

CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE

Dear Members and Friends of Desert Hills Lutheran,

This month will be a celebration month for Julie and I, we are having our 30th anniversary. My mother and step dad will celebrate their 40th anniversary at the end of the month. Theirs was the first wedding I performed. I cried and had to skip my homily. My Grandmother bailed me out by saying, "Sometimes a pastor must just say amen and sit down." I did. Son Grant and Jessica marry at the end of the month. I won't be doing the ceremony and for that I thank my son. He wanted his mother and father sitting together and enjoying the moment. We will.

Our new members will be welcomed in on June 15/16th. As always, another great group of people joining us on our journey of discipleship.

We will continue to peak your interest in the Global Leadership Summit in August on the 8th and 9th. The lunches are complimentary and the speakers are shown live from Chicago over the two days. We start at 8:30 am and are done by 4 pm. Some of the topics are "Building a Life of Purpose, Passion and Impact," "Leading a Life of Courage, Kindness and Resilience," "Conquering the Fear of Rejection," "Unlocking the Leadership Potential of each Generation," and more. We all have influence and we continue to help lead others including family as long as we live.

All for now. We look forward to the sunshine and heat of June. We look forward to celebrating grace, making disciples (starting with our own self), and making a difference.

Blessings,

Pastor Martin

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EVERYONE HAS INFLUENCE

No matter where your influence is — in your family, school, work or church — you are invited to join 405,000 of your peers to learn how to maximize it.

- Get a unique blend of vision, inspiration and skills you can immediately apply
- Learn from a faculty representing multiple sectors and backgrounds
- Leverage the Summit as a resource to transform yourself and community
- Network with influencers in your community who are committed to living out God's purposes in our world

Sign-up at dhlc.org use code **gls19team** and if you want to attend at another location use code **Site2Site**



Desert Hills Lutheran Church Council

<i>John Martin</i>	<i>Judy Gunson</i>	<i>Tom Royer</i>	<i>Barbara Southard</i>	<i>Martin Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

*2nd row left to right
Rob Bonnema, Jane Brunckhorst, Mark Catlin*

Notes from Council Meeting May 21 2019

John Martin called the meeting to order, and Pastor then led us in prayer. We discussed the book "Canoeing the Mountains," the devotional book we are reading. The minutes of the April Council meeting were unanimously approved. Pastor mentioned that there are 15 in the new member class. He will be on vacation next week and Pastor Ken will be in charge. Tom mentioned that our church is doing fine financially but we continue to look at our level of giving. Our full church audit is going very well and they should be finished sooner than originally thought. President John asked members of Council to be thinking of possible Council members to suggest to the nominating committee. Two personnel issues were discussed. Jane stated that the transition team has met and she feels it's a very good group.

MUSIC MINISTRY *We Inspire*

"June is Bustin' Out All Over." June finds our summer choirs still practicing and leading worship at the 8 and 9:30 am Sunday morning services. We love to lift up the services with our music. Mark your calendars for Sunday, July 14, 2019. Gordon Swanson will be having a summer organ concert at 3 pm, an enjoyable way to beat the heat.



Desert Hills Lutheran Church
2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:30 & 11 am
Nursery care available for infants to age 5 at the following services:
Saturday at 3pm & 5pm;
Sunday at 9:30 am & 11am.
Sunday School at 9:30 am grades 1-6
October thru April

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Service
2nd & 4th Weekend of each month
Saturday at 4:15 pm & Sunday at 10:30
am in the Chapel

Office Hours
Monday-Friday — 8:30 am to 4 pm

Pastoral Staff
Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is published monthly. **Email articles for the July issue by June 15th to quailnotes@dhlc.org.**

DONATION CLOSET

A ministry of the Social Concerns Ministry
Members of the committee made 38 pillowcase dresses to be given to children at the St. Andrew's Clinic' just in time for the summer heat.. Thank you for your donation of these pretty pillowcases! Keep them coming! Several pillowcases were brought to the Sewing Class in Nogales Sonora where women were taught to sew them for their children or to sell thus earning an income to assist in becoming self-sufficient.



Other needed items for charities from Tucson to Mexico are:

Men's & women's clothing sizes S-XL, shoes in good condition, underwear, bras, socks & personal hygiene items including sanitary supplies & adult diapers.
Bed linens: sheets & blankets twin – queen, pillows , towel & washcloths.
Food items including opened containers for Crossroads Mission. Outdated products accepted!

Plastic bags for the local food shelf to help defray the cost of purchasing.
Your donations Make a Difference in the lives of those at the Men's & Women's Gospel Rescue Mission, the homeless in the Tucson Parks & shelters in Nogales Sonora & the elderly at Asilo de Ancianos Nursing Home in Nogales.
Thank you! Gracias!

Thank You

The Social Concerns Ministry thanks you for your generous donations to the Navajo Mission School during the March Congregational Drive. Your generous support of about \$400 worth of needed supplies plus \$560 in cash was greatly appreciated. The items were given to their speaker at the April Women's Ministry Luncheon. All of you truly Made A Difference!



BUZZINGS FROM THE BEE AND BOUTIQUE BANTER

Sewing Bee continues to meet all summer each Wednesday from 9 to noon in the library. We break for refreshments and discussion at 10:15. If you think you might enjoy participating, we would love to have you join us. You do not have to be a quilter or know how to sew. There are many other things you can do. Mainly, it's fun and very fulfilling.

Kayleen LeMaster will be heading the new leaders' team which consists of Naomi Grobe, Erva Chisman, Ann Lowery, Carol Tranby and myself, Mary Johnson, (tomaryj@gmail.com). You will be hearing reports of what these women do as time goes by. I am the new reporter to Quail Notes. We will strive to maintain and continue to build the success of this program as Diane Johnson and Mary Braswell have done so well.

We are adding one new step to our quilt making. While putting them together, our mission sometimes gets lost in the process. We have decided that at the end of each day, we will gather to ask God's blessing on the quilts and recipients.

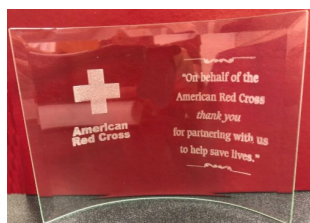


Our group asking a blessing on the quilts.

Please put our Fall Boutique date, Saturday, Nov. 9, on your calendar. Your generous donations are such a huge part of this. Our success depends upon all of you folks who create and share your projects with us. Contact Boutique co-chairs, Marcia Cleary: 507-420-2881, mgcleary@hotmail.com or Jeanette Heath: 480-338-9650, jjheath100@outlook.com

Five quilts were donated to Hands of a Friend.

HEALTH AND WELLNESS NEWS:



Desert Hills received a beautiful glass plaque from the

Red Cross, acknowledging our continued partnership in saving lives. The Health & Wellness Ministry thanks you for your continued support and blood donation. You're Making a Difference!

Next Red Cross Blood Drive is Tuesday, July 30, 2019 9 am - 2 pm. For more information or to schedule an appointment please call Anna Tometczak, RN, Parish Nurse (520) 648-1633 Ext 37 or visit red-crossblood.org and enter sponsor code: Deserthills



Need a ride to church? Unfortunately, we do not have a Transportation Ministry here at DHLC. However there are a couple of local Home Health agencies here in Green Valley where you become their client and they provide transportation or they can set up an Uber driver for you. If you have any questions contact the Parish Nurse, Anna Tometczak, RN Tuesday or Thursdays from 9 am-2 pm for information. God's Blessings and Good Health... ~anna Tometczak, RN, Parish Nurse, Stephen Leader



Widows' Fellowship

"It hurts to live after someone has died. It just does. It can hurt to walk down a hallway or open the frig. It hurts to put on a pair of socks, to brush your teeth. Food tastes like nothing. Colors go flat. Music hurts, and so do memories. You look at something you'd otherwise find beautiful...a purple sky at sunset or a playground full of kids...and it only somehow deepens the loss. Grief is so lonely this way." (from Becoming by Michelle Obama). Though this was written about feelings after the death of a father, it speaks of the pain-filled nature of all grief. Grief is a trail we will all take yet it is a path that others have taken before us and others will take after us and still others are taking with us. No one can walk it for us, yet we need not walk it alone. Widows' Fellowship is a time of walking it together. We are not alone in this journey.

We gather for Widows' Fellowship the 1st and 3rd Sundays every month from 2-3 PM in the Church library. All widows are welcome to join us. (if you have any questions, feel free to contact Debi Shippy at 405-7005).

Summer movies are back again and open to everyone at DHLC. This summer, the Singles Fellowship will sponsor three Friday afternoon movies during June, July, and August. Bring your spouse, bring a friend or come alone to get out of the heat, enjoy some refreshments and be entertained with three outstanding movies. All movies start at 12:30 in Fellowship Hall. \$2.00 donation



June 14 - A WIFE questions her life choices

as she travels to Stockholm to see her husband receive the Nobel Prize for literature. Starring Glenn Close the Golden Globe winner for best actress for her portrayal of the long-suffering wife. Jonathan Pryce plays her husband.

July 12 - ALPHA. An epic coming of age adventure set in the last ice age.

A young boy becomes unlikely allies with a lone wolf enduring countless dangers and overwhelming odds to survive the harsh wilderness and find their way home

before the deadly winter arrives. This is a story of how the wolf became domesticated and became man's best friend. A movie for all dog lovers and for anyone who marvels at the devotion of our pets with their owners.

August 16 - BREAKTHROUGH is based on the inspirational true story of one mother's unfaltering love in the face of impossible odds.

Basic Religious Beliefs Course at DHLC in July

Rev Wally Mohr will teach a basic course in Christian Theology that he has taught several times at DHLC in the past. This course will present a brief view of various perspectives of religion and Christianity encouraging the participants to examine their own religious views and the logical system of their religious views. For example, "Does my view of salvation and the process of salvation logically reflect my understanding of the nature of God?" And, "Does my interpretation of Scripture reflect my understanding of how Scripture was written and passed on to future generations?"

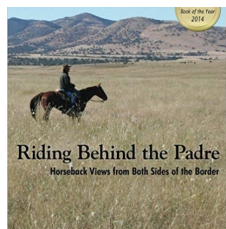
The course will also examine the different views of God (Theism, Deism, Pantheism, Animism) and how our culture and our personal needs are often reflected in our religious or denominational choices. One class will examine the life and teachings of Jesus and raise questions about the differences between the religion of Jesus and the religion about Jesus. The closing session will examine how various Christian theological and denominational groups differ on some primary doctrinal issues.

The purpose of the class will not be to "argue" a particular view, but to understand various belief systems and then to examine our own theological perspectives and the consistency of our beliefs. Questions and discussion will be encouraged, but will be brief.

The class will meet twice weekly in the Fellowship Hall on Tuesday and Thursday afternoons from 1 pm. – 2:30 pm for three weeks, beginning July 9 through July 25. Feel free to make as many classes as you can. Printed copies of the Power Point presentations will be available if a session is missed.

A brief description of what will be covered in each class will be available on the literature table by the receptionist's desk (at the north entrance.)

MEN'S MINISTRY AT DHLC



BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group. Currently reading: "Landscapes of Fraud: Mission Tumacacori, the Baca Float, the Betrayal of O'odham" by Thomas E. Sheridan

The next book for Bookman starting June 5th is: Riding Behind the Padre by Richard Collins.



HANDY MAN SERVICES is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heeszel, 520 903-7188.

MEN'S FELLOWSHIP BREAKFAST



Meets the 4th Thursday of the month. June 27-Ray Robinson, will be our speaker his topic The Grange

MEN'S PHOTOGRAPHY is on break until fall

MEN'S BIBLE STUDY is on break until fall.

THE MEN'S COFFEE FELLOWSHIP is on break until fall.

MEN'S HEALTH GROUP is on break until fall.



Women of the ELCA? What is it? If you attend DHLC, you are a part of this vibrant women in ACTION group! Our purpose is as follows: "As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action and promote healing and wholeness in the church, the society and the world." Information on what we do in our church, our community and our world can be found in the latest edition of the Women's Ministries booklet available at all of our events and in various locations around the church. Come and See.

What is better than a one-time special occasion card for a special person in your life? A 10 month subscription to the prize winning **Gather magazine** for only \$9.95 (that's a half price special)!! Call 884 409-0576 directly for this special, limited offer.



**Lutheran
World
Relief**

The Lutheran World Relief Ingathering was a great success! On May 4, at Shepherd in the Valley Lutheran

Church in Phoenix, churches from the Grand Canyon Synod donated the following: School Kits -215, Personal Care Kits- 559, Baby Care Kits - 38, Flannel Blankets - 25, and Quilts - 356 for a total of 1,193 kits/quilts collected. Over the past 5 years, Arizona Lutherans have gathered and donated 4,148 kits and sent 1,588 quilts and blankets around the world. Thanks to all of those who helped, you are truly making a difference.



The Altar Guild sent the Women's Ministries a thank you for the Women's Mini Retreat gift of \$350. for updating the altar containers for communion. Joe Mazur thanked Women's Ministries for the gift of \$650. from the Mini Retreat. The gift will be used to purchase needed kitchen equipment.

Women's Ministries also received a thank you from the Navajo Evangelical Lutheran Mission for the \$1,500. cash donation as a result of the April luncheon. These donations will go towards building Love's Park, in memory of Lovelea Begay, a playground for the children. In kind donations of teacher's school supplies and sporting equipment filled the Mission van for the return trip to Rock Point. For more information for their story and the needs of the Mission, go to their NELM web site.

Bible Study - Monday, June 3rd - 9:00 am to 10:30 am in the DHLC Church Fellowship Hall. In readiness for the Gather summer bible study on the Book of Esther, we will be watching "A Night with the King", starring Peter O'Toole and Omar Sharif.

More Bible Study - Friday, June 7 - 12:30 to 4pm - The Book of Esther: "For Such a Time as This" will be led by the author, in person, Rt. Rev. Moravian Bishop Kay Ward. On Saturday, June 8th - 8:30 am to Noon Kay will entertain us with her latest retreat material - "Live to Thrive". There is **NO CHARGE** for the two events, but we will be collecting a Free Will Offering. This is an excellent opportunity to enjoy the humor that Kay brings to scripture. Bring your friends and neighbors; they will not be disappointed. Call Suki (702 493-7436) or email (sukikisling@gmail.com) on or before **May 31** to reserve your space.

Women's Ministries Board Meeting - Monday, June 3rd at 11 am at DHLC, Room 102. Check front desk for room location. All are welcome to come to help firm up details for the Kay Ward Event.

Luncheons for June, July and August have been cancelled. Join us on Monday, September 9 to hear Ray Robinson speak on "Personal Experience of 9/11 – Ground Zero"

Abiding in God's Eternal Care

Dr. Wilfred (Bill) Miller
May 17, 2019

*The family of Art & Mary Jensen, on the death
of their daughter, Lori Mathsen*

Doug Pope
May 25, 2019



NOTES

Incorporating spiritual values into health education

The Parish Nurse is in on Tuesdays & Thursdays 9am to 2pm | 648-1633 Ext 37 | parishnurse@dhlc.org

June is National Safety Month. Take this opportunity to evaluate your current living situation, make your home a safe place to live independently, and put a plan in place in the event there is an emergency to take care of yourself..

1. Ensure your home is well-lit and add night lights especially in corners to prevent falls.
2. Clear clutter including wires, excess furniture, and unnecessary items to help those with vision or balance problems.
3. Install grab bars and non-slip mats in rooms such as the bathroom and kitchen, or on any slick surface.
4. Keep all frequently used items in easy-to-reach locations.
5. Have your eyes and hearing tested often. Even small changes in sight and hearing can put you at risk for a fall.
6. Be aware of pets, small and large can get in your way.
7. Stand up slowly after eating, lying down, or sitting. Getting up too quickly can cause your blood pressure to drop and make you feel unsteady.
8. Limit the amount of alcohol you drink. Small amounts can affect your balance and reflexes.
9. Use a walker, cane, or a walking stick to help you feel steadier on your feet. Be vigilant of wet/slick walking surfaces.
10. Stay Active - Get your physician's approval and take part in activities to help you restore balance and joint flexibility, strengthen your muscles, joints and bones.
11. If you have a fear of falling discuss with your physician. There are many underlying cause of falls that can be treated or corrected, such as medications, new medical problems, or eyesight.
12. Medical alert jewelry offers peace of mind for not just those who wear them, but also for those who serve as care-givers. Important medical information and in case of emergency phone numbers are vital information for Medical IDs.

The Green Valley community has many programs that can help with fall prevention and help you stay safe.

- 1) SHIM and Health in Motion through Valley Assistance
- 2) Telecare – an individual will call you each morning to check on you
- 3) Pima County Sheriff's Dept - upon request will perform a welfare check
- 4) GV Fire Dept – Smoke alarm maintenance and residential lock boxes
- 5) Citizen's Care Program – for those at risk for wandering; information and photo recorded into a database.
- 6) Envelope of Life - Keep current lists of all your medications, procedures, medical providers, and copies of your living will or advance directive.

Resources: NIH Senior Health - Falls How to handle a fall

Anna Tometczak, RN – Parish Nurse

EMPLOYMENT OPPORTUNITY

Are you an energetic, positive and experienced leader? Do you like to be challenged and creative? Do you thrive in a fast-paced environment and like to work with a wide array of people? If so, this job may be for you. DHLC is looking for a leader to support the church administrator and administrative activities. This position:

- Oversees and manages the front desk personnel and office administration
- Manages financial processes
- Manages volunteers
- Manages & maintains the church management database and records
- Serves as back-up when the administrator is out of the office

The selected individual will have excellent skills in a number of areas including, but not limited to: leadership, finances, project and process management. The work requires independent judgement and action, strong interpersonal and people skills, critical thinking, superior oral and written communication abilities, and office software mastery. Previous work experience in a church is preferred. If interested, please send a resume' to DHLC, attention administrator at 2150 S. Camino del Sol, Green Valley, AZ 85622 or via email to administrator@dhlc.org.

Our Journey Through Grief Support Group – Twice weekly for four weeks - 1pm-2:30pm in the Library Tuesdays and Thursdays, June 4th through June 27th – 1pm-2:30 in the Library. Please register at the front desk.

Stephen Ministers: The After People

People often ask, “What exactly is a Stephen Minister?” One way to put it is that Stephen Ministers are the **After People**

Stephen Ministers are there:

- ...after** the phone call you hoped you’d never get.
- ...after** the funeral, when everyone has left and the emotions you’ve held at bay come crashin in on you.
- ...after** the doctor says, “I’m sorry, but there’s nothing more we can do.”
- ...after** the nursing home director shakes your hand and says, “Welcome to your new home.”
- ...after** the gavel comes down, the handcuffs go on, and Your loved one is lead away.
- ...after** your family and friends have heard your story One too many times, but you still need To talk it out.

Stephen Ministers are the After People. They are ready to come alongside you—or your friends, neighbors, coworkers, or relatives—and provide comfort and support for as long *after* as needed.



News from the Langdjis--May 2019 Yaounde, Cameroon

The Evangelical Lutheran Church in America is a Republic (ELC-CAR) and has been supportive of life-changing work here. It is sometimes difficult to imagine how what we consider simple giving can bring positive change to the lives of God's people who are living thousands of miles away, whom we don't see or hear very little about in Central African Republic (CAR).



YAGM Senegal taking a “groupie” with Rev. Andrea Walker, ELCA Area Program Director for West and Central Africa, at the Lutheran Church of Senegal church festival day.



A new school building built with ELCA funds

Remember Rev. Andrea Walker spoke here at Desert Hills in February right before she left for this trip to Senegal.



Fulfilling Your Generosity with Legacy Planning

When creating our legacy plans, we hope to create financial support for all the organizations and people we love. Navigating this pathway of intent can be trying and confusing. Please join us for a dynamic conversation about your passions, legacy intentions, and how to connect them with efficiency to your ESTATE PLANNING.

CORNER

FOUNDATION



Friday, June 28th, 12 noon

(Fellowship Hall)

Lunch will be served.



Please RSVP at the front desk 520 648-1633



Lisa Higginbotham, Regional Gift Planner for ELCA Foundation will be joining us from California and leading our presentation. Lisa successfully worked in the financial services industry for 25 years, including her own professional practice as a financial advisor, specializing in retirement and legacy planning. Hoping to bring her experience and advocacy to each, she helps create gift and endowment policy, works directly with donors to help them express generosity, and transitions merging or closing organizations to fulfill their legacies by combining assets or disposition. This presentation is sponsored by your Desert Hills Lutheran Foundation Board and is intended for the benefit and education of DHL members. No Products will be solicited or sold during this presentation.



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