



CELEBRATING GRACE, MAKING DISCIPLES, MAKING A DIFFERENCE



Greetings Friends and Members of Desert Hills Lutheran,

May! I wonder if snow is over in Minnesota and Wisconsin? (That is just not nice.) May is a birthday month in my family. We have four birthdays including my step-father Gene, my daughter Britta, and my middle son Alex. Then of course there is yours truly. I'll be 65 and I'm planning not to go anywhere. I've come to a point of embracing and celebrating every birthday I can. God has given me another one so I'll celebrate the grace of it.

In May we continue our new member classes. I ask everyone, even long time Lutherans to attend so we can talk over our values and mission here at Desert Hills. At this writing there are about 39 signed up for the new class. I hope you will all "come and see" if Desert Hills is a good fit for your own discipleship growth. We meet on Thursdays either at 9:30 am or 6:30 pm depending on your schedules. Be sure to be present on May 3rd for the "story" of our mission of three things.

Also in May, a team to help grow our Global Leadership Summit attendance August 9 and 10 will be active. On May 10 and 17 we will be hosting luncheons for business leaders with information about the Summit. The Summit is a two day event of about 12-14 speakers, all on the theme of leadership and influence. I have already had the pleasure of presenting to the Green Valley Chamber of Commerce to encourage people to attend. Because we are a host site, we have a reduced rate of \$89 until June 20th for two days of great learning. Contact the front desk or use dhlc.org to register. Don't delay, it's a great two days here at Desert Hills including free lunches.

I've now attended 9 years in a row and the speakers every year have been encouraging, faith building, and inspirational. Even in our retirement years we continue to have influence on our families, church, and communities. Last year over 445,000 attended the summit. I was on sabbatical last year but attended in Denver, Colorado. I was on my cycle and was lucky for no rain or storms.

Additionally in May, we will be celebrating Pentecost, May 19/20 and the Trinity, May 26/27. To all those who leave in May for the north, west, and east, safe travels and come back to us in the fall. We will be celebrating grace, growing as disciples, and making a difference to the best of our ability in the beautiful Arizona heat! Blessings, Pastor Martin

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Desert Hills Lutheran Church Council

<i>Judy</i>	<i>Luke</i>	<i>Tom</i>	<i>Barbara</i>	<i>Martin</i>
<i>Gunson</i>	<i>Coker</i>	<i>Royer</i>	<i>Southard</i>	<i>Overson</i>
<i>President</i>	<i>Vice President</i>	<i>Treasurer</i>	<i>Secretary</i>	<i>Pastor</i>

2nd row left to right

*Rob Bonnema, Betty Colongione, bb Haywood,
John Martin, Janice Mounce,*

SUMMARY OF DHLC COUNCIL MEETING – APRIL 24, 2018

The Council met on April 24, at 5:30. Pastor discussed Ceiling #6 from “Who Broke My Church” about being called by Christ versus asking for volunteers. The new bulletin is slowly evolving with most members being very accepting of this change. Special "Praise the Lord" thank you to all who contributed to the piano campaign. More than \$5000 was raised in excess of the cost of the piano. These monies will stay in the music budget to defray ongoing maintenance and tuning expenses. A \$1,000 rebate from the piano will be transferred to the Benevolence Fund.



*A member of the Evangelical Lutheran
Church in America*

2150 S. Camino del Sol
Green Valley, AZ 85622-8352
520-648-1633 | www.dhlc.org

Worship Times

Saturday — 3 & 5 pm
Sunday — 8, 9:45 & 11:15 am

Holy Communion is celebrated
the 1st & 3rd weekend of each month
at all services.

Holy Communion & Healing Prayer
Service 11 am in the Chapel
on the 2nd & 4th Sunday of each month

Sunday School Classes
9:30 am K-6th Grade / Mid Oct.—April

Office Hours
Monday-Friday — 8:30am to 4pm

Pastoral Staff
Rev. Dr. Martin Overson, *Senior Pastor*
Rev. Ken Nyhusmoen, *Associate Pastor*

Quail Notes newsletter is
published monthly.
Email articles for the June issue by May
15th to quailnotes@dhlc.org.



MUSIC MINISTRY

We Inspire

As May begins, you will notice that the men's and women's choruses have disbanded for the summer and will not be in the 11:15 service. Year-round members of Chancel Choir will transition to Summer Chancel and will sing on communion Sundays at 8am. The Celebrations Singers sing year-round and will continue to sing every Sunday at the 9:45, but the name will change to Summer Singers. We will have many of our talented singers and musicians performing special music for summer in place of choirs. This is a great opportunity to hear our many-talented musicians. Thank you to those who volunteered. We have filled all of the slots through the middle of October.

For those of you wanting to make December plane reservations, the DHLC Christmas Concert will be Thursday, December 6 at 3:30pm and 7:00pm.

The Big Build is unlike any other build – teams from all around the world join forces for a one-week transformational experience in a different location each year. The Vietnam Big Build is your opportunity to meet people from all over the world, network, and help a family in need at the same time.

Dong Thap Province is considered the “rice bowl” of Vietnam. However, the population of more than 1.6 million is at risk from annual flooding. Such natural disasters make these agriculture-dependent families — who earn less than US\$100 a month — vulnerable to falling back into poverty.

Habitat for Humanity Vietnam has been helping families in Dong Thap to build a better life for themselves since 2011.

Families in Dong Thap need your support and contributions to combat inadequate housing conditions and lack of access to safe sanitation. Please join us as a volunteer for the Vietnam Big Build November 2018. Together, we can work with the families to build strength, stability and self-reliance.

More information to follow in E Quail or please contact Ted Bueth. Phone: 206-799-9526 email: imagineit1st@gmail.com



Abiding in God's Eternal Care

Thaxton Balance
March 28, 2018

Richard Lyon
April 4, 2018

THE MINISTRY OF PRE-PLANNING your personal memorial service begins with "family concerns." This allows individuals to think through the planning of your memorial worship service. Pastor Ken is available to comfortably plan your desires in a confidential manner. Your family will be able to respect and honor your wishes. Contact Jan Howard for an appointment at 648-1633.

SOCIAL CONCERNS



As members of DHLC we have a wonderful opportunity to Make A Difference on May 18, 2018. **Tucson Homeless Connect** will once again be providing a one-day event designed to offer services and hospitality to people experiencing homelessness. It will be held at Trinity Presbyterian Church, 400 E University St. from 8:30am to 11:30am.

The mission of Tucson Homeless Connect is to provide a single location where local agencies, government, businesses, medical providers and the faith community come together to help

homeless persons including veterans, those on the streets, youth on their own and families with children.

Your help is needed! For more information and a sign-up form go to: www.tucsonhomelessconnect.org or contact Roberta Atkins @ 605-321-7943.



Join us Saturday, May 19th for good food and fellowship at the Firefly Restaurant in Amado. Meet at church at 11:30 to carpool or indicate on the sign-up sheet in Fellowship Hall if you will be driving separately. Sign up by May 18th so reservations can be made.

Looking Ahead: Mark your calendars for June 8th for our annual indoor picnic and game night. More details to follow.



RISE Scholastic Achievements, Inc.
"With RISE, the children have HOPE."
A Green Valley, AZ based, 501(c)(3)

"Come and See" how RISE is making a difference in the educational lives of abused/abandoned Nogales MX children by taking a trip on June 2.

Come witness how RISE is making a difference in these children's educational lives by signing up for the June 2nd trip. On our March trip, 40 people came including 11 DHLC members. During the visit, you will receive an overview, facilities tour, lunch and lots of hugs from the children. You will need your passport. For more details and to sign up contact Reed Olson at olsonr1@cox.net, or P# 269-7829. To learn more about RISE go to: www.risesa.org. RISE is approved by the Benevolence Committee and contributions can be made directly through DHLC.

THANK YOU to all who helped out this year to make our 9:45 am Sunday School a wonderful, enriching, and fun experience for the children. You deserve the 1,2,3 Praise the Lord Pastor Martin gave you at the 9:45 service on April 29. You made a difference in the lives of these children. Desert Hills Lutheran appreciates that you shared your gifting with us. We hope to see all you dedicated and excellent teachers return mid October.



CORNER



BEQUESTS

A charitable bequest is a written statement in your will or trust directing part of your estate to a qualified charity. This becomes part of your legacy affirming what you believe to be an important mission in this world. There are several types of charitable bequests. Depending on your personal needs and objectives, one type may be more suitable for you.

1. Gift of a specific dollar amount.
2. Gift of a percentage of your estate.
3. Gift of a specific asset.
4. Gift of the residue of your estate (the assets that remain in your estate after other bequests, tax and administrative costs have been settled.)

Desert Hills Lutheran Foundation suggests that you always consult with your attorney or financial advisor while making decisions about estate planning. We also encourage prayerful consideration of making a bequest that will further the mission of Christ on earth. We invite you to explore the idea of making a bequest to the Desert Hills Lutheran Foundation.

PRAYER SHAWL MINISTRY

Prayer shawl ministry will meet on Tuesday, May 15th, 1 pm to 2 pm in the library. This will be our last meeting before our summer hiatus. Even though we will not be meeting, summertime knitting and crocheting is encouraged, especially baby and chemo caps. See you in September. Have a wonderful and safe summer. Questions or concerns, contact Karla Neumann, 207-8634



BUZZINGS FROM THE BEE AND BOUTIQUE BANTER



Sewing Bee meetings continue all summer every Wednesday morning between 9 and noon in the fellowship hall, coffee and conversation at 10:00. We

have lots more space now so if the crowds all winter scared you, this is your opportunity to join us.

Wherever you spend your summers, we ask you to remember our upcoming Fall Boutique Sale on Nov. 10. Your newly completed crafts projects are what make the sale a success each year and our nearby charities count on continuing cash support for their operations. We are encouraging our talented woodworkers to contribute some of their crafts and we welcome donations of clever household items made by our stitchers.

We have a need for new or gently used bed sheets to back our charity pieced-tops. Donations may be dropped off in our closet at any time.

Information: call Diane Johnson, 399-2810 or Mary Braswell, 625-3742

Alice, Naomi and Ann work on tying a quilt destined for a nearby charity.



WIDOW'S FELLOWSHIP

Widows' Fellowship – Frequently asked questions:

- 1) When do you meet? 1st and 3rd Sundays at 2 PM in the Church library.
- 2) How many widows attend? We've varied from 3 to 49 – usually about 10-15 but no matter how many of us there are, there is always a spirit of warmth and caring.
- 3) What do you talk about? Topics flow from the hearts of those present. We've discussed our firsts (first time to go to a movie alone or buy a car without "his" input to first vacation as a widow), cooking for 1, coping with holidays as a widow, to the joy of actually holding the TV remote control!



Come join us on our journey! If there are questions, please see me at worship or call me (evenings are best since I work until 4 PM). Debi Shippy 405-7005 (cell)

Women's Ministry



Pastor Ron Rude from University of Arizona Lutheran Campus ministry along with students Katelyn DeMuri and Heidi Gerrish presented the April luncheon program. Both girls have been former recipients of Women's Ministries scholarships and described their opportunities for traveling to Haiti, Thailand, Israel, and Germany, along with working with Habitat for Humanity in the Tucson area. Katelyn carries a double major and will be returning to UofA in the fall. Heidi, who served as a Young Adult in Global Mission (YAGM) in Uruguay, currently works for Lutheran Social Services and continues to be involved on campus. The UofA Campus Ministry annual banquet is always held on Reformation week end Sunday. Save that November, 2018 date on your calendar. Suki presented a check for \$500.00 from Women's Ministries to further campus programs.

Bible Study – Monday, May 7 – DHLC Library (location change) – “The Prodigal Son”, Luke 15: 11-20 with Barb Rapp leading. Bring your Bible and Gather magazine and enjoy this study written by Rev. Dr. Mark Allan Powell (who will be appearing at DHLC next March 2, 2019!). Hostess treats begin at 9:00 am and will be provided by Judy Gunson and Ardith Nelson.

In honor of the upcoming nuptials of Meghan Markle and Prince Harry, you are cordially invited to attend a Royal Tea Luncheon and “Mustgoes Fashion Show” on Monday, May 7 commencing at 11:30 am in the Fellowship Hall. Our own Bonnie Willemsen will be narrating the Fashion Show. Pull those hats and gloves out of hibernation and enjoy this celebration.

A very successful day at Shepherd of the Valley

in Phoenix when the Lutheran World Relief truck arrived to receive donations from the Grand Canyon Synod Women of the ELCA. After a day in the hot sun, the results are in: School Kits = 479; Personal Care Kits = 282; Baby Care Kits = 28; Fabric Kits = 11; and Quilts – 312! Women's Ministries is looking to organize a variety of “Servant Projects” to add to these numbers when the truck arrives again next year. Stay tuned.

Women's Ministries Booklet has been updated again! Be sure to pick yours up at the Front Desk or in the loo to find schedule changes and upcoming events.

Women ^{of the} **ELCA** 



DHLC CAMPUS UPDATES AND MAINTENANCE

Thanks to all of you, we at DHLC, have such a wonderful campus where we worship, celebrate our faith through various activities and events and where we are proud to invite one more. From time to time, we like to let you know all the things that we are doing to maintain and enhance our wonderful campus.

To date this year, we have replaced the lights in the parking lot with new, energy efficient LED lights, completed maintenance on another section of our roof, completed the build out of a new closet for the pray shawl ministry, completed the renovation and sound installation in the chapel, added storage units to the music academy room and repaired the folding wall in Fellowship hall.

Soon we will be cleaning the carpeting throughout the church, painting the outside of the church, replacing a couple of our older and failing A/C-heating systems, adding additional lighting to the darker parts of our lot, adding some decorative landscaping to our entrance, replacing the flooring in the choir loft and replacing the carpet in the fellowship hall. We are also going through all closets and nooks to identify additional space for our growing storage needs.

We are so thankful to all those who have helped in the process of identifying and implementing the needed updates and maintenance.

BULLETIN CHANGES

As you have heard and seen, our new worship bulletins have been used for the past few weekends. We have received a lot of positive responses and some helpful suggestions. Many of your suggestions have already been integrated to make the bulletins even better. Thank you.

You may not know that this is something that has been looked at for the past couple of years. One of the main reasons for making the shift is to be better stewards of our resources. This change has created a dramatic shift.

- * From 4 people to 2
- * From 3 ½ days to 1 ½ days
- * From 10 hours of printing to 3 hours of printing
- * From 2 ½ boxes of paper to just 3 reams

Thank you for your support of this change. It allows us to reallocate resources to accomplish more in other important areas and saves wear and tear on our equipment.

BLESSED TO BE A BLESSING

Perhaps you've known someone who experienced loss through death, divorce, retirement, or relocation; someone with a difficult diagnosis, financial stress, or a complicated family relationship; or someone feeling lonely, unappreciated, or a failure. Maybe you've been there yourself and suffered in silence believing no one could understand or care.

Until someone did.

Maybe you were the someone blessed by a person who cared enough about you to be a concerned listener who time after time showed up to give you their undivided attention. Someone who reminded you of God's ever-present love in your life. Someone who helped you find strength and hope and faith.

Time to give back? You may discover the gift greater than receiving is the gift of giving.

Consider being a part of the Stephen Ministry at Desert Hills Lutheran. The program offers guidance in making a difference in a person's life when they need it most. Once a year classes are offered to help refine listening skills, understand healing processes, and uncover God's words of assurance. This year classes will be Tuesday and Friday mornings Oct. 16 to Nov. 9.

To help answer the question, "Could I be a Stephen Minister?", pick up a brochure in the church office on the table near the receptionist's desk, and explore the opportunity further with DHLC member and Stephen Minister Dick Hill at (520) 499-2491 or dickehill44@gmail.com



MEN'S MINISTRY AT DHLC

MEN'S PHOTOGRAPHY GROUP will meet Monday, May 7th at 1:30 pm.

BOOKMEN The Bookmen meet Wednesdays weekly at 7:45 am. The location of the meeting is Manuel's Restaurant for breakfast, fellowship, and lively book discussion. All men are invited to join the group.



The current "12 Strong: The Declassified True Story of the Horse Soldiers" by Doug Stanton. A new book will be selected mid April.

MEN'S BIBLE STUDY
Thursdays at 1 pm.



MEN'S HEALTH is on break for the summer



MEN'S MONDAY COFFEE FELLOWSHIP will take a summer break until the fall

MEN'S FELLOWSHIP BREAKFAST MAY 24, 2018 – Craig Reid, San Xavier, AZ



Handy Man Services is here to provide help to members and frequent visitors of Desert Hills Lutheran Church. If you would like to request services, please contact Ruben Heszal 520 903-7188



NOTES

Incorporating spiritual values into health education

May is Heat Safety Awareness. Summers can be hot no matter where you travel. Sometimes spring and fall temperatures reach dangerous levels as well. Most summers see heat waves in one or more parts of the United States. Heat is one of the leading weather-related killers in the United States, resulting in hundreds of fatalities each year and even more heat-related illnesses. Heat-related deaths and illnesses are preventable. Older adults are more prone to heat stress because they do not adjust as well as young people to sudden changes in temperature, they have chronic medical conditions that changes normal body responses to heat, and they are more likely to take prescription medications that affect the body's ability to control its temperature and sweat.

God's Blessings and Good Health...

Anna Tometczak, RN, Parish Nurse



Blood Drive
Fellowship Hall Tuesday, May 8, 2018
9am-2pm

To schedule your appointment log on to www.redcrossblood.org and enter sponsor code: Deserthills



Get trained. Save a life. You'll be glad you did.

combining continuous chest compressions (CPR) with the use of an AED – Automated External Defibrillator. Learn how to use an AED in the event of a cardiac arrest. AED's are available at all GVR centers and other locations in Green Valley and Sahuarita. Upcoming Training classes in CPR and AED's are free and

HEAT-RELATED ILLNESSES	
WHAT TO LOOK FOR	WHAT TO DO
HEAT STROKE	
<ul style="list-style-type: none"> • High body temperature (103°F or higher) • Hot, red, dry, or damp skin • Fast, strong pulse • Headache • Dizziness • Nausea • Confusion • Losing consciousness (passing out) 	<ul style="list-style-type: none"> • Call 911 right away-heat stroke is a medical emergency • Move the person to a cooler place • Help lower the person's temperature with cool cloths or a cool bath • Do not give the person anything to drink
HEAT EXHAUSTION	
<ul style="list-style-type: none"> • Heavy sweating • Cold, pale, and clammy skin • Fast, weak pulse • Nausea or vomiting • Muscle cramps • Tiredness or weakness • Dizziness • Headache • Fainting (passing out) 	<ul style="list-style-type: none"> • Move to a cool place • Loosen your clothes • Put cool, wet cloths on your body or take a cool bath • Sip water <p>Get medical help right away if:</p> <ul style="list-style-type: none"> • You are throwing up • Your symptoms get worse • Your symptoms last longer than 1 hour
HEAT CRAMPS	
<ul style="list-style-type: none"> • Heavy sweating during intense exercise • Muscle pain or spasms 	<ul style="list-style-type: none"> • Stop physical activity and move to a cool place • Drink water or a sports drink • Wait for cramps to go away before you do any more physical activity <p>Get medical help right away if:</p> <ul style="list-style-type: none"> • Cramps last longer than 1 hour • You're on a low-sodium diet • You have heart problems
SUNBURN	
<ul style="list-style-type: none"> • Painful, red, and warm skin • Blisters on the skin 	<ul style="list-style-type: none"> • Stay out of the sun until your sunburn heals • Put cool cloths on sunburned areas or take a cool bath • Put moisturizing lotion on sunburned areas • Do not break blisters
HEAT RASH	
<ul style="list-style-type: none"> • Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases) 	<ul style="list-style-type: none"> • Stay in a cool, dry place • Keep the rash dry • Use powder (like baby powder) to soothe the rash

Free Classes
Anyone can help save a life by

last two hours. They are held at the Desert Hills Social Center, 2980 S Camino del Sol, and are open to everybody on the following dates:

Tuesday, May 8 - 2pm

Saturday, May 12 - 10am

Tuesday, May 22 - 6pm

Saturday, June 2 - 10am

Thursday, June 14 - 2pm

Tuesday, June 19 - 6pm

Register at a GVR Center or call class instructor Maureen McCarthy at 520-838-0160 or email maureen@gvrec.org.

DESERT HILLS LUTHERAN CHURCH IS A TOP SUPPORTER OF FAIR TRADE PRODUCTS

Equal Exchange, our provider of fair trade products, recently informed DHLC that our church is in the top 5 percent of 6,000 faith-based organizations on the basis of product orders! This growth is due to the ongoing and devoted support of the Global Missions Committee and DHLC staff, excellent management and stewardship of the fair trade cart, and the caring members of this congregation who value high-quality fair trade products. We will receive a certificate from Equal Exchange in the next few weeks that will be displayed at the fair trade cart. But this accolade is not about DHLC – it's about the small farmers around the world who use organic, sustainable farming methods to bring these products to your table, and it's about you. Transforming the food system and creating worker democracy in the third world requires a deep and committed participation of citizen-consumers. Thank you for making a difference!

Recently questions have arisen over the pricing of fair trade products and whether the prices for fair trade products are competitive with local retailers. DHLC receives a significant discount on the price of fair trade products as a faith-based organization that places orders at higher quantities than individual consumers. These savings are directly passed on to DHLC consumers and rounded to the nearest dollar. It's possible you may be able to buy chocolate or coffee that's steeply discounted and priced lower at local discount retailers. But the chocolate, coffee, tea, hot cocoa, and olive oil you buy fair trade through Equal Exchange is organic and fresh, qualities that are very important to many consumers. Quite often products

such as organic whole bean coffee, tea, and hot cocoa from Equal Exchange are priced higher at local grocers – and you didn't make a trip to the store to get it! Most importantly, your purchase enables small farmers and single women to secure their economic rights under very difficult living conditions and elevate their quality of life with respect.



In May the fair trade cart returns to its monthly, rather than semi-monthly, schedule during the warmer months. In May, visit the fair trade cart on May 12 and 13 (Mother's Day – hint, hint), and in June the cart is open June 16 and 17 (Dads like chocolate too!).



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Green Valley, AZ

Please notify the church office of any
address changes.