



CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE



Dear Members and Friends of Desert Hills Lutheran,

Most children are back in school here in Arizona, certainly in Green Valley and Sahuarita. It still doesn't seem proper to a person who grew up in Minnesota and ended school at the end of May and began again after Labor Day.

The month of August is certainly full here at Desert Hills. On Thursday, August 8 and Friday, August 9 we host the Global Leadership Summit here at Desert Hills. You may still sign up and attend. It is not too late. For more information see below. On August 21 we host the 7th Monsoon Concert. We are presenting the concert at 3 and 7 pm and already have sold over 500 tickets. Some of the finest musicians from the Tucson area will be joining us.

Beginning August 1, we begin another six weeks of New Member sessions. The meetings are an hour a week and cover our mission and core values as well as spiritual gifts and Lutheranism 101. If you would like to investigate more about Desert Hills, these sessions will help you decide if Desert Hills is a good match for your spiritual journey. You may sign up by calling the church office at 648-1633.

See you at worship!

Pastor Martin

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Everyone has influence.

Sign up at dhlc.org. Use code **gls19team** and if you want to attend at another location use code **Site2Site**
 Cost is \$119 for both days and lunch.

You don't want to miss this year's line up of influential speakers. (see page 3)



Desert Hills Lutheran Church Council

<i>John Martin</i>	<i>Judy Gunson</i>	<i>Tom Royer</i>	<i>Barbara Southard</i>	<i>Martin Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

*2nd row left to right
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

The Council did not have a meeting in July, 2019

One More

Our summer New Member Class begins on Thursday, Aug. 1, at either 9:30 am or 6:30 pm. Classes will meet in the library on Aug. 1, 15, 22, 29, Sept. 5 & 12.



Core Value #2: We Stand Level at the Foot of the Cross

Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:30 & 11 am
Nursery care available for infants to age 5 at the following services:
Saturday at 3pm & 5pm;
Sunday at 9:30 am & 11am.
Sunday School at 9:30 am grades 1-6
October thru April

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Service
2nd & 4th Weekend of each month
Saturday at 4:15 pm & Sunday at 10:30
am in the Chapel

Office Hours

Monday-Friday — 8:30 am to 4 pm

Pastoral Staff

Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is published
monthly. **Email articles for the August
issue by July 15th to
quailnotes@dhlc.org.**



Social Concerns Continental School Supply Drive

A big THANK YOU for the generous donations of school supplies for Continental School! Your response was overwhelming! The teachers at the school will be very appreciative of your gifts. Blessings to all of you!

Global Mission Christmas in July

Christmas in July was a huge success, The tree was covered with ornaments.

- \$1,033.33 – Money donated to go to anything
- \$625.00 – Money donated toward well shares
- \$5,230.00 – Money used to purchase a total of 125 individual products (chicks, pigs, fish farm, well shares-7 at \$250 ea., etc.)
- The number of contributors was 85.

Health and Wellness Blood Drive

1,2,3 Praise the Lord for the people who came and donated their blood in this time of critical need. You are life savers to the many in need. Blood donors report feeling a sense of great satisfaction after making their blood donation. Why? Because helping others in need just feels good.

MUSIC MINISTRY *We Inspire*

August is commonly referred to as having the “Dog Days of Summer.” The phrase is actually a reference to the fact that, during this time, the sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis Major, the Greater Dog. This is why Sirius is sometimes called the Dog Star. (Farmer’s Almanac). At the 8 am and 9:30 am services, our choirs and soloists continue to bring music to the congregations. We love being apart of the summer services.

Special Music for August

August 4	August 11	August 18	August 25
8 am Summer Chancel	8 am Vocal Duet:	8 am Summer Chancel	8 am Ruth Krawczyk soloist
9:30 am Celebration Singers	Diane Chiesa & Terri Nolte 9:30 am Celebration Singers	9:30 am Celebration Singers	9:30 am Celebration Singers

The diverse Summit faculty delivers a unique blend of vision, inspiration and practical skills you can immediately apply.

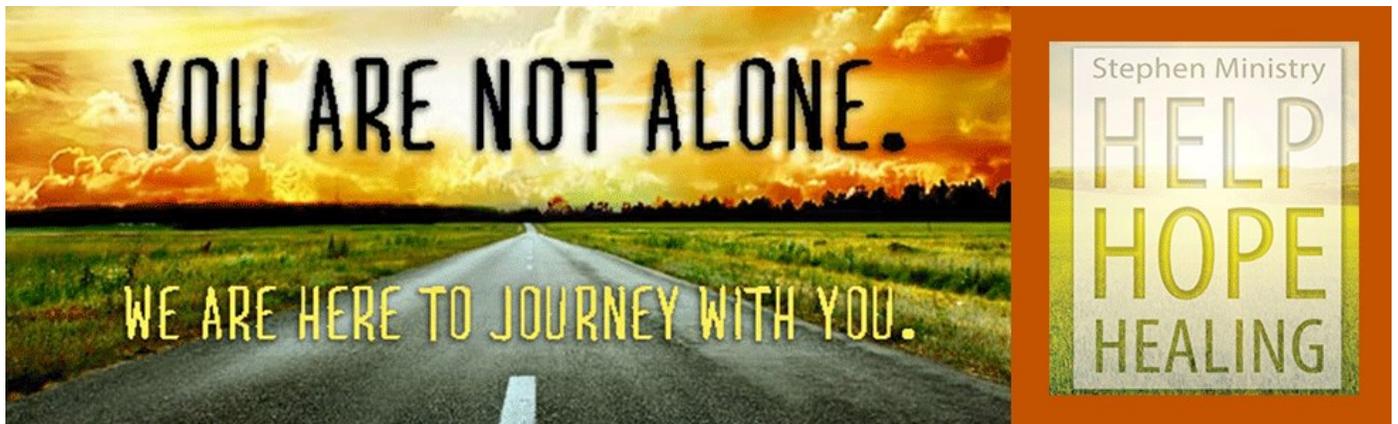
New this year (left to right; top to bottom)

Aja Brown, Mayor, City of Compton, **Ben Sherwood** Former Co-Chairman, Disney Media Networks; Former President, Disney ABC Television; Best-Selling Author, **Liz Bohannon**, Co-Founder & Co-CEO, Sseko Designs, **Jason Dorsey**, #1 Rated Gen Z & Millennial Speaker; Researcher, **Paula Faris**, Senior National Correspondent at ABC News, **Jo Saxton**, Author, Leadership Coach and Entrepreneur, **Bozoma Saint John**, Chief Marketing Officer, Endeavor, **DeVon Franklin**, Producer, Author, Speaker; CEO of Franklin Entertainment, **Dr. Krish Kandiah**, Founder, Home for Good; Consultant; Social Entrepreneur **Jia Jiang**, Best Selling Author; Blogger; Entrepreneur, **Todd Henry**, Founder, Accidental Creative; Author; Leadership Consultant, **Chris Voss**, Former FBI Hostage Negotiator; CEO & Founder, The Black Swan Group, **Bear Grylls**, Adventurer; Writer; TV Host

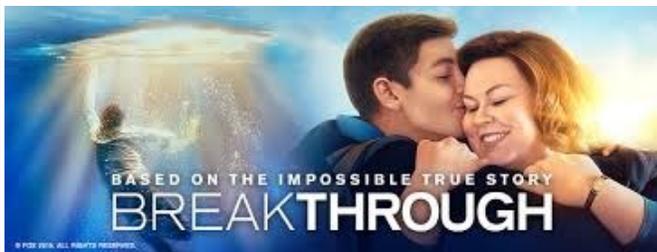


If you would like to have a Stephen Minister, please contact Nancy Borstad rborstad@yahoo.com 520-648-3320 or Dick Hill dickehill44@gmail.com 520 499-2491

If you would like to BE a Stephen Minister, please contact: Carolyn Hill carolynehill@bellsouth.net 520 499-2491



Summer movies are back again and open to everyone at DHLC. This summer, the Singles Fellowship will sponsor three Friday afternoon movies. Bring your spouse, bring a friend or come alone to get out of the heat, enjoy some refreshments and be entertained with three outstanding movies. All movies start at 12:30 in Fellowship Hall. \$2.00 donation with proceeds going to Lutheran charities.



August 16 - BREAKTHROUGH is based on the inspirational true story of one mother's unfaltering love in the face of impossible odds. When Joyce Smith's adopted son John falls through an icy Missouri lake, all hope seems lost. But as John lies lifeless, Joyce refuses to give up. Her steadfast belief inspires those around her to continue to pray for John's recovery, even in the face of every case history and scientific prediction. Witness the power of faith, prayer, and the Holy Spirit!



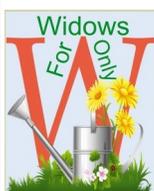
BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

The heat of the summer isn't slowing our Sewing Bee down. We're determined to complete as many quilts as we can over the summer. Each week, we have between 15 and 20 ladies working to get the job done. We are working on both charity and boutique quilts and if anyone is interested in joining us on Wednesday mornings, we would love to have you. We meet at 9 am and work for an hour. At 10 we gather for refreshments, devotions, conversation and "show and tell" and are back to work until noon. Remember, you don't have to be a quilter or know how to sew. There are a lot of other things to do.

We have another project that some of our members work on throughout the year that has nothing to do with quilts. The program is Aviva Children's Services and it serves kids who are in the Pima County foster care system (approximately 4,000 each year). The Sewing Bee makes large, heavy duty tote bags for the children to carry their belongings in. Fabric donated to the Sewing Bee that is too heavy to use for quilts is often just right for the bags. After they are sewn, a strong, heavy cord is pulled through the top of the bag for closure. The women in the picture are pulling the cording through these bags. Each year we donate approximately 75 bags.

The Sewing Bee also would like you to know that if you are looking for a quilt, including baby quilts and lap robes, we have them for sale throughout the year. If you are interested, please stop by the library any Wednesday morning between 9 and noon to check out what we have.

We will continue to remind you each month that our Fall Boutique will be on Saturday, November 9th this year. Please mark your calendar if you haven't already. We have many talented people who donate handcrafted items to our boutique each year and we are always looking for more folks to help. This is what makes this event so successful. If you are interested in contributing your creations, please contact Marcia Cleary: 507-420-2881, mgcleary@hotmail.com or Jeanette Heath: 480-330-9650, jjheath100@outlook.com



Widows' Fellowship

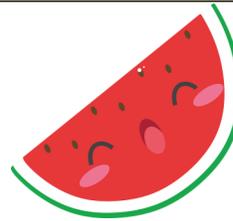
Widows' Fellowship: Yes, we are meeting in the summer! We widows gather together the 1st and 3rd Sundays from 2-3 pm in DHLC library. We share stories, laughter and tears, accomplishments and challenges faced! Come, join us!

If you have questions, please call me at 405-7005, Debi Shippy.



Women of the ELCA: What is it? If you attend DHLC, you are a part of this vibrant women in ACTION group! Our purpose is as follows: *“As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action and promote healing and wholeness in the church, the society and the world.”* **Information on what we do in our church, our community and our world can be found in the latest edition of the Women’s Ministries booklet available at all of our events and in various locations around the church. Come and See.**

What is better than a one-time special occasion card for a special person in your life? A 10 month subscription to the prize winning **Gather magazine** for only \$9.95 (that’s a half price special)!! Call 884 409-0576 directly for this special, limited offer.



Summer Reminders

Women’s Luncheon - Canceled for the months of July and August.
Women’s Ministries Board Meeting - None during the summer.

Bible Study - On your Own - Study the Book of Esther from the Gather Magazine Bible Study from Rt. Rev. Moravian Bishop Kay Ward.

Save the Dates:

September 9, 2019 - Women’s Luncheon - Fellowship Hall

“Personal Experience of 9/11-Ground Zero”

November 8-9 – Grand Canyon Synod WELCA Retreat – Love of Christ, Mesa – “Beauty from Ashes”

November 9 - 17th Annual Fall Boutique - Fellowship Hall

January 18, 2020 - Gather Bible Study Event – Christ the Servant, Henderson, NV – “Vocations and Callings”

February 23-24, 2020 - Thankoffering weekend

March 7, 2020 - Sunrise/Santa Cruz Annual Spring Gathering - Sierra Vista, AZ



DESERT HILLS’ YAGM FOR 2019-2020

ANN EMILIE TJORNHOLM

Greetings Everyone!

I am overjoyed to announce my participation in the ELCA’s Young Adults in Global Mission (YAGM) program. I will be serving from August 2019- July 2020 in Argentina/Uruguay by working within a local faith community. The ELCA describes this program as one of transformation, self-reflection, and a learning experience for leadership within the church setting. I humbly ask for prayers and words of support as I begin this journey of discernment and service. I will be joining a group of over 85 young adults serving in 11 different country programs around the globe.

What Have I Been Doing Recently? I graduated from the University of Arizona this May (2019) summa cum laude with two Bachelors of Arts: English and Spanish Linguistics. My minor was Adolescents, Community, and Education. I received my international certificate to Teach English as a Foreign Language in Costa Rica the previous summer (2018). During my Senior year, I was a teacher's aide in the Tucson Unified School District, working in a 3rd grade class. I hope to utilize my passion for education and language during my year in Argentina/Uruguay.

My time at the University of Arizona was also greatly enriched by Lutheran Campus Ministry. I spent all four years of college in the group and served on the Leadership Team for two of those years. It was a blessing that I cannot put in words to be surrounded by a community of incredible friends and faith mentors.



Abiding in God's Eternal Care

Trudy Martin

June 6, 2019



NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org
August Health and Safety Medical Minute Tips

Monsoon Season tips:

- a) If a dust storm, with visibilities of 1/4 mile or less, is about to strike, or has already, pull off the road now! Stop, turn off lights, set the emergency brake, take your foot off of the brake pedal be sure the tail lights are not illuminated. Wind gusts that can be between 40 and 60 mph are also likely.
- b) If you are swimming during the summer months, remember: With water being a good conductor of electricity, people on, in or near water are at the most risk during storms. Lightning can also strike more than 10 miles away from any rainfall. When Thunder Roars, Go Indoors!

When the National Weather Service declares Excessive Heat Warnings here in Arizona:

Stay Cool – Stay in air-conditioned buildings, limit outdoor activity, especially midday, avoid direct sunlight, wear loose, lightweight, light colored clothing, take cool showers or baths to lower your body temperature.

Stay Hydrated – Avoid alcohol or liquids containing high amounts of sugar, drink more than usual (extra two to four 8oz glasses) especially while working or exercising outside. If you have questions regarding fluid restriction check with your physician or questions about medications ask your pharmacist.

Stay Informed – Check on friends, neighbors and loved ones at least twice a day. Learn the signs and first aid response for heat-related illness.

Travel Tips:

- a) Be sure your vehicle is tuned up and ready for travel: Tires are inflated. All fluids are at proper level. Full tank of gas.
- b) Drink plenty of water and bring nutritious snacks: Fruit, cheese, crackers.
- c) Take frequent breaks and switch drivers: Stretch your legs every couple of hours.
- d) Always wear your seatbelt!
- e) Never use your cell phone while driving!

UV protection protects your eyes from the dangerous rays of the sun while polarized sunglasses eliminate glare. Having ultraviolet protection is crucial while polarization is more of a preference. Polarized glasses do offer better image clarity but do not come with full UV protection. Discuss your options and what will work best for you with your Optometrist/Ophthalmologist.

Pastor/Church Information: Do you include your Pastor, church and their phone numbers in your Envelope of Life or in your emergency contact list?

Prevent a fall: Take 10 seconds to sit on the edge of the bed or couch, before getting up from a lying position to a standing position.

Hydrate and have a Blessed Safe August... Anna Tometczak, RN, Parish Nurse



EQUINE VOICES RESCUE & SANCTUARY

"A VOICE FOR THE VOICELESS"

GREEN VALLEY, ARIZONA

You can make a difference for EQUINE VOICES in Elephant Head. They have been saving the lives of hundreds of abused, frightened horses for 15 years now. They could use your help

October 27 with set-up and running their silent auction for their annual fundraiser at Tubac Golf Resort. If you would like to help, just email mtzo@cox.net with your name and contact information and any questions you might have.

Thanks so much for being willing to make a difference.

MAD "At DHLC, we just love it when we can make a difference!"

THE IMPORTANCE OF REVIEWING YOUR BENEFICIARIES

CORNER

FOUNDATION



We employ many resources to make sure our estate planning is in good order. Many will use a trust to ensure their wishes are followed, but a common mistake is made when accounts, investments, and titles are then not updated accurately leaving the trust as beneficiary. Some estates can be planned without trusts, and accurate beneficiary designations are of utmost importance in these instances. The bottom line is that your investment company, bank, or even legal system are going to follow your beneficiary information first on the account in question, and your trust second. The inaccuracy of these designations can have a severe impact on your legacy, your heir's inheritance, and the time and conflict it might take to sort it out. Sometimes it is easy to procrastinate, or even forget to change these designations to represent our wishes; however, there is no time like the present to make sure your wishes are followed. If any of this seems daunting, or tedious, Lisa Higginbotham, RGP Grand Canyon Synod, is available to answer questions, share resources, or review your current plans and intentions.

Lisa.higginbotham@elca.org, 805-910-5048.



Remember Fair Trade Sales are only one weekend in August.

Stock up on August 13 & 14.

ERICKSON LIBRARY NEWS

Check out audio Bibles!

by Marilyn Jaeger

Dick and I recently returned from a lo-o-ng driving trip to the Midwest. We always check out several audio books from the public library for such hi-jinks, but never thought about the delight and variety that listening to audio Bible readings would offer. Our church was given a generous grant, and we now have audio Bibles in the library, both wired and wireless. Use them!

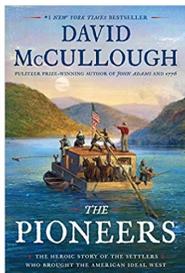
Listening in the car is one option. But for many of us who are losing our reading sight, wouldn't it be good to listen to God's word while moving around the house, or sitting by a window. Take advantage of such a valuable resource. Check out tapes anytime from the church library in the fellowship hall.



AUDIO BIBLES
Hear the Word.

HANDY MAN SERVICES is requesting helpers. The demand for help is up and the supply of helpers is limited, especially during the summer. If you have handyman skills and would like to help out, please contact Ruben Heeszal 520 903-7188.

MEN'S MINISTRY AT DHLC



BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: *Riding Behind the Padre* by Richard Collins. Next book "*The Pioneers*" by David McCullough, starts July 17.

HANDY MAN SERVICES is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszal, 520 903-7188.



Faith, Food & Fellowship

MEN'S FELLOWSHIP BREAKFAST Meets the 4th Thursday of the month. August 22 the speaker will be Ray Weisgarber, talking about the DHLC Foundation .

MEN'S PHOTOGRAPHY | MEN'S BIBLE STUDY | MEN'S COFFEE FELLOWSHIP | MEN'S HEALTH GROUP
All are on break until the fall.



7th Annual Monsoon Concert

Featuring: Alvin Blaine, Nick Coventry, Sabra Faulk, Joe Ferguson,
Alex Flores, Ralph Gilmore, Steve Grams, Danny Krieger, Seth Murzyn,
Amber Norgaard, Lisa Otey, Jay Trapp, Diane Van Deurzen

August 21, 2019 — 2 shows 3pm & 7 pm

Tickets \$25 Available online at (dhlc.org) or at the front desk