcanyonsynodwomen.org/events>.





TAGGART FAMILY PIANO CONCERT

Thursday, January 9, 2020

6:30 pm

Free Will Offering

Desert Hills
LUTHERAN CHURCH

Annual Meeting will be Sunday, January 26, 2020 at 12:45 pm.